



Brenda's French Soul Food

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Utensils On Request. Would You Like Utensils?

ITEM	PRICE
Utensil kits (how many diners?)	\$0.00
Extra Napkins	\$0.00

Eggs & Such

ITEM	PRICE
Eggs Plate Deux œufs cuisinés selon vos envies.	\$14.00
Biscuit and Gravy Un biscuit crémeux accompagné d'une sauce au saucisson porc fermier, servi avec deux œufs à votre goût.	\$15.00
Andouille Omelet Saucisse andouille relevée, enveloppée d'œufs moelleux, accompagnée de cheddar fondant, champignons savoureux, et oignon...	\$20.00
Succotash Omelet Corn, Zucchini, Tomato, Lima Beans, Onion & Sweet Pepper Succotash and White Cheddar	\$18.00
Hangtown Fry Fried Oyster, Bacon & Scallion Scramble. Choice of Grits or Hash plus Biscuit or Toast	\$21.00
Egg and Bacon Tartine Bacon scrambled eggs, swiss & tomato-bacon relish on a toasted french roll. Choice of grits or hash	\$18.00
Tofu Hash Vegan Blackened Tofu Hash with Corn Succotash, Mushrooms, Spinach & Potatoes. Choice of Biscuit, Toast or Fruit	\$16.00

House Favorites

ITEM	PRICE
Shrimp and Grits Sauteed Shrimp with Spicy Tomato-Bacon Gravy, Cheddar Grits. (Can be prepared without bacon, please note in special requ...	\$23.00
Fried Chicken Benedict Fried Chicken on Cream biscuit with 2 Poached Eggs, Creole Hollandaise. Choice of Grits or Hash	\$20.00
Catfish Benedict Fried Catfish on Cream biscuit with 2 Poached Eggs, Creole Hollandaise. Choice of Grits or Hash	\$20.00
Grillades and Grits Faux-filets de bœuf mijotés dans une sauce créole intense. Accompagnés de grits crémeux, deux œufs cuisinés selon votre...	\$16.75
Pulled Pork Benedict Faux	\$20.00
Biscuit and Gravy (House Favorites) Biscuit crémeux bien connu accompagné de sauce au saucisson de porc, servi avec deux œufs préparés selon votre envie. (p...	\$15.00
Crispy Pork Belly Poached Egg, Cheddar Grits, Spicy Onion Relish	\$16.50
Florentine Benedict Sauteed Spinach on Cream biscuit with 2 Poached Eggs, Creole Hollandaise. Choice of Grits or Hash	\$18.00
Ham Benedict Ham on our cream biscuit with 2 Poached Eggs, Creole Hollandaise. Choice of Grits or Hashse. Chocie of Grits or Hash	\$20.00

Griddle

ITEM	PRICE
Bananas Foster French Toast Warm Butter Rum Sauce, Whipped Cream	\$16.00
Pecan French Toast Our French Toast Topped with Butter Becan Sauce	\$15.00
1/2 Foster French Toast 1/2 Order Bananas Foster French Toast	\$8.00
1/2 Pecan French Toast 1/2 Order French Toast with Butter Pecan Sauce	\$7.50
French Toast Pain brioché imbibé d'un mélange parfumé à la cannelle, servi en six généreuses tranches savoureuses.	\$13.00
1/2 French Toast Pain doré classique préparé avec une demi-portion de pain délicatement trempé dans une préparation aux œufs, légèrement...	\$6.50
add extra side pecan sauce false	\$3.00
add extra side banana fosters sauce	\$4.00

Breakfast Sides

ITEM	PRICE
Cheese Grits Side	\$6.25
Bacon Side	\$4.00
Biscuit Side	\$4.25
Large Grits	\$10.50
Pork Links	\$6.00
Side Gravy Country Pork Sausage Gravy	\$6.00
Grits Side false	\$5.25
Large Cheese Grits Des grains de maïs sélectionnés mijotent doucement jusqu'à atteindre une consistance onctueuse, enrichie de fromage ched...	\$12.50
Side Fruit false	\$6.00
Potato Hash Side	\$5.25
Large Potato Hash	\$10.50
Spinach Side	\$6.00
Side One Egg	\$2.75
Chicken Sausage Side	\$6.50
Creole Chicken Cutlet	\$7.00
Succotash Side Corn, Lima Beans, Tomato, Zucchini, Onion & Sweet Pepper (vegan)	\$6.00

ITEM	PRICE
Andouille Side false	\$6.00
Side Ham false	\$6.00
Large Fruit false	\$12.00
Side Tomato-Bacon Relish	\$2.00
Side Jam	\$1.00
Side Hollandaise	\$2.00
Side Pepper Jelly	\$1.00
Sourdough Toast	\$2.50
Pecan Sauce Side	\$3.00
Large Gravy	\$12.00
Large Succotash Légumes frais sautés dans du beurre parfumé, avec des haricots de Lima tendres et du maïs sucré. Le piment rouge apporte...	\$12.00
Large Spinach false	\$12.00
Turkey cutlet false	\$7.00

Beignets

ITEM	PRICE
Crawfish Order Cayenne, Scallions, Cheddar	\$14.00
Ube Beignet (Beignets) Ube beignet is our famous beignet flavored with purple yam, and filled with coconut-ube jam & Ghirardelli white chocolat...	\$5.75
Flight One of Each: Crawfish, Plain, Apple & Chocolate	\$14.50
Flight (Beignets) One of Each: Crawfish, Plain, Apple & Chocolate	\$14.50
Plain Order false	\$8.00
Three Way (Beignets) One of Each Sweet: Plain, Chocolate, Apple	\$10.00
Chocolate Order false	\$11.00
Plain Order (Beignets) For the diehard traditionalist	\$8.00
Three Way false	\$10.00
Chocolate Order (Beignets) Molten Ghirardelli chocolate	\$11.00
Ube Beignet Ube beignet is our famous beignet flavored with purple yam, and filled with coconut-ube jam & Ghirardelli white chocolat...	\$5.75

ITEM	PRICE
One Crawfish Beignet (Beignets) Un beignet salé rempli de chair d'écrevisse, cheddar fondu et oignons verts, agrémenté d'une touche d'épices créoles.	\$4.50
One Crawfish Beignet Our savory beignet, stuffed with crawfish, cheddar & scallions and dusted with creole spices.	\$4.50
Crawfish Order (Beignets) Un moelleux beignet agrémenté de morceaux d'écrevisses, infusé de piment de Cayenne, parsemé de jeunes oignons croquants...	\$14.00
Apple Order Granny Smith Apples, Cinnamon Butter	\$11.00
One Chocolate Beignet (Beignets) false	\$3.70
One Chocolate Beignet	\$3.70
Apple Order (Beignets) Granny Smith Apples, Cinnamon Butter	\$11.00
One Apple Beignet	\$3.70
One Apple Beignet (Beignets)	\$3.70
One Plain Beignet	\$2.70
One Plain Beignet (Beignets)	\$2.70
Dungeness Crab Beignet Dungeness crab beignet with braised leeks and a creole mustard cream.	\$8.25
Pie Du Jour	\$8.50
Pumpkin Bread Pudding Pumpkin Bread Pudding with a walnut sauce and whipped cream	\$10.00
Dungeness Crab Beignet (Beignets) Dungeness crab beignet with braised leeks and a creole mustard cream.	\$8.25

Starters

ITEM	PRICE
Onion Soup Topped with melted swiss cheese crouton	\$9.25
Hushpuppies Hushpuppies croustillants accompagnés d'une rémoulade au chipotle.	\$7.00
BBQ Shrimp De larges crevettes nappées d'une sauce au beurre pimentée, servies avec du pain français grillé.	\$17.00
One Crawfish Beignet (Starters) Beignet salé garni d'écrevisses, de cheddar fondant et de jeunes oignons, saupoudré d'épices créoles.	\$4.50
Dungeness Crab Beignet (Starters) Dungeness crab beignet with braised leeks and a creole mustard cream.	\$8.25

Sandwiches

ITEM	PRICE
Shrimp Poboy Fried Shrimp, Chipotle Remoulade, Lettuce, Tomato	\$18.00
Big Mama's Spicy Chicken Sandwich Fried Chicken, Devil Dip & Dill Pickles. Lettuce, Tomato & Mayo on a Toasted Bun	\$16.00

ITEM	PRICE
1/2 and 1/2 Poboy 1/2 Shrimp, 1/2 Catfish, dressed with Tomato, Lettuce & Chipotle Remoulade. Choice of Creole Potato Salad or Cole Slaw	\$19.00
Catfish Poboy Fried Catfish, Chipotle Remoulade, Lettuce, Tomato	\$18.00
Pulled Pork Sandwich Pulled Pork, BBQ Sauce, Dill Pickles. Lettuce, Tomato, Mayo	\$16.00
Croque Monsieur Baked ham & swiss with béchamel sauce on sliced sourdough. Choice of creole potato salad or cole slaw.	\$16.00
Muffuletta Un sandwich emblématique de la Nouvelle-Orléans. Tranches de jambon, salami et mortadelle s'allient aux fromages suisse,...	\$18.75
Sloppy Josephine Bloc de tofu mariné en sauce, grillé à la perfection, niché dans un petit pain croustillant. Une bouchée à savourer sans...	\$12.50

Bfc: Brenda's Fried Chicken

ITEM	PRICE
1/2 Chicken BFC Combo Quatre morceaux de poulet frit de Brenda, accompagnés de deux biscuits, du beurre, de la confiture de fruits et de la ge...	\$24.00
2- Piece Dark BFC One thigh, one drumstick, one famous cream biscuit. Served with pepper jelly, fruit jam and butter. No substitutions	\$12.50
2- Piece White BFC One breast, one wing, one famous cream biscuit. Served with pepper jelly, fruit jam and butter. No substitutions	\$12.50
Breast Side	\$5.50
Thigh Side	\$5.50
Drumstick Side	\$3.25
Wing Side	\$3.25
3-wing special Three BFC wings and one famous cream biscuit. Served with pepper jelly, fruit jam & butter. No substitutions.	\$9.75

Entrees

ITEM	PRICE
Bowl Gumbo Un généreux ragoût de poulet et saucisse andouille, mijoté avec du gombo et servi sur du riz blanc cuit à la vapeur. Acc...	\$15.00
Pasta Orleans Crevettes sautées, écrevisses, moules et saucisse andouille mélangées avec des fusilli, le tout enrobé d'une sauce crème...	\$25.00
Bowl Red Beans and Rice Riz blanc vapeur avec saucisse andouille, garni d'oignons verts. Accompagné d'un petit pain français légèrement grillé.	\$15.00
Shrimp and Grits (Entrees) Sauteed Shrimp with Spicy Tomato-Bacon Gravy, Cheddar Grits. (Can be prepared without bacon, please note in special requ...	\$23.00
Catfish des Allemands Bronzed catfish topped with crawfish etouffee, with pecan rice pilaf	\$25.00
Kale and Chicory Salad Kale & Chicory, red grapes, toasted almonds, red onion, cow's milk feta with sugarcane vinaigrette.	\$14.75
Bowl O'Greens Mixed Greens & Shaved Red Onion with Shallot Vinaigrette	\$10.00

Pm Sides	
ITEM	PRICE
Mac and Cheese	\$6.25
Cup Andouille and Chicken Gumbo	\$7.50
Large Mac and Cheese	\$12.50
Side Fried Oysters	\$15.00
Huîtres frites accompagnées d'une sauce rémoulade au chipotle.	
Cup Red Beans and Rice	\$7.50
Une tasse de haricots rouges mijotée avec du riz parfumé, garnie de saucisse andouille légèrement épicée.	
Side Fried Shrimp	\$12.00
Crevettes frites accompagnées d'une rémoulade au chipotle.	
Large Collards	\$12.00
Side Fried Catfish	\$12.00
With chipotle rémoulade	
Collards Side	\$6.00
Cooked with Bacon	
Biscuit Side (Pm Sides)	\$4.25
Fries Side	\$5.00
Large Cheese Grits (Pm Sides)	\$12.50
Cheese Grits Side (Pm Sides)	\$6.25
Side Blackened Catfish	\$12.00
false	
Spinach Side (Pm Sides)	\$6.00
Feuilles d'épinards tendre soigneusement sautées à l'ail, relevées par une touche de crème fraîche et un soupçon de musc...	
Potato Salad Side	\$5.00
false	
Large Spinach (Pm Sides)	\$12.00
Large Cole Slaw	\$9.00
Large Grits (Pm Sides)	\$10.50
Creole Chicken Cutlet (Pm Sides)	\$7.00
Succotash Side (Pm Sides)	\$6.00
Corn, Lima Beans, Tomato, Zucchini, Onion & Sweet Pepper (vegan)	
Side Gravy (Pm Sides)	\$6.00
Country Pork Sausage Gravy	
Grits Side (Pm Sides)	\$5.25
Cole Slaw Side	\$4.50
false	
Large Potato Salad	\$10.00
Un mélange généreux de pommes de terre tendres, légèrement assaisonnées, se mêle harmonieusement à une riche mayonnaise...	
Side Salad	\$4.00
false	
Side Tomato-Bacon Relish (Pm Sides)	\$2.00

ITEM	PRICE
Andouille Side (Pm Sides)	\$6.00
Side Remoulade	\$2.00
Side Pepper Jelly (Pm Sides)	\$1.00
Side Jam (Pm Sides)	\$1.00
Large Gravy (Pm Sides)	\$12.00
Large Succotash (Pm Sides)	\$12.00

Would You Like Utensils?

ITEM	PRICE
Utensil kits (how many diners?) (Would You Like Utensils?)	\$0.00
Extra Napkins (Would You Like Utensils?)	\$0.00

Soft Drinks

ITEM	PRICE
Watermelon Sweet Tea	\$4.50
false	
Molasses-Black Walnut Iced Coffee	\$6.00
Café glacé infusé de mélasse et noix noires, surmonté d'une chantilly aérienne.	
Arnold Palmer	\$4.50
false	
Lemonade	\$4.50
Diet Coke	\$3.50
Coke	\$3.50
Sprite	\$3.50
Abita Root Beer	\$3.75
Orange Juice	\$3.00
Perrier	\$3.50
Ice Tea	\$3.50
false	
Milk	\$3.00
false	
Chocolate Milk	\$4.00
false	

Cocktails

ITEM	PRICE
Bloody Mary	\$10.00
Our spicy creole bloody Mary. Individual or Quart. (Quart makes 4 drinks over ice). *We use Petrov Fermented "Vodka...	
Hurricane Andrew	\$12.00
Andrew's version of the Nola classic with delicious tropical fruit juices and Sabe rum-based liquor, 20% abv. Individual...	

ITEM	PRICE
Underberg Bitters	\$3.50
Virgin Mary	\$5.00
Mimosas	
ITEM	PRICE
Special Mimosa	\$0.00
Blueberry-pomegranate small 8oz or big mama 16oz	
Orange Mimosa	\$0.00
8oz or 16oz biggie!	
Beers	
ITEM	PRICE
Pliny the Elder dbl IPA	\$12.00
510ml Bottle, Sonoma County	
Fort point Kolsch	\$8.00
false	
Abita Amber	\$8.00
false	
East Brothers Oatmeal Stout	\$10.00
false	
Love Hazy IPA	\$10.00
Strawberry Lager	\$7.50
Wine	
ITEM	PRICE
Bottle Cotes du Rhone	\$34.00
Milou, Languedoc, FR	
Glass Sauvignon Blanc 250ml can	\$12.00
Bottle Sparkling Rose	\$30.00
false	
Bottle Chardonnay	\$46.00
Russian River, CA	
Glass Malbec 250ml can	\$12.00
Corkage Fee	\$15.00
Cabernet Sauvignon	\$11.00
Cabernet Sauvignon Bottle	\$44.00
Housemade Jars And Frozen Biscuits	
ITEM	PRICE
Pepper Jelly Jar	\$12.00
Spiced Strawberry Jam	\$12.00

ITEM	PRICE
Peach Cobbler Jam Jar false	\$18.00
Okra Pickles Jar false	\$12.00
Watermelon Pickles Jar false	\$12.00
Bread and Butter Pickles Jar	\$12.00
Tomato-Bacon Relish Jar	\$12.00

Brenda's Swag

ITEM	PRICE
Cap Brenda's Signature on Front, "No Grits No Glory on Back".	\$25.00
Bag Coffee	\$20.00