



## Crushed Red

Menu Prices — September 9, 2026

### Restaurant & Food Industry Reports



[Competitor Price Intelligence →](#)

Most Ordered

| ITEM                                                                                                                                                                                     | PRICE   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <div><div>Regular Chipotle BBQ Chicken</div><div>Chipotle bbq chicken breast, roasted corn, black beans, pepper jack, cilantro, tortilla strips with field greens. Ranch...</div></div>  | \$17.92 |
| <div><div>Regular Welcome Back Cobber</div><div>Roasted chicken breast, avocado, bacon, egg, Gorgonzola, croutons, &amp; tomato with field greens. Goddess dressing.</div></div>         | \$17.92 |
| <div><div>Regular Farmer's Market</div><div>Roasted turkey breast, goat cheese, sunflower seeds, apples &amp; cranberries with field greens. Honey mustard.</div></div>                  | \$17.92 |
| <div><div>Regular Build Your Own Salad</div><div></div></div>                                                                                                                            | \$16.70 |
| <div><div>Two for You Combo</div><div></div></div>                                                                                                                                       | \$17.92 |
| <div><div>Regular This Pear is on Fire</div><div>Spiced pears, dried cranberries, bacon, goat cheese, avocado with spinach and house mix. Tossed with jalapeno honey dres...</div></div> | \$20.48 |
| <div><div>Hummus</div><div>Smoky chili hummus with warm flatbread &amp; lavash.</div></div>                                                                                              | \$14.26 |
| <div><div>Regular South of the Border</div><div>Avocado, tomato, roasted corn, Cheddar cheese, &amp; tortilla strips with field greens. Low fat chipotle ranch.</div></div>              | \$16.70 |
| <div><div>Warm Herbed Goat Cheese</div><div>Crusted with sliced almonds &amp; dried cranberries, topped with agave nectar. Served with warm flatbread &amp; lavash.</div></div>          | \$16.70 |
| <div><div>Regular Play Gloria</div><div>Blueberries, strawberries, dried cranberries, candied walnuts &amp; blue cheese with field greens. Cranberry poppyseed</div></div>               | \$19.14 |
| <div><div>Warm Artichoke Spread</div><div>Artichoke hearts and Parmesan in a creamy garlic base. Served with warm flatbread &amp; lavash.</div></div>                                    | \$15.60 |
| <div><div>Regular Health Nut</div><div>Broccoli, edamame, carrots, almonds, cranberries &amp; chickpeas with spinach &amp; romaine. Cranberry Poppyseed Dressing.</div></div>            | \$15.48 |

Savory Shareables

| ITEM                                                                                                                                                                                                | PRICE   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <div><div>Warm Herbed Goat Cheese (Savory Shareables)</div><div>Crusted with sliced almonds &amp; dried cranberries, topped with agave nectar. Served with warm flatbread &amp; lavash.</div></div> | \$16.70 |
| <div><div>Warm Artichoke Spread (Savory Shareables)</div><div>Artichoke hearts and Parmesan in a creamy garlic base. Served with warm flatbread &amp; lavash.</div></div>                           | \$15.60 |
| <div><div>Pick Up Stix</div><div>Our signature dough is stuffed, rolled &amp; baked then brushed with agave &amp; kosher salt</div></div>                                                           | \$8.53  |
| <div><div>Side of Lavash</div><div>Crispy seasoned baked cracker</div></div>                                                                                                                        | \$4.87  |
| <div><div>Hummus (Savory Shareables)</div><div>Smoky chili hummus with warm flatbread &amp; lavash.</div></div>                                                                                     | \$14.26 |
| <div><div>Side of Flatbread</div><div></div></div>                                                                                                                                                  | \$4.87  |

Oven Baked Sandwiches

| ITEM                                                                                                                                                | PRICE   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <div><div>Fowl Play</div><div>Sliced Chicken Breast, Jalapeno Honey, Pepper Jack, Shredded Romaine, Tomato &amp; Crispy Jalapeno Straws</div></div> | \$16.21 |
| <div><div>Iconic BLT-A</div><div>Avocado, bacon, Roma tomato, shredded romaine &amp; avocado-citrus ranch</div></div>                               | \$16.21 |

| ITEM                                                                                                                        | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Bread Pitt Fan Club</b>                                                                                                  | <b>\$16.21</b> |
| Sliced Turkey Breast, Bacon, Avocado, Cheddar, Shredded Romaine & Avocado-Citrus Ranch                                      |                |
| <b>Crazy Caprese</b>                                                                                                        | <b>\$14.99</b> |
| Fresh Mozzarella, Basil Pesto, Avocado, Roma Tomato, Red Onion, Spinach & Balsamic Glaze                                    |                |
|                                                                                                                             |                |
| <b>Kid's Menu</b>                                                                                                           |                |
|                                                                                                                             |                |
| ITEM                                                                                                                        | PRICE          |
| <b>Kid's Pepperoni Pizza</b>                                                                                                | <b>\$9.50</b>  |
| <b>Kid's Turkey and Cheddar Flat</b>                                                                                        | <b>\$9.50</b>  |
| <b>Kid's Salad</b>                                                                                                          | <b>\$9.50</b>  |
| Salad with romaine, cheddar, croutons and ranch. Served with fruit.                                                         |                |
| <b>Kid's Cheese Pizza</b>                                                                                                   | <b>\$9.50</b>  |
| <b>Kid's Macaroni and Cheese</b>                                                                                            | <b>\$9.50</b>  |
|                                                                                                                             |                |
| <b>14" Urban Crafted Pizza</b>                                                                                              |                |
|                                                                                                                             |                |
| ITEM                                                                                                                        | PRICE          |
| <b>14" Pepperoni</b>                                                                                                        | <b>\$27.44</b> |
| Crushed Red organic tomato sauce, pepperoni, & Crushed Red mozzarella blend.                                                |                |
| <b>14" Five Cheese</b>                                                                                                      | <b>\$27.44</b> |
| Extra virgin olive oil & garlic, goat cheese, feta, Gorgonzola, Parmesan & Crushed Red mozzarella blend with fresh basil... |                |
| <b>14" Chipotle BBQ Chicken</b>                                                                                             | <b>\$27.44</b> |
| Chipotle bbq chicken breast, black beans, roasted corn, caramelized onion, & pepperjack with fresh cilantro.                |                |
| <b>14" Mushroom, Pepperoni and Sausage</b>                                                                                  | <b>\$29.02</b> |
| Crushed Red organic tomato sauce, mushroom, pepperoni, sausage & Crushed Red mozzarella blend.                              |                |
| <b>14" Fire Roasted Veggie</b>                                                                                              | <b>\$27.44</b> |
| Crushed Red organic tomato sauce, artichokes, portabellas, onion, tomato, red pepper, black olive & Crushed Red mozzarel... |                |
| <b>14" Queen Margherita</b>                                                                                                 | <b>\$27.44</b> |
| Basil pesto, fresh mozzarella & tomato with fresh basil.                                                                    |                |
| <b>14" Mona Lisa</b>                                                                                                        | <b>\$27.44</b> |
| Extra virgin olive oil & roasted garlic, Kalamata olives, spinach, feta, goat cheese & Crushed Red mozzarella blend.        |                |
| <b>Build Your Own 14" Pizza</b>                                                                                             | <b>\$27.44</b> |
| <b>14" Mushroom Medley</b>                                                                                                  | <b>\$27.44</b> |
| Parmesan cream, portabella & white mushrooms, Crushed Red mozzarella blend & goat cheese with fresh rosemary.               |                |
| <b>14" Roasted Chicken Gorgonzola</b>                                                                                       | <b>\$29.02</b> |
| Parmesan cream, roasted chicken breast, spinach, Gorgonzola, onion, & tomato.                                               |                |
| <b>14" South Coast Shrimp</b>                                                                                               | <b>\$29.02</b> |
| Tomato Parmesan cream, pesto shrimp, bacon, roasted corn , tomato, & CR mozzarella cheese blend with crushed red pepper.    |                |
| <b>14" Yukon Gold Steakhouse</b>                                                                                            | <b>\$29.02</b> |
| Parmesan cream, steak, bacon, Yukon potato, onion, Gorgonzola & Crushed Red mozzarella blend with fresh rosemary.           |                |
| <b>14" Big Island</b>                                                                                                       | <b>\$27.44</b> |
| Crushed Red organic tomato sauce, pineapple, ham, caramelized onion, & Crushed Red mozzarella cheese blend with fresh ci... |                |
| <b>14" Cheese</b>                                                                                                           | <b>\$27.44</b> |
| Crushed Red organic tomato sauce & Crushed Red mozzarella blend.                                                            |                |

| Urban Crafted Pizza             |         |
|---------------------------------|---------|
| ITEM                            | PRICE   |
| Pepperoni                       | \$16.70 |
| Mushroom, Pepperoni and Sausage | \$17.92 |
| Queen Margherita                | \$16.70 |
| Mona Lisa                       | \$16.70 |
| Roasted Chicken Gorgonzola      | \$17.92 |
| Chipotle BBQ Chicken            | \$16.70 |
| Fire Roasted Veggie             | \$16.70 |
| Five Cheese                     | \$16.70 |
| Yukon Gold Steakhouse           | \$17.92 |
| Mushroom Medley                 | \$16.70 |
| South Coast Shrimp              | \$17.92 |
| Big Island                      | \$16.70 |
| BYO Pizza                       | \$16.70 |
| Regular Salad                   |         |

| ITEM                                                                                                                                                                               | PRICE   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <b>Regular Chipotle BBQ Chicken (Regular Salad)</b><br>Chipotle bbq chicken breast, roasted corn, black beans, pepper jack, cilantro, tortilla strips with field greens. Ranch...  | \$17.92 |
| <b>Regular Play Gloria (Regular Salad)</b><br>Blueberries, strawberries, dried cranberries, candied walnuts & blue cheese with field greens. Cranberry poppyseed                   | \$19.14 |
| <b>Regular Welcome Back Cobber (Regular Salad)</b><br>Roasted chicken breast, avocado, bacon, egg, Gorgonzola, croutons, & tomato with field greens. Goddess dressing.             | \$17.92 |
| <b>Regular This Pear is on Fire (Regular Salad)</b><br>Spiced pears, dried cranberries, bacon, goat cheese, avocado with spinach and house mix. Tossed with jalapeno honey dres... | \$20.48 |
| <b>Regular South of the Border (Regular Salad)</b><br>Avocado, tomato, roasted corn, Cheddar cheese, & tortilla strips with field greens. Low fat chipotle ranch.                  | \$16.70 |
| <b>Regular Farmer's Market (Regular Salad)</b><br>Roasted turkey breast, goat cheese, sunflower seeds, apples & cranberries with field greens. Honey mustard.                      | \$17.92 |
| <b>Regular Health Nut (Regular Salad)</b><br>Broccoli, edamame, carrots, almonds, cranberries & chickpeas with spinach & romaine. Cranberry Poppyseed Dressing.                    | \$15.48 |
| <b>Regular Cowpoke</b><br>Steak, tomato, onion, Gorgonzola, & jalapeno straws with field greens. Goddess dressing.                                                                 | \$17.92 |
| <b>Regular Tulsa Twister</b><br>Chili dusted sirloin, fresh jalapeno, roasted corn, black beans, sweet pepper drops, corn cake croutons, jalapeno straws...                        | \$20.48 |
| <b>Regular Cyprus</b><br>Chickpeas, Kalamata olives, cucumber, tomato, red onion & feta cheese with field greens. Tuscan vinaigrette.                                              | \$17.92 |
| <b>Regular Pesto Shrimp</b><br>Pesto roasted shrimp, avocado, bacon, sweet Peruvian peppers, & edamame with field greens. Tuscan Vinaigrette.                                      | \$20.48 |
| <b>Regular Tunapalooza</b><br>Seared Ahi tuna, green beans, Kalamata olives, hard-boiled egg, tomato, roasted Yukon Gold potatoes & goat cheese with m...                          | \$20.48 |

| ITEM                                                                                                                                                              | PRICE          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Regular Hail Caesar</b><br>Parmesan cheese & croutons with romaine. Caesar dressing.                                                                           | <b>\$15.48</b> |
| <b>*NEW* Regular The Lou</b><br>House mix with pepperoni, artichoke hearts, black olives, chickpeas, red onion and pepperoncini. Tossed with Crushed Red...       | <b>\$17.92</b> |
| <b>Regular Emerald Coast</b><br>Pesto roasted shrimp, avocado, cucumbers, mushrooms & bacon with field greens. Roasted red pepper vinaigrette.                    | <b>\$20.48</b> |
| <b>Regular Build Your Own Salad (Regular Salad)</b>                                                                                                               | <b>\$16.70</b> |
| <b>Regular Chicken Salad Salad</b><br>Crushed Red Signature Blueberry Apple Chicken Salad on a bed of field greens with sweet Peruvian peppers, granny smith a... | <b>\$17.92</b> |

Small Salad

| ITEM                                                                                                                                                             | PRICE          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Small Chipotle BBQ Chicken</b><br>Chipotle bbq chicken breast, roasted corn, black beans, pepper jack, cilantro, tortilla strips with field greens. Ranch...  | <b>\$15.48</b> |
| <b>Small This Pear is on Fire</b><br>Spiced pears, dried cranberries, bacon, goat cheese, avocado with spinach and house mix. Tossed with jalapeno honey dres... | <b>\$16.70</b> |
| <b>Small Farmer's Market</b><br>Roasted turkey breast, goat cheese, sunflower seeds, apples & cranberries with field greens. Honey mustard.                      | <b>\$15.48</b> |
| <b>Small Play Gloria</b><br>Blueberries, strawberries, dried cranberries, candied walnuts & blue cheese with field greens. Cranberry poppyseed                   | <b>\$15.48</b> |
| <b>Small Welcome Back Cobber</b><br>Roasted chicken breast, avocado, bacon, egg, Gorgonzola, croutons, & tomato with field greens. Goddess dressing.             | <b>\$15.48</b> |
| <b>Small South of the Border</b><br>Avocado, tomato, roasted corn, Cheddar cheese, & tortilla strips with field greens. Low fat chipotle ranch.                  | <b>\$13.90</b> |
| <b>Small Health Nut</b><br>Broccoli, edamame, carrots, almonds, cranberries & chickpeas with spinach & romaine. Cranberry Poppyseed Dressing.                    | <b>\$13.90</b> |
| <b>Small Hail Caesar</b><br>Parmesan cheese & croutons with romaine. Caesar dressing.                                                                            | <b>\$13.90</b> |
| <b>Small Tulsa Twister</b><br>Chili dusted sirloin, fresh jalapeno, roasted corn, black beans, sweet pepper drops, corn cake croutons, jalapeno straws...        | <b>\$16.70</b> |
| <b>Small Tunapalooza</b><br>Seared Ahi tuna, green beans, Kalamata olives, hard-boiled egg, tomato, roasted Yukon Gold potatoes & goat cheese with m...          | <b>\$16.70</b> |
| <b>Small Emerald Coast</b><br>Pesto roasted shrimp, avocado, cucumbers, mushrooms & bacon with field greens. Roasted red pepper vinaigrette.                     | <b>\$16.70</b> |
| <b>Small Cyprus</b><br>Chickpeas, Kalamata olives, cucumber, tomato, red onion & feta cheese with field greens. Tuscan vinaigrette.                              | <b>\$15.48</b> |
| <b>*NEW* Small The Lou</b><br>House mix with pepperoni, artichoke hearts, black olives, chickpeas, red onion and pepperoncini. Tossed with Crushed Red...        | <b>\$15.48</b> |
| <b>Small Cowpoke</b><br>Steak, tomato, onion, Gorgonzola, & jalapeno straws with field greens. Goddess dressing.                                                 | <b>\$15.48</b> |
| <b>Small Pesto Shrimp</b><br>Pesto roasted shrimp, avocado, bacon, sweet Peruvian peppers, & edamame with field greens. Tuscan Vinaigrette.                      | <b>\$16.70</b> |
| <b>Small Build Your Own Salad</b>                                                                                                                                | <b>\$15.48</b> |
| <b>Small Chicken Salad Salad</b><br>Crushed Red Signature Blueberry Apple Chicken Salad on a bed of field greens with sweet Peruvian peppers, granny smith a...  | <b>\$15.48</b> |

Folded Flats

| ITEM                                                                                                                                      | PRICE          |
|-------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>In the Club Flat</b><br>Roasted turkey breast, bacon, avocado, romaine & Cheddar with ranch & hummus.                                  | <b>\$12.19</b> |
| <b>Chipotle BBQ Chicken Flat</b><br>Chipotle BBQ Chicken, Roasted Corn, Black Beans, Pepper Jack Cheese, with Ranch                       | <b>\$12.19</b> |
| <b>More Cowbell Flat</b><br>Sirloin steak, tomato, romaine & Gorgonzola with Goddess spread.                                              | <b>\$12.19</b> |
| <b>On Fleek Greek Flat</b><br>Chipotle hummus, red pepper, artichoke, black olives, spinach & fresh mozzarella with Balsamic vinaigrette. | <b>\$12.19</b> |
| <b>Angry Bird Flat</b><br>Sriracha Chicken, Bacon, Black Olives, Romaine, & Gorgonzola with hummus.                                       | <b>\$12.19</b> |
| <b>Chicken Caesar Flat</b><br>Roasted Chicken Breast with crisp Romaine, tomatoes and Parmesan with caesar dressing                       | <b>\$12.19</b> |

Beverages

| ITEM                                                                                                           | PRICE         |
|----------------------------------------------------------------------------------------------------------------|---------------|
| <b>Fountain Soda</b><br>Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Diet Dr. Pepper, Lemonade and Mountain Dew | <b>\$4.62</b> |
| <b>Iced Tea</b><br>Malawi Red, Berry Green and Vanilla Tangerine                                               | <b>\$4.62</b> |
| <b>IBC Root Beer</b>                                                                                           | <b>\$6.09</b> |
| <b>Pellegrino</b>                                                                                              | <b>\$6.09</b> |
| <b>Just Water</b>                                                                                              | <b>\$6.09</b> |
| <b>Milk</b>                                                                                                    | <b>\$4.62</b> |
| <b>Apple Juice</b>                                                                                             | <b>\$4.62</b> |
| <b>Chocolate Milk</b>                                                                                          | <b>\$4.62</b> |

Sweets/Fruit

| ITEM                               | PRICE         |
|------------------------------------|---------------|
| <b>Crispy Treat</b><br>Gluten free | <b>\$5.23</b> |
| <b>Pear</b>                        | <b>\$4.14</b> |
| <b>Orange</b>                      | <b>\$4.14</b> |
| <b>Brownie</b>                     | <b>\$5.23</b> |
| <b>Apple</b>                       | <b>\$4.14</b> |

Two for you Combo

| ITEM                                         | PRICE          |
|----------------------------------------------|----------------|
| <b>Two for You Combo (Two for you Combo)</b> | <b>\$17.92</b> |