★ Rate your favorite items and earn points →

pricelisto

First Watch

First Watch

Menu Prices — October 23, 2026

First Watch menu with prices in United States, updated April 2025: 107 items across 19 categories, prices from $3.00 to $52.19.

Restaurant & Food Industry Reports



Fast Food Industry →



Pizza Industry →



Fast Casual Industry →



Casual Dining Industry →

Competitor Price Intelligence →

First Watch Menu with Prices (United States)

First Watch menu with prices in United States, updated April 2025: 107 items across 19 categories, prices from $3.00 to $52.19. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/first-watch

Menu categories: Hashes · Families, Groups & Groceries · More Drinks · The Juice Bar · Iced Coffee · Kids First · Two for You · Share · Frittatas · Omelets · Salads · Bowls · The Sweet Side · The Hits · The Classics · Seasonal Menu · The Healthier Side · Sides · Sandwiches

Hashes

ITEM	PRICE
Farmhouse Hash Deux œufs de ferme, cuits à votre goût, reposent sur un lit de pommes de terre assaisonnées, accompagnés de bacon croust...	**$16.81**
Market Hash Deux œufs de poule en liberté, cuisinés selon votre préférence, couronnent un lit de pommes de terre fraîches assaisonné...	**$16.81**

Families, Groups & Groceries

ITEM	PRICE
The "Good Morning" Pack (for two) The perfect breakfast for two! Six fresh cage-free scrambled eggs, six slices of hardwood smoked bacon, fresh fruit, pot...	**$28.99**
The "Good Morning" Pack (for four) The perfect breakfast for four! Twelve fresh cage-free scrambled eggs, twelve slices of hardwood smoked bacon, fresh fru...	**$52.19**
Project Sunrise Coffee Tote (96 oz) Bring our award winning Project Sunrise coffee to your home or office with our new 96 oz. coffee tote. Serves 10-12....	**$23.19**
Loaf of Whole Grain Artisan Bread One loaf of our signature thick-cut whole grain artisan bread. It’s great for homemade Avocado Toast!	**$9.27**
Project Sunrise Retail Coffee 12 oz bag of our Project Sunrise ground coffee. Do good things when you brew good things.	**$9.62**
House-made Granola 12 oz bag of our house-made granola. Check out our cookbook for great recipes that include our fresh granola!	**$6.14**
First Watch Cookbook A collection of more than 70 of our favorite recipes. Make your go-to First Watch brunch at home, or gift this to your f...	**$32.47**

More Drinks

ITEM	PRICE
Project Sunrise Coffee	**$4.63**
Decaf Coffee	**$4.63**
Cold Brew Coffee Made with 100% Organic Aztec coffee beans.	**$5.32**
Fresh-Brewed Iced Tea Unsweetened	**$4.63**
Hot Chocolate	**$4.63**
Reduced-Fat Milk	**$4.63**
Oat Milk	**$5.56**
Coca Cola Soft Drinks	**$4.63**
100% Cold Squeezed Orange Juice	**$4.63**

ITEM	PRICE
Grapefruit Juice	**$4.63**
Apple Juice	**$4.63**
Cranberry Juice	**$4.63**

The Juice Bar

ITEM	PRICE
Kale Tonic Kale, Fuji apple, English cucumber and lemon.	**$6.72**
Morning Meditation Orange, lemon, turmeric, organic ginger, agave nectar and beet.	**$6.72**
Purple Haze Un mélange de citron, sucre de canne, thé aux fleurs de pois papillon avec une touche subtile de lavande.	**$6.72**
Pineapple Express (The Juice Bar) Pineapple, orange, coconut water, lime and agave with a mint crystal rim.	**$6.72**

Iced Coffee

ITEM	PRICE
Mint Mocha Iced Coffee Chocolate and mint topped with a sweet cream cold foam and mini Ghirardelli® dark chocolate chips.	**$6.72**
Original Iced Coffee Creamy, sweet, cold and refreshing.	**$4.98**
Honey Caramel Crunch Iced Coffee Salted caramel and honey topped with a sweet cream cold foam and toffee nut crumbles.	**$6.72**

Kids First

ITEM	PRICE
Kids Half Waffle A half portion of our fluffy Belgian waffle, served with fresh fruit and your choice of bacon or sausage.	**$8.80**
Kids Bacon and Egg One cage-free egg cooked any way you like, served with bacon, sourdough toast and fresh fruit.	**$8.80**
Kids Pancake One of our humongous multigrain pancakes loaded with chocolate chips and topped with creamy butter. Served with your cho...	**$8.80**
Kids Granola Bowl Non-fat vanilla Greek yogurt topped with our housemade granola with almonds, bananas, strawberries, blueberries and spri...	**$8.80**
Kids French Toast Pain doré préparé avec notre pâte maison, accompagné de fruits frais. Choisissez entre du bacon croustillant ou des sauc...	**$8.80**
Kids Grilled Cheese Ooey-gooey cheese melted between two pieces of grilled sourdough bread. Served with fresh fruit.	**$8.80**

Two for You

ITEM	PRICE
1/2 Sandwich and Salad Create your perfect pair. Choose a half sandwich and a half salad.	**$13.33**

ITEM	PRICE
1/2 Sandwich and Soup Create your perfect pair. Choose a half sandwich and a cup of soup.	**$13.33**
1/2 Salad and Soup Create your perfect pair. Choose a half salad and a cup of soup.	**$13.33**

Share

ITEM	PRICE
Million Dollar Bacon (Share) Four slices of our signature hardwood smoked bacon glazed with brown sugar, black pepper, cayenne and a drizzle of syrup...	**$7.30**
Blueberry Lemon Cornbread (Share) Freshly baked cornbread with sweet blueberries. Topped with house-whipped lemon butter and lightly dusted with powdered...	**$7.53**
Holey Donuts Cinnamon sugar-dusted cake donut holes with chocolate sauce and warm mixed berry compote for dipping.	**$7.30**

Frittatas

ITEM	PRICE
Frittata Rustica Un généreux soufflé aux œufs à l'italienne, agrémenté de chou kale, de champignons Crimini rôtis maison, d'oignons et de...	**$16.00**
Smoked Salmon and Roasted Vegetable Frittata A classic, Italian-style cage-free egg omelet with Wild Alaska Smoked Sockeye Salmon,* house-roasted onions and tomatoes...	**$17.16**

Omelets

ITEM	PRICE
Bacado Omelet Omelette savoureuse, garnie de bacon croustillant, d'avocat crémeux et de Monterey Jack fondant. Couronnée d'une touche...	**$16.81**
Chile Chorizo Omelet Chorizo, avocado, green chiles, house-roasted onions, Cheddar and Monterey Jack. Topped with all-natural sour cream and...	**$16.00**
The Works Omelet Œufs garnis de jambon, bacon, saucisse, champignons crimini rôtis maison, oignons et tomates, le tout nappé d'un mélange...	**$16.81**

Salads

ITEM	PRICE
Kale and Berry Salad Vitamin-rich kale and organic mixed greens with all-natural chicken breast, shredded carrots, fresh strawberries and blu...	**$15.07**
Cobb Salad Organic mixed greens, romaine, bacon, turkey breast, a hard-boiled cage-free egg, diced tomatoes, avocado, Cheddar and M...	**$15.07**
Sweet Honey Pecan Salad Organic mixed greens, romaine, all-natural chicken breast, bacon, toasted pecans, avocado, tomatoes and carrots with Che...	**$15.07**
Chicken Avocado Chop Salad Un mélange frais de romaine croquante et de roquette, agrémenté de morceaux de poulet naturel, d'avocat crémeux, de toma...	**$15.07**

Bowls

ITEM	PRICE

Power Breakfast Bowl **$15.07**
Protein-packed quinoa, Italian sausage, house-roasted crimini mushrooms and tomatoes, kale, Parmesan, lemon white balsam...

Pesto Chicken Power Bowl **$15.07**
Protein-packed quinoa, kale, shredded carrots and house-roasted tomatoes topped with all-natural chicken breast, basil p...

Barbacoa Chilaquiles Breakfast Bowl **$17.39**
Seasoned braised beef barbacoa tossed with Cheddar and Monterey Jack, ranchero sauce, crispy corn tortilla chips, fresh...

The Sweet Side

ITEM	PRICE
Multigrain Pancake Généreuses et moelleuses, nos crêpes multigrains se déclinent selon vos envies : nature, parsemées de bleuets, garnies d...	**$9.85**
Two Multigrain Pancakes We've gotta warn you: These beauties are beyond big – they're humongous! Choose your stackage accordingly.	**$12.17**
Lemon Ricotta Pancakes We add fresh, whipped ricotta cheese to our multigrain batter. Served as a "mid-stack" of two pancakes topped with seaso...	**$15.65**
Belgian Waffle Une gaufre légère et moelleuse accompagnée de compote de baies mélangées tiède et saupoudrée de sucre à la cannelle en p...	**$13.33**
Strawberry Tres Leches French Toast (The Sweet Side) Thick-cut, custard-dipped, griddled challah bread, fresh glazed strawberries, warm dulce de leche, whipped cream and spi...	**$16.81**
Floridian French Toast Thick-cut brioche bread covered with fresh banana, kiwi, and seasonal berries then lightly dusted with powdered cinnamon...	**$16.58**
French Toast Pain brioché épais plongé dans un mélange de crème, servi avec du beurre fouetté, une pincée de sucre à la cannelle et u...	**$14.26**

The Hits

ITEM	PRICE
Chickichanga Une tortilla de farine enroule tendrement des œufs battus avec du poulet naturel épicé, du chorizo, des piments verts, d...	**$16.81**
Barbacoa Breakfast Tacos Three wheat-corn tortillas with seasoned braised beef barbacoa, scrambled cage-free eggs, melted Cheddar and Monterey Ja...	**$17.16**
Elevated Egg Sandwich Bacon, an over-easy cage-free egg, Gruyère cheese, fresh smashed avocado, mayo and lemon-dressed arugula on a brioche bu...	**$16.23**

The Classics

ITEM	PRICE
The Traditional Two cage-free eggs any style with your choice of bacon, smoked ham, chicken apple sausage patties, turkey or pork sausag...	**$16.58**
Tri-Fecta Two cage-free eggs any style with either a light and airy Belgian waffle or a multigrain pancake. Plus your choice of ba...	**$16.81**
Biscuits and Turkey Sausage Gravy with Eggs One large house-baked buttermilk biscuit split in two with homestyle turkey sausage gravy, two cage-free eggs any style...	**$15.65**

Seasonal Menu

ITEM	PRICE
The B.E.C Bacon. Egg. Cheddar. Our twist on a traditional breakfast sandwich — hardwood-smoked bacon, folded cage-free eggs, aged...	**$17.39**

ITEM	PRICE
Chimichurri Steak and Eggs Hash Seared steak, fresh spinach, Cheddar and Monterey Jack, diced red bell peppers and house-roasted onions in a potato hash...	**$18.32**
Strawberry Tres Leches French Toast Thick-cut, custard-dipped, griddled challah bread, macerated strawberries, warm dulce de leche, whipped cream and spiced...	**$16.81**
Pineapple Express Pineapple, orange, coconut water, lime and agave with a mint crystal rim.	**$6.72**
Blueberry Lemon Cornbread Freshly baked cornbread with sweet blueberries. Topped with house-whipped lemon butter and lightly dusted with powdered...	**$7.53**
Million Dollar Bacon Four slices of our signature hardwood smoked bacon glazed with brown sugar, black pepper, cayenne and a drizzle of syrup...	**$7.30**

The Healthier Side

ITEM	PRICE
Healthy Turkey Omelet Turkey, house-roasted onions, tomatoes, spinach and Feta cheese in a cage-free egg white omelet. Served with sliced toma...	**$16.23**
Avocado Toast Pain artisanal aux grains entiers garni d'une purée d'avocat fraîche, rehaussée d'une touche d'huile d'olive extra vierg...	**$16.23**
Sunrise Granola Bowl Non-fat vanilla Greek yogurt layered with fresh, seasonal fruit and our housemade granola with almonds. Served with a fr...	**$13.68**
AM Superfoods Bowl Un pudding de chia au lait de coco accompagné de bananes fraîches, de baies et d'un compote de fruits rouges. Agrémenté...	**$16.23**
Power Wrap Egg whites, turkey, spinach, house-roasted crimini mushrooms and Mozzarella in a sun-dried tomato-basil tortilla. Served...	**$13.91**
Tri-Athlete Omelette aux blancs d'œufs garnie de champignons Crimini rôtis maison, oignons, tomates et piments verts. Accompagnée de...	**$16.23**

Sides

ITEM	PRICE
Million Dollar Bacon (Sides) Four slices of our signature hardwood-smoked bacon baked with brown sugar, black pepper, cayenne and a drizzle of syrup.	**$7.30**
Million Dollar Potatoes Million Dollar Bacon, Parmesan cream sauce and fresh herbs.	**$6.83**
Side Two Eggs Add a side of cage-free eggs, any style.	**$5.79**
Side One Egg Add a cage-free egg, any style.	**$3.47**
Fresh, Seasoned Potatoes	**$4.40**
Fresh, Seasonal Fruit	**$5.56**
Bob's Red Mill Buttered Grits Side of Bob's Red Mill buttered grits.	**$4.40**
Bob's Red Mill Cheesy Grits Side of Bob's Red Mill cheesy grits.	**$4.40**
Biscuits and Gravy One large buttermilk biscuit topped with our turkey sausage gravy.	**$7.30**

ITEM	PRICE
Hardwood Smoked Bacon Bacon épais, fumé de manière naturelle, et préparé avec une cure classique.	**$6.72**
Pork Sausage	**$5.79**
Smoked Ham	**$5.79**
Chicken Apple Sausage Patty	**$5.79**
Turkey Sausage Quatre saucisses maigres de dinde, sans antibiotiques.	**$5.79**
Side Toast	**$3.00**
English Muffin	**$3.00**
Gluten-Free Toast	**$3.00**
Freshly Baked Muffin of the Day	**$4.40**
Lemon-Dressed Organic Mixed Greens	**$4.40**
Bowl of Tomato Basil Soup	**$6.95**
Grab N Go GF Marshmallow Treat	**$3.47**
Grab N Go GF Brownie	**$3.47**
Grab N Go Salted Caramel Cookie	**$3.47**

Sandwiches

ITEM	PRICE
Monterey Club Turkey, bacon, avocado, organic mixed greens, tomato, Monterey Jack and mayo on sourdough.	**$16.00**
Market Veggie House-roasted Crimini mushrooms, onions and spinach with basil pesto, mayo and Mozzarella on our grilled artisan whole g...	**$15.07**
Roast Beef and Havarti Roast beef, Horseradish Havarti cheese, house-roasted onions and tomato with lemon-dressed arugula on grilled Parmesan-c...	**$17.39**
Ham and Gruyere Melt Smoked ham, tomato and melted Gruyère cheese with Dijonnaise on grilled artisan challah.	**$16.23**
BLTE The classic BLT plus two over-hard cage-free eggs, Monterey Jack and mayo on our artisan whole grain.	**$15.07**
Veggie Burger Un pâté savoureux et naturel, composé de riz brun, de poivrons Peppadew, d'oignons, de carottes et de champignons. Prése...	**$15.07**
Baja Turkey Burger A lean white-meat turkey patty with avocado, organic mixed greens, housemade pico de gallo, mayo and Horseradish Havarti...	**$15.07**