



Cava Grill

Menu Prices — September 9, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Build a Meal	
ITEM	PRICE
Greens + Grains Bowl (Chicken)	\$9.37
Greens + Grains Bowl (Falafel)	\$9.37
Greens + Grains Bowl (Grilled Meatballs)	\$9.37
Greens + Grains Bowl (Braised Lamb)	\$11.37
Greens + Grains Bowl (Braised Beef)	\$11.37
Greens + Grains Bowl (Spicy Lamb Meatballs)	\$11.12
Greens + Grains Bowl (Seasonal Roasted Vegetables)	\$9.37
Grain Bowl (Chicken)	\$9.37
Grain Bowl (Falafel)	\$9.37
Grain Bowl (Grilled Meatballs)	\$9.37
Grain Bowl (Braised Lamb)	\$11.37
Grain Bowl (Braised Beef)	\$11.37
Grain Bowl (Spicy Lamb Meatballs)	\$11.12
Grain Bowl (Seasonal Roasted Vegetables)	\$9.37
Salad (Chicken)	\$9.37
Salad (Falafel)	\$9.37
Salad (Grilled Meatballs)	\$9.37
Salad (Braised Lamb)	\$11.37
Salad (Braised Beef)	\$11.37
Salad (Spicy Lamb Meatballs)	\$11.12
Salad (Seasonal Roasted Vegetables)	\$9.37
Pita (Chicken)	\$8.75
Pita (Falafel)	\$8.75
Pita (Grilled Meatballs)	\$8.75
Pita (Braised Lamb)	\$10.75
Pita (Braised Beef)	\$10.75
Pita (Spicy Lamb Meatballs)	\$10.50
Pita (Seasonal Roasted Vegetables)	\$8.75
Mini Pitas (Chicken)	\$8.75
Mini Pitas (Falafel)	\$8.75
Mini Pitas (Grilled Meatballs)	\$8.75
Mini Pitas (Braised Lamb)	\$10.75
Mini Pitas (Braised Beef)	\$10.75

ITEM	PRICE
Mini Pitas (Spicy Lamb Meatballs)	\$10.50
Mini Pitas (Seasonal Roasted Vegetables)	\$8.75
Mini Pita + Soup (Chicken)	\$8.75
Mini Pita + Soup (Falafel)	\$8.75
Mini Pita + Soup (Grilled Meatballs)	\$8.75
Mini Pita + Soup (Braised Lamb)	\$10.75
Mini Pita + Soup (Braised Beef)	\$10.75
Mini Pita + Soup (Spicy Lamb Meatballs)	\$10.50
Mini Pita + Soup (Seasonal Roasted Vegetables)	\$8.75
Kid's Mini Pita (Chicken)	\$6.25
Kid's Mini Pita (Falafel)	\$6.25
Kid's Mini Pita (Grilled Meatballs)	\$6.25
Kid's Mini Pita (Braised Lamb)	\$8.25
Kid's Mini Pita (Braised Beef)	\$8.25
Kid's Mini Pita (Spicy Lamb Meatballs)	\$8.00
Kid's Mini Pita (Seasonal Roasted Vegetables)	\$6.25

Sides

ITEM	PRICE
Pick three of your favorite dips + chips	\$7.50
Side Dip	\$0.00
Side Pita	\$1.57
Spicy Lentil Soup	\$3.97
Pita Chips	\$1.57
Chocolate Chip Cookie	\$2.75

Beverages

ITEM	PRICE
Seasonal Juices & Teas (Small)	\$2.50
Seasonal Juices & Teas (Large)	\$2.95
Fountain Soda (Small)	\$2.50
Fountain Soda (Large)	\$2.95
Sparkling San Pellegrino Water	\$2.50
Panna Water (Bottle)	\$2.50
Kid's Milk (Milk or Chocolate Milk)	\$2.15