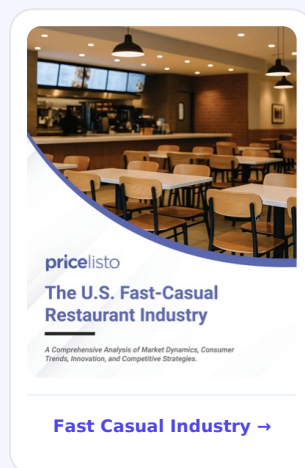




Cafe Gratitude

Menu Prices — September 9, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

(Starters & Salads) Online

ITEM	PRICE
I Am Zesty (Buffalo Cauliflower Bites) Gluten Free baked cauliflower bites, tossed in our spicy buffalo sauce and grilled crispy, garnished with green onions a...	\$12.50
I Am Present (Bruschetta) Toasted Ciabatta bread with our cashew mozzarella, fresh tomatoes, basil, olive oil and balsamic vinegar. Gluten Free Op...	\$12.00
I Am Grounded (Garlic Roasted Potatoes) Garlic roasted potatoes topped with cashew nacho cheese and green onions. (SPICY)	\$10.00
I Am Dazzling (Caesar Salad) Romaine, Kale, Tomatoes, Capers, Brazil Nut Parmesan, Cashew Caesar Dressing	\$8.00
I Am Enough (Hummus Toast) Our version of avocado toast, this dish is made with Guacamole-Style Hummus (no avocado) on your choice of Ciabatta Toas...	\$12.00
I Am Pure (Kale Salad) Tender kale marinated with sesame-garlic dressing, with carrots, cucumber, sea palm, basil green onion and cilantro, and...	\$8.00
I Am Delightful (Beauty Salad) Chef's Beauty Salad. Mixed lettuces, basil, and green onions with fresh apples, dried figs, crumbled cashew cheese, and...	\$8.00
I Am Thriving (Soup of the Day) Cooked soup of the day	\$5.00
I Am Plentiful (Chili) Hearty chili topped with fresh tomatoes, cashew ricotta cheese, and green onions (Spicy)	\$5.00
I Am Comforted (Roasted Sweet Potatoes) Roasted sweet potatoes topped with coconut mint chutney & tamarind sauce, garnished w/ cilantro	\$10.00

(Burger & Sandwiches) Online

ITEM	PRICE
I Am Magical (Burger) Our house recipe veggie burger on a toasted whole grain bun, topped with cashew cheddar cheese, fresh lettuce, tomato, o...	\$12.50
I Am Happy (Veggie Sandwich) Cashew cheddar, olive tapenade, greens, fresh tomato, onion, and our house-made dill pickles, between two slices of gril...	\$12.00

(Entrees & Bowls) Online

ITEM	PRICE
I Am Fulfilled (Mac n' Cheese) Gluten-free rice noodles in a creamy blend of delicious cashew and Brazil nut cheeses. Load it up with your favorite add...	\$15.00
I Am Sensational (Spaghetti Squash Alfredo) Spaghetti squash noodles, fresh spinach and marinated mushrooms tossed together in our cashew Alfredo sauce. Garnished w...	\$13.00
I Am Strong (Curry Sweet Potato Tacos) High protein macrobiotic tacos with sweet potatoes, mildly spiced curried lentils, pickled vegetables, and tamarind sauc...	\$12.50
I Am Humble (Indian Curry Bowl) Mildly spiced Indian curried lentils, brown rice, a bit of spinach and roasted sweet potato, with coconut mint chutney a...	\$13.00
I Am Warm Hearted (Italian Polenta and Squash Noodles) Hearty dish of grilled Italian polenta atop a bed of spaghetti squash noodles and fresh spinach tossed with fresh tomato...	\$13.00
I Am Flourishing (Mushroom Tacos) Two sprouted corn tortillas filled with Brown Rice, Marinated Mushrooms, Coconut Bacon, Caramelized Onions and Mild Cash...	\$12.50
I Am Super Plentiful (Special Chili Bowl Entree) Hearty chili bowl with brown rice, spicy chili, tomatoes, ricotta cheese, and green onions	\$12.50

ITEM	PRICE
I Am Terrific (Raw Pad Thai)	\$13.00
This bowl of Pad Thai is fresh and alive (served cold). Kelp noodles, massaged kale, carrots, cucumbers, fresh cilantro,...	
I Am Reflective (Asian Yam and Mushroom Bowl)	\$12.00
Asian Mushroom & Sweet Potato Bowl with Brown Rice, Spiced Toasted Coconut, Wilted Spinach, Sesame Seeds, Nori, &...	
I Am Aligned (Raw Zucchini Alfredo)	\$13.00
Fresh Zucchini Noodles, Marinated Mushrooms, Tomatoes, Creamy Cashew Ricotta, Hempseed Basil Pesto, Brazil Nut Parmesan,...	

(Sides & Additions) Online

ITEM	PRICE
Sides Options Online - Garlic Roasted Potatoes	\$3.25
Sides Options	
Sides Options Online - Roasted Sweet Potatoes	\$3.25
Sides Options	
Spring Mix Side Salad	\$3.50
Spring mix salad with farm fresh sunflower sprouts and dressing	
Sides Options Online - Lentils with Indian Curry Spice	\$3.25
Sides Options	
Sides Options Online - Ciabatta Bread (3 Slices)	\$3.00
Sides Options	
Nut Cheese Side - Cashew Ricotta	\$2.25
Various Nut cheeses to enjoy	
Sides Options Online - Mushrooms, Raw (sesame, garlic, tamari marinade)	\$3.25
Sides Options	
Sides Options Online - Housemade Kimchi	\$3.50
Sides Options	
Nut Cheese Side - Spicy Cashew Nacho	\$2.25
Various Nut cheeses to enjoy	
Sides Options Online - Toasted Coconut "Bacon"	\$2.25
Sides Options	
Sides Options Online - Housemade Veggie Burger Patty	\$4.50
Sides Options	
Dressing and Sauce Sides	\$1.75
Choice of dressing or sauce (2 oz)	
Sides Options Online - Gluten Free Bread (2 Slices)	\$3.00
Sides Options	
Sides Options Online - Seasoned Black Beans	\$3.00
Sides Options	
Sides Options Online - Brown Rice (1/2 Cup)	\$2.50
Sides Options	
Sides Options Online - Olive Tapenade	\$2.25
Sides Options	
Sides Options Online - Caramelized Onions	\$2.25
Sides Options	
Sides Options Online - Pickled Jalapenos	\$2.25
Sides Options	
Sides Options Online - 1 Flax Cracker	\$1.25
Sides Options	

ITEM	PRICE
Sides Options Online - 2 Corn Tortillas Sides Options	\$1.25
Nut Cheese Side - Cashew Mozzarella Various Nut cheeses to enjoy	\$2.25
Nut Cheese Side - Cashew Cheddar Various Nut cheeses to enjoy	\$2.25
Nut Cheese Side - Brazil Nut Parmesan Various Nut cheeses to enjoy	\$2.25
Sides Options Online - 3 Flax Crackers Sides Options	\$3.25
Sides Options Online - Kelp Noodles (Raw) Sides Options	\$5.00
Sides Options Online - Mushrooms, Grilled (sesame, garlic, tamari marinade) Sides Options	\$3.25
Sides Options Online - Hempseed Pesto Sides Options	\$2.25
Sides Options Online - Kale (Raw) Sides Options	\$6.00
Sides Options Online - Kale (Sauteed) Sides Options	\$6.00

(Kids) Online

ITEM	PRICE
I Am A Winner (Kids' Alfredo) Choice of brown rice, spaghetti squash, or gluten free elbow noodles. Made with cashew and Brazil nut alfredo sauce. Add...	\$7.00
I Am Excited (Kids' Grilled Cheese) Kids' Grilled Cheese. Choice of cashew mozzarella or cashew cheddar on grilled Ciabatta bread. Served with apple slices.	\$7.00

(Coffee, Espresso & Tea) Online

ITEM	PRICE
I Am Vibrant (Matcha Latte) Ceremonial grade matcha green tea latte made with almond milk and sweetened with honey or stevia. Hot or Iced.	\$6.00
I Am Light (Cafe Latte) Thou Mayest Roasterie espresso with almond milk	\$6.00
I Am Carefree (Cappuccino) Thou Mayest Roasterie espresso with almond milk	\$5.00
I Am Charismatic (Chai Latte) Chai latte with almond milk & cinnamon	\$6.00
I Am Courageous (French Press Coffee) 16oz french press coffee from Thou Mayest Roasterie. Regular or Decaf	\$4.50
I Am Calm (Hot Chamomile Tea) Chamomile hot tea (Caffeine Free)	\$5.00
I Am Bright (Artisan Kombucha) Local artisan kombucha, a delicious probiotic fermented tea - flavors vary	\$5.00
I Am Awakened (Espresso) Thou Mayest Roasterie Espresso shot, or choose Americano to add hot water to it	\$4.00

ITEM	PRICE
I Am Alive (Maca Latte) Caffeine-free coffee alternative. Roasted maca, cacao, steamed almond milk, coconut sugar	\$6.00
I Am Allowing (Black Iced Tea) Summer Lemon Black Iced Tea	\$3.00
I Am Glorious (Hot Jasmine Pearl Tea) Jasmine Pearl Green Hot Tea	\$5.00
I Am Love (Blueberry Rooibos Iced Tea) Blueberry Rooibos Iced Tea (Caffeine Free)	\$3.00
I Am Marvelous (Cafe Mocha) Thou Mayest Roasterie espresso, almond milk, coconut oil, agave & cacao	\$6.50
I Am Open (Hot Earl Grey Tea) Earl Grey hot black tea	\$5.00
I Am Precious (Hot Rooibos Tea) African rooibos hot tea (Caffeine Free)	\$5.00
I Am Splendid (Citrus Green Iced Tea) Citrus Green Iced Tea	\$3.00

(Tonics & Elixirs) Online

ITEM	PRICE
I Am Immortal (Hot Immunity Tonic) Reishi, Shilajit & Ormus tonic. Served hot with coconut milk, cinnamon & honey	\$6.00
I Am Golden (Hot Turmeric Latte Tonic) Turmeric latte with almond milk, honey & black pepper (Caffeine Free)	\$8.00
I Am Heaven (Cold Alkalizing Tonic) Alkalizing cold tonic made with almond milk, dates, chia seeds, vanilla & sea salt	\$10.00
I Am Serene (Hot Butterscotch Tonic) A calming, peaceful, heart opening hot tonic with butterscotch notes. Nurtures the spirit & encourages a state of bl...	\$8.00
I Am Cozy (Hot Cleansing Tonic) Lemon, ginger, honey & cayenne served hot	\$5.00
I Am Awake (Cold Kidney Tonic) Invigorating & kidney replenishing cold tonic. Notes of peanut butter & chocolate	\$6.00
I Am Resilient (Immunity Shot) Immunity booster kombucha shot, with super echinacea. Kombucha flavor varies.	\$4.00
I Am Powerful (Hot Digestive Tonic) Ancient alchemy of Chinese herbs that support digestion & weight control. Served hot with coconut milk & honey	\$6.00

(Cold Pressed Juices) Online

ITEM	PRICE
I Am Rejuvenated (Green Juice Cocktail) Green juice cocktail - E3 Live (Klamath Lake Live Blue-Green Algae), apple, lemon, ginger juice, sparkling water	\$6.00
I Am Complete Kale, apple, celery, cucumber, lemon & turmeric juice	\$7.00
I Am Worthy Kale, beet, celery, apple, cucumber & ginger juice	\$6.00
I Am Healthy Kale, celery, cucumber & lemon juice	\$6.00

ITEM	PRICE
I Am Elevated (Rose Lemonade) Bulgarian rose water, fresh squeezed lemons, agave, sparkling water	\$6.00
I Am Sunny (Orange Juice) Fresh Pressed Orange Juice	\$6.50
I Am Effervescent (Ginger Ale) Housemade ginger ale with lemon juice, ginger juice & agave, with sparkling water	\$5.00
I Am Rich Orange, carrot, lemon & beet juice	\$6.00
I Am Refreshed (Lemonade) Fresh squeezed lemons, sparkling water, agave	\$5.00
I Am Sweet (Raw Apple Juice) Fresh Pressed Apple Juice	\$6.50
I Am Enlivened - E3 Live Blue Green Algae Klamath Lake Blue-green Algae Shot, Fresh and Packed Full of Nutrients and Minerals	\$3.50

(Smoothies & Shakes) Online

ITEM	PRICE
I Am Incredible (Chocolate Banana Smoothie) Chocolate banana smoothie with raw cacao, maca, almond butter, dates, coconut milk & vanilla bean	\$10.00
I Am Fruitful (Fruit Smoothie) Fruit smoothie with seasonal fresh fruit, banana, orange juice, chia seeds, vanilla, dates, Infinity-C powder	\$10.00
I Am Eternally Sweet (Chocolate Shake) Chocolate milkshake made with our homemade cashew-coconut ice cream and raw cacao	\$10.00
I Am Beautiful (Orange Creamsicle Shake) Orange creamsicle milkshake made with fresh squeezed orange juice and our house-made cashew-coconut ice cream	\$10.00
I Am Eternally Youthful (Vanilla Shake) Vanilla milkshake made with high-quality vanilla and our homemade cashew-coconut ice cream	\$9.00
I Am Grace (Coconut Smoothie) Creamy coconut smoothie with coconut milk, almond butter, dates & vanilla bean	\$10.00
I Am Enlightened (Kombucha Float) Kombucha float with local artisan kombucha & house-made vanilla cashew/coconut ice cream. Kombucha flavor varies.	\$11.00
I Am Eternally Inspired (Chai Shake) Chai milkshake made with our homemade cashew-coconut ice cream	\$10.00

(Desserts & Baked Goods) Online

ITEM	PRICE
I Am Bliss (Chocolate Silk) Chocolate hazelnut silk pie layered with coconut cream atop a chocolate coconut crust. Raw & Gluten Free	\$10.00
I Am Cherished (Cheesecake) Raw Cheesecake made with Cashews and sweetened with Agave. Cool, Delicious, alive goodness. Raw & Gluten Free. Flavo...	\$9.00
I Am Gentle (Banana Bread) Homemade gluten-free banana bread	\$6.00
I Am Rapture (Layered Cake) Delicious raw alive goodness in a layered cake. Made with coconut, almond, dates, almond, and vanilla. Raw and Gluten Fr...	\$10.00
I Am Holy (Donut) Moist cake donuts with decadent cashew icing (100% gluten free)	\$6.00

(Wine-White) Online	
ITEM	PRICE
Stellar Organic Chardonnay Bottle South Africa - 2012 Creamy, apple character. Good acid citrus entry, banana bread finish. No sulfites added.	\$24.00
Ruffino Prosecco Bottle Crisp, bright and delicate with fine bubbles on the palate. Made with organic grapes, this elegant sparkling wine has hi...	\$22.00
Giesen Sauvignon Blanc Bottle Marlborough, New Zealand (2017) - Freshly cut herbs, scrumptious tropical fruit with subtle notes of blackcurrant leaf	\$30.00
(Wine-Red) Online	
ITEM	PRICE
Parducci Pinot Noir Glass Mendocino, CA - 2012 Rich nose & flavors of ripe raspberries & strawberries with a hint of cedar in the finish...	\$9.00
Santa Julia Cabernet Sauvignon Bottle Mendoza, Argentina - 2018 Black cherry, currant & plum flavors with a touch of spiciness	\$33.00
Santa Julia Malbec Bottle Mendoza, Argentina - 2018 Ripe plum, cherry & strawberry with hints of chocolate & a spicy finish	\$28.00
(Beer) Online	

ITEM	PRICE
Apple Cider - Samuel Smith - Bottle Organic (Gluten-Free)	\$8.00
Chocolate Stout - Samuel Smith - Bottle Organic (HAS GLUTEN)	\$8.00
Pale Ale - Samuel Smith - Bottle Organic (HAS GLUTEN)	\$8.00
Pinkus Hefe Weizen Bottle Organic (HAS GLUTEN)	\$10.00
Pure Brewed Lager - Samuel Smith - Bottle Organic (HAS GLUTEN)	\$8.00