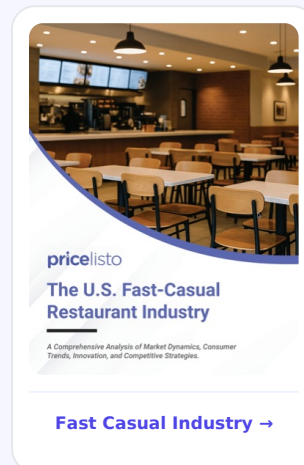




Bryn and Dane's

Menu Prices — September 9, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Popular Items

ITEM	PRICE
Sweet Potato Fries Crispy, baked sweet potato fries.	\$3.25
Create Your Own Egg Wrap	\$5.99
Create Your Own Wrap	\$8.29
Mo' Green Water, banana, kale, mango, pineapple, wheatgrass.	\$7.50
Pesto Wrap Flaxseed wrap, romaine, tomato, grilled chicken, low-fat mozzarella and pesto.	\$8.29
Banana Wrap Flaxseed wrap, peanut butter, granola, blueberry, strawberry, banana.	\$3.99
Kale Caesar Salad Romaine, kale, feta, croutons, and caesar.	\$9.49

Soups

ITEM	PRICE
Turkey & Sausage Kale	\$4.99
Vegetarian Chili	\$4.99

Whips

ITEM	PRICE
Create Your Own Strawberry	\$4.99
Strawberry Whip Strawberry.	\$4.49
Create Your Own Pineapple	\$4.99
Pineapple Whip Pineapple.	\$4.49
Create Your Own Blueberry	\$4.99
Blueberry Whip Blueberry.	\$4.49

Salads

ITEM	PRICE
Baja Cobb Romaine, feta, avocado, cherry tomato, red onion, fire-roasted corn, and Baja ranch.	\$9.49
Kale Caesar Salad (Salads) Romaine, kale, feta, croutons, and caesar.	\$9.49
Create Your Own Salad	\$9.49
Apple Walnut Salad Spring mix, apple, walnut, crouton, raisins, chicken and raspberry vinaigrette.	\$9.49

ITEM	PRICE
East Asian Salad Spring mix, quinoa, mandarin oranges, almonds, Asian noodles, chicken and toasted sesame dressing.	\$9.49
Signature Salad Spring mix, blueberry, grapes, raisins, almonds, crispy chicken and honey mustard.	\$9.49
Cold Bowls	
ITEM	PRICE
Power Blast Acai base, chocolate protein powder, granola, banana, peanut butter sauce.	\$9.99
Sunrise Acai base, granola, cinnamon, coconut, honey.	\$9.99
Tropical Acai base, granola, mango, coconut, agave.	\$9.99
Blue Ball Blue base, granola, coconut, blueberry, honey.	\$9.99
Blue Jay Blue base, granola, raspberry, chocolate.	\$9.99
Superman Blue base, energize powder, granola, strawberry, peanut butter sauce.	\$9.99
Gre{EN}ergy Green base, energize powder, granola, banana, honey.	\$9.99
Green It Up Green base, granola, pineapple, mango, coconut.	\$9.99
Thor Green base, granola, coconut, blueberry, chia seed.	\$9.99
Dragon Pitaya base, granola, strawberry, blueberry, honey.	\$9.99
Fit Pitaya base, energize powder, granola, banana, peanut butter sauce.	\$9.99
Hot Pink Pitaya base, granola, banana, honey.	\$9.99
Create Your Own Acai Bowl Blueberry, banana, coconut water, acai.	\$9.99
Create Your Own Blue Bowl Banana, mango, blue spirulina, coconut water.	\$9.99
Create Your Own Green Bowl Pineapple, kale, banana, coconut water.	\$9.99
Create Your Own Pitaya Bowl Strawberry, banana, pitaya, coconut water.	\$9.99
Create Your Own Pumpkin Bowl Vanilla almond milk, banana, pumpkin, maple syrup, cinnamon.	\$9.99
Oh My Gourd Granola, coconut, chocolate sauce .	\$9.99
Lil Pump(KIN) Granola, cinnamon, chocolate chips.	\$9.99
O.D.P. Granola, cinnamon, pumpkin peanut butter.	\$9.99

ITEM	PRICE
Create Your Own Banana Bowl	\$9.99
Wraps	
Santa Barbara BLT	\$8.29
Flaxseed wrap, romaine, turkey bacon, romaine, tomato, crispy chicken and low fat ranch.	
Tennessee Bleu	\$8.29
Flaxseed wrap, romaine, tomato, crispy chicken, and b and d hot sauce.	
Pesto Wrap (Wraps)	\$8.29
Flaxseed wrap, romaine, tomato, grilled chicken, low-fat mozzarella and pesto.	
Charleston Honey	\$8.29
Flaxseed wrap, romaine, tomato, grilled chicken, low-fat mozzarella, cucumber, and honey mustard.	
Bryn Mac	\$9.99
Flaxseed wrap, b and d sauce, romaine, pickles, plant-based cheddar and beyond burger.	
Create Your Own Wrap (Wraps)	\$8.29
Thai Peanut Wrap	\$8.29
Flaxseed wrap, romaine, cilantro, roasted red pepper, vegan chicken strips, and Thai peanut sauce.	
Cabo Taco	\$8.29
Flax sees wrap, romaine, tomato, red onion, roasted corn, black bean burger, and Cabo sauce.	
Kids Wrap	\$8.29
Flaxseed wrap, crispy chicken, romaine, choice of cheese and sauce.	
Breakfast	
Create Your Own Egg Wrap (Breakfast)	\$5.99
Create Your Own Egg Bowl	\$4.99
Create Your Own Steel Cut Oats	\$3.99
Strawberry Blueberry Banana Wrap	\$3.99
Flaxseed wrap, peanut butter, granola, blueberry, strawberry, banana.	
Banana Wrap (Breakfast)	\$3.99
Flaxseed wrap, peanut butter, granola, blueberry, strawberry, banana.	
Create Your Own Yogurt Bowl	\$4.99
PB & J Wrap	\$3.99
Flaxseed wrap, peanut butter, granola, grape jelly, banana.	
Side Items	
Apple Slices	\$2.29
Sliced red apple.	
Apple Squeezable	\$1.99
Apple fruit pouch.	
Berry Cup	\$3.29
Strawberry and blueberry cup.	

ITEM	PRICE
Banana Squeezable Banana fruit pouch.	\$1.99
Side Salad Spring mix, white balsamic vinaigrette, tomato, cucumber.	\$2.49
Side of Oats Steel cut oats.	\$1.99
Strawberry Squeezable Strawberry fruit pouch.	\$1.99
Sweet Potato Fries (Side Items) Crispy, baked sweet potato fries.	\$3.25
Sweet Potato Hash Crispy, bakes sweet potato cubes (breakfast only).	\$3.25

Smoothies

ITEM	PRICE
Create Your Own Smoothie	\$7.50
Mississippi Mud Water, banana, peanut butter powder, chocolate chips.	\$7.50
The Wit Water, banana, kale, peach, mango.	\$7.50
Mo' Green (Smoothies) Water, banana, kale, mango, pineapple, wheatgrass.	\$7.50
Plane Crazy Water, banana, strawberry.	\$7.50
Woke Cold brew coffee, banana, chocolate plant protein, almond milk.	\$7.50
Bern One Down Water, banana, carrot, pineapple, mango.	\$7.50
Jolt Cold brew coffee, banana, cinnamon, almond milk, vanilla plant protein.	\$7.50
Black Mamba Skim milk, non-fat frozen yogurt, coffee powder, chocolate chips.	\$7.50
Grasshopper Water, green tea, banana, spinach, peach, pineapple.	\$7.50
The Bryn Water, banana, peanut butter powder, vanilla whey, blueberry.	\$7.50
Southern Rain Water, banana, peaches, strawberry.	\$7.50
Greene Street Water, banana, avocado, apple, spinach, cucumber.	\$7.50
Jackson Drive Water, banana, avocado, apple, spinach, cucumber.	\$7.50
Dark Lucy Water, banana, raspberry, strawberry, chocolate.	\$7.50
Blake's Summit Water, banana, acai, kale, blueberry, raspberry, chocolate.	\$8.50

ITEM	PRICE
Three Oscars Water, banana, raspberry, strawberry, blueberry.	\$7.50
The Cure Water, banana, chia, kale, blueberry.	\$7.50
Destiny Water, banana, charcoal powder, chocolate.	\$7.50
My Friend Feni Water, banana, strawberry, granola, coconut.	\$8.50
The Journey Water, banana, pitaya, strawberry.	\$8.99
Bump Cold-brew, banana, charcoal powder, almond milk.	\$7.50
Pee, Bee & Jay Water, banana, blueberry, strawberry, peanut butter powder.	\$7.50
THE Basic Pumpkin, vanilla almond milk, cinnamon, banana	\$7.50
XTRA Basic Pumpkin, cold brew coffee, cinnamon, banana.	\$7.50

Strips

ITEM	PRICE
Golden Strips (5) Gluten-free. Crispy chicken strips.	\$7.99
Kids Chicken Strips Three pieces.	\$7.99
Teriyaki Strips Five-piece with teriyaki sauce.	\$7.99
Buffalo Strips Five pieces with buffalo sauce.	\$7.99
Vegan Golden Strips Six pieces.	\$7.99
BBQ Strips Five pieces with BBQ sauce.	\$7.99

Taps. Drinks

ITEM	PRICE
B & D Cold Brew	\$3.49
50/50 Lemonade & Iced Tea Served with lemon. Any tea can be made 50/50.	\$2.99
Givn Water	\$2.49
Green Tea Served with lemon and mint.	\$2.99
Peach Tea Served with lemon and peach.	\$2.99

ITEM	PRICE
Black Tea Served with lemon.	\$2.99
Blueberry Tea Served with blueberry and mint.	\$2.99
B & D Regular Drip Coffee	\$2.49
Kids Organic 1% Chocolate Milk	\$1.99
Kids Organic 1% Milk	\$1.99
Strawberry Orange Drank Strawberry, fresh orange served over ice.	\$2.59
Kale Orange Drank Kale, fresh orange served over ice.	\$2.59
Orange Drank Orange served over ice.	\$2.59
B & D Lemonade Served with lemon.	\$2.99

Hot Bowl

ITEM	PRICE
Create Your Own Hot Bowl	\$9.99
Fajita Bean Bowl Brown rice quinoa, fajita beans, avocado, roasted red pepper.	\$9.99
Pesto Bowl Brown rice quinoa, spinach, cherry tomato, mozzarella, grilled chicken, pesto sauce.	\$9.99
Chicken Parm Zucchini noodles, tomato zucchini sauce, mozzarella, grilled chicken.	\$9.99
Carrot Ginger Bowl Brown rice quinoa, carrot ginger sauce, corn, broccoli, tomato, avocado.	\$9.99
Hibachi Chicken Bowl Sundried tomato farro, hibachi chicken broth, broccoli, falafel.	\$9.99