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CAVA

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Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



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Bowls

ITEM	PRICE
Greens + Grains Bowl Mix and match your favorite greens and grains to build a bowl just the way you like it.	\$14.45
Harissa Avocado Harissa honey chicken, Crazy Feta®, hummus, avocado, corn, cucumber, feta, pickled onions, basmati rice, Super Greens, h...	\$19.99
Grains Bowl Choose your grain bowl base: saffron basmati rice, brown basmati rice, or black lentils.	\$14.45
Salad Bowl Choose your greens to start building your bowl: arugula, baby spinach, romaine, Super Greens, or Power Greens.	\$14.45
Greek Salad Grilled chicken, tzatziki, hummus, feta, tomato + onion, cucumber, olives, romaine, arugula, Greek vinaigrette	\$14.45
Spicy Lamb + Sweet Potato Spicy lamb meatballs, white sweet potato, tzatziki, red pepper hummus, pickled onions, feta, tomato + cucumber, sumac sl...	\$17.47
Harissa Chicken Power Harissa Honey Chicken, white sweet potato, Crazy Feta®, hummus, avocado, sumac slaw, tomato + onion, fiery broccoli, cuc...	\$19.99
Spicy Lamb + Avocado Spicy lamb meatballs, avocado, Crazy Feta®, red pepper hummus, pickled onions, cucumber, tomato + onion, Super Greens, l...	\$20.97
Falafel Crunch Falafel, roasted veggies, hummus, Crazy Feta®, cucumber, sumac slaw, romaine, pickled onions, tomato + onion, pita crisp...	\$14.45
Steak + Harissa Grilled steak, Crazy Feta®, red pepper hummus, tomato + onion, cucumber, feta, sumac slaw, brown rice, Super Greens, har...	\$19.00
Chicken + Rice Grilled chicken, hummus, tzatziki, pickled onions, tomato + onion, cucumber, feta, arugula, brown rice, Greek vinaigrett...	\$14.45

Pitas

ITEM	PRICE
Pita Fill our fluffy and perfectly chewy pita with your unique combo of ingredients. Made with sprouted grains.	\$14.45
Spicy Chicken + Avocado Harissa honey chicken, Crazy Feta®, avocado, pickles, corn, feta, pickled onions, harissa vinaigrette, pita	\$19.99
Greek Chicken Grilled chicken, tzatziki, tomato + onion, olives, feta, romaine, yogurt dill dressing, pita	\$14.45
Steak + Feta Grilled steak, Crazy Feta®, red pepper hummus, pickled onions, feta, pickles, romaine, garlic dressing, Greek vinaigrett...	\$19.00

Sides

ITEM	PRICE
Sumac Sour Cream + Onion Pita Chips Mediterranean sour cream and onion chips! Pita chips dusted with our seasoning blend of sour cream, sumac, garlic, and o...	\$3.38
Classic Pita Chips Made from our classic pitas. Cut, then fried for a deliciously dippable, chewy bite.	\$3.38
Side Pita Our fluffy and perfectly chewy pita made with sprouted grains.	\$3.01
Side Crazy Feta Feta whipped with jalapeño, onion, and olive oil for just that right level of spicy. A CAVA signature.	\$5.10

ITEM	PRICE
Side Hummus Chickpeas puréed with tahini, lemon juice, fresh garlic, salt. A guest favorite and CAVA classic.	\$4.24
Side Harissa Fiery, tomato-forward, and full of spices.	\$4.24
Side Tzatziki Made with Greek yogurt, shredded cucumber, and dill. Thick and creamy.	\$4.24
Side Red Pepper Hummus Roasted red peppers puréed with chickpeas, tahini, and garlic.	\$4.24
Side Roasted Eggplant Roasted eggplant blended with lemon juice, parsley, onions, and garlic.	\$4.49
Kids Meal	

ITEM	PRICE
Kids Meal A kid-sized, build-your-own meal with a half-serving of one main and grain, one dip, one dressing, and up to 3 toppings....	\$9.16

Drinks

ITEM	PRICE
Kids Chocolate Milk Organic 1% chocolate milk.	\$3.14
Kids Milk Organic 1% milk.	\$3.14
Kids Apple Juice Organic apple juice from Honest Kids. No sugar added.	\$3.14
Spindrift Lemon Sparkling lemon water.	\$3.63
Spindrift Half Tea and Half Lemon Sparkling half tea, half lemon water.	\$3.63
Open Water Still Open Water still water.	\$3.63
Open Water Sparkling Open Water sparkling water.	\$3.63

Desserts

ITEM	PRICE
Salted Chocolate Oat Cookie If an oatmeal cookie and a salted chocolate chip cookie had a baby.	\$4.12
Greyston Blondie A blondie with a super soft, almost gooey inside.	\$3.38
Greyston Brownie An intensely chocolatey brownie, with a fudgy, almost gooey inside.	\$3.38