



El Metate

Menu Prices — August 22, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

SOUP

ITEM	PRICE
LG Tortilla Soup	\$8.32
SM Tortilla Soup	\$7.28
Pork Pozole	\$17.42

PLATILLOS

ITEM	PRICE
Chicken Flautas	\$17.42
Chile Relleno Plate	\$18.46
Platillo Del Mar (PLATILLOS)	\$21.58
Fish Quesadilla (PLATILLOS)	\$17.42
Chiken Tasmale (PLATILLOS)	\$17.42
Taco Plate (PLATILLOS)	\$17.42
Chiken Milaneza	\$18.46
Platillos De:	\$15.60
Pork Tamales (PLATILLOS)	\$18.46

Chips

ITEM	PRICE
Basket of Chips	\$2.86
Flour Tortilla	\$1.04
Extra Chips	\$1.82
Side Corn Tortillas	\$1.04

Taco Plate Updated

ITEM	PRICE
Taco Plate Steak	\$18.46
Taco Plate Chicken	\$17.42
Taco Plate Fish	\$18.46
Taco Plate Pastor	\$17.42
Taco Plate Veggie	\$17.42
Taco Plate Carnitas	\$16.75
Taco Plate Mex	\$18.46
Taco Plate Mila	\$19.50
Taco Plate Chile Rojo	\$17.42

ITEM	PRICE
Taco Plate Chile Verde	\$17.42
Taco Plate Chile Colorado	\$17.42
SIDE ORDER	
ITEM	PRICE
1/2 Pint of Guacamole	\$5.72
1/2 Pint Carnitas	\$7.80
1 Pint Steak	\$16.64
1/2 Pint of Salsa Frsca	\$4.42
8oz Cucumber Salsa	\$6.50
1/2 Pint of Salsa Verde	\$5.72
8oz Sour Cream	\$6.50
8oz Cheese	\$4.94
8oz Hbanero Salsa	\$7.80
8oz Chipolte Salsa	\$6.50
8oz Salsa Rostisada	\$7.80
8oz Fruit Salsa	\$6.50
1/2 Pint Of Steak	\$8.84
1/2 Pint Of Chicken	\$7.80
1/2 PINT VEGGIES	\$6.76
Side Of Corn Tortillas	\$0.78
Side Of Flour Tortilla	\$0.78
SIDE 32 ONZ, RICE	\$11.44
SIDE 32 ONZ, PINTO BEANS	\$11.44
SIDE 32 ONZ, REFRIED BEANS	\$11.44
SIDE 32 ONZ, BLACK BEANS	\$11.44
1/2 Salsa Brava	\$6.76
1 Pint Guacamole	\$13.52
1 Pinta Arroz	\$7.80
1 Pinta Black Beans	\$7.80
1 Pinta Pinto Beans	\$7.80
1 Pinta Refried Beans	\$7.80
1/2 Pint Rostizada Salsa	\$6.76
1/2 Pinta Mole	\$8.32
1 Pint Chicken	\$15.60

ITEM	PRICE
1/2 Pint of Rice	\$4.42
1/2 Pint Of Black Beans L	\$3.64
1/2 Pint of Pinto Beans	\$4.68
1/2 Pint Of Refried Beans	\$4.42

SMALL SIDE ORDER

ITEM	PRICE
4 Onz Sour Cream	\$2.86
2oz Sour Cream	\$1.04
2oz Cheese	\$1.04
2oz Guacamole	\$1.04
2oz Salsa Fresca	\$1.04
3oz Pickle Carrots	\$2.60
3oz Lemon or Lime	\$1.04
4oz Guacamole	\$4.68
4 Oz Avocado	\$3.64

SALADS

ITEM	PRICE
TOSTADA SALAD	\$16.38

CAMARONES

ITEM	PRICE
Shrimp Burrito	\$17.42
Shrimp Quesadilla	\$17.42
Shrimp Taco	\$8.06
Shrimp Taco Plate	\$18.46
Shrimp Platillo	\$18.46

ALACART

ITEM	PRICE
CHIKEN FLAUTAS ALACART	\$13.26
CHILE REYENO ALACART	\$13.75
CHICKEN ENCHILAS ALACART	\$12.22
BEEF ENCHILADAS ALACART	\$14.30
CHEESE ENCHILADAS ALACART	\$12.22

ITEM	PRICE
CHICKEN TAMALES ALACART	\$13.26
PORK TAMALES ALACART	\$12.74
SPECIAL OF THE DAY	
ITEM	PRICE
Mole Platillo	\$18.46
Mole Burrito	\$16.75
Mole Enchiladas	\$18.46
Burritos	
ITEM	PRICE
Burrito Chicken	\$15.34
Burrito Steak	\$16.38
Burrito Carnitas	\$15.34
Burrito Pastor	\$15.34
Beef Birria Burrito	\$16.38
Burrito Rice And Beans	\$13.26
Burrito Chile Relleno	\$18.46
Burrito Chile Verde	\$15.34
Burrito Chile Colorado	\$16.38
Burrito Fish	\$15.34
Burrito Veggie	\$15.34
Burrito Mex	\$16.38
Burrito Mila	\$16.38
Burrito Chile Rojo	\$15.34
Burrito Chorizo	\$15.34
Chicharron Y Carnitas Burrito	\$16.38
Chile Relleno Burrito	\$18.46
AGUA FRESCAS	
ITEM	PRICE
Large Agua Fresca	\$6.76
ENCHILADA	
ITEM	PRICE
Beef Enchiladas	\$18.46

ITEM	PRICE
Chicken Enchiladas	\$17.42
Cheese Enchiladas	\$16.38
TORTAS	
ITEM	PRICE
Carnitas Torta	\$16.64
Milaneza Torta	\$16.64
PASTOR TORTA	\$16.64
Torta Beef Birria	\$17.68
Fish Torta	\$16.64
Veggie Torta	\$16.64
Steak Torta	\$16.64
Chicken Torta	\$16.64
Torta Chorizo	\$16.64
QUESADILLA	
ITEM	PRICE
Pastor Quesadilla	\$17.42
Steak Quesadilla	\$17.42
Chicken Quesadilla	\$16.38
Carnitas Quesadilla	\$16.38
Veggie Quesadilla	\$16.38
Cheese Quesadilla	\$14.82
Fish Quesadilla	\$17.42
Quesadilla Chorizo	\$17.42
Quesadilla Beef Birria	\$17.42
CORN QUESADILLA	\$4.94
TACOS	
ITEM	PRICE
Taco beef Birria	\$7.02
Taco Chicken	\$5.98
Taco Pastor	\$5.98
Taco Steak	\$7.02
Taco Fish	\$7.02
Taco Veggie	\$5.98

ITEM	PRICE
Taco Carnitas	\$5.98
Taco Mex	\$7.02
Taco Mila	\$7.02
Taco Chile Rojo	\$5.98
Taco Chile Verde	\$5.98
Taco Chile Color	\$8.06
Taco Rice and Beans	\$4.42
Taco Chorizo	\$5.98
Taco Mole	\$7.54

TACO PLATE

ITEM	PRICE
Taco Plate	\$16.75
Fish Taco Plate	\$18.46

NACHOS

ITEM	PRICE
Pastor Nachos	\$16.64
Carnitas Nachos	\$16.38
Nachos Beef Birria	\$17.68
Chicken Nachos	\$16.38
Veggie Nachos	\$16.38
Cheese Nachos	\$15.34
Steak Nachos	\$17.42
Chorizo Nachos	\$16.38
Nachos	\$16.64

Desserts

ITEM	PRICE
FLAN SLICE	\$4.94
Mex Choco Cookie	\$3.75
CUP CAKE	\$4.16
Alfajores	\$3.64
Gif Box Alfagores	\$12.22
Whole Flan	\$36.40

Beverages	
ITEM	PRICE
Diet Coke	\$2.34
Can Coca Cola	\$3.38
Can Soda	\$3.12
Jarritos	\$5.20
Battle Coca Cola	\$5.98
Italian Sparkling Mineral Water	\$4.16
Water	\$2.60
Glass Bottle	\$3.64
Coco Water	\$5.46
S,Pellegrino	\$4.75
Coca Cola Medio Litro	\$7.54
Topochico Sabor	\$4.94
Platillos Con Sabor a Mexico	

ITEM	PRICE
Meat Platillo	\$18.46
Chile Relleno	\$18.46
Pork Tamales	\$15.60
Chicken Tasmale	\$17.42
Chicken Flautas	\$17.42
Milaneza Platillo	\$18.46
Platillo Del Mar	\$21.58
Mole Platillo (PLATILLOS CON SABOR A MEXICO)	\$18.46