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Fresh & Co

Menu Prices — October 24, 2026

Fresh & Co menu with prices in United States, updated April 2025: 190 items across 15 categories, prices from $1.59 to $428.79.

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Fresh & Co Menu with Prices (United States)

Fresh & Co menu with prices in United States, updated April 2025: 190 items across 15 categories, prices from $1.59 to $428.79. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/fresh-co

Menu categories: Most Ordered · Breakfast Sandwiches + Wraps · Breakfast Platters + Bakery · Gluten-Free Menu · Grain Bowls · Salads · Protein Sides · Sandwiches · Juice & Smoothie · Soup & Side Salads · Snacks · Drinks · Coffee Bar · Catering Express: Breakfast · Catering Express: Lunch&Dinner

Most Ordered

ITEM	PRICE
Create Your Own Grain Bowl Select a base with 4 complimentary toppings.	**$12.89**
Create Your Own Salad Select a base with 4 complimentary toppings.	**$12.89**
Soup	**$5.59**
Shanghai Chicken Salad(GF)(N)(DF) Roasted chicken, edamame, scallions, almonds, cilantro, red cabbage, carrots, romaine perfectly paired with miso sesame...	**$17.09**
Chicken Fresco Roasted chicken, avocado, queso fresco, roasted red peppers & tomatillo salsa on ciabatta bread. 623 cal, 50g carbs,...	**$13.79**
Chips	**$3.69**
Mexican Caesar Salad(F) Avocado, pico de gallo, cotija cheese, fiery pickled sweet peppers, crushed pita chips, and romaine. Perfectly paired wi...	**$14.69**
Cali Cobb Salad(GF) Roasted turkey, crispy bacon, mushrooms, crumbled blue cheese, grape tomatoes, cucumbers, baby spinach, and romaine. Per...	**$17.09**
South by Southwest(VG)(GF) avocado, corn, cotija cheese, kidney beans, pico de gallo, and romaine. Perfectly paired with chipotle-lime vinaigrette...	**$14.69**
South Beach Craisins, walnuts, green apples, blue cheese, local mesclun, romaine, perfectly paired with balsamic vinaigrette. 2...	**$14.69**

Breakfast Sandwiches + Wraps

ITEM	PRICE
Florentine(VG) egg whites, baby spinach, swiss cheese on a whole wheat wrap. 502 cal, 37g protein	**$12.19**
AM Energy egg whites, roasted chicken, spinach, mozzarella on a whole wheat wrap. 472 cal, 38g protein	**$12.19**
El Greco(VG) egg whites, feta, grape tomato, onions on a whole wheat wrap. 405 cal, 24g protein	**$12.19**
Everything Bagel Spice Avocado Toast Avocado, hard-boiled egg, everything bagel spice, on sourdough bread 470 cal, 16g protein	**$14.09**
Power BLT 2 eggs, crispy bacon, arugula, mashed avocado, sun dried tomato, sun-dried pesto on a brioche. 38g protein, 727 cal	**$12.59**
Vegetarian Breakfast Burrito Scrambled eggs, avocado, refried beans, grapefruit pickled onions, queso fresco, crema & salsa on a wrap. 472 cal, 25...	**$12.19**
Sausage, Egg + Cheddar on Brioche Scrambled eggs, sausage patty, sharp white cheddar on a buttery brioche. 32g protein, 575 cal	**$12.19**

ITEM	PRICE
Ham + Egg Croissant Country ham, scrambled eggs, on a flaky croissant 28g protein, 465 cal	**$12.19**
Ham and Swiss Croissant Croissant with country ham, Swiss cheese, and Dijon. 465cal, 28g protein	**$13.49**
Chorizo Breakfast Burrito Crumbled chorizo, scrambled eggs, hashbrown, pepper jack & salsa on a wrap. 925cal, 63g protein	**$12.59**
Classic Avocado Toast(V)(VG) Olive oil, chili flakes, sea salt, on sourdough bread. 399 cal, 12g protein	**$13.49**
Bacon + Egg Croissant Crispy bacon, scrambed eggs, on a flaky croissant 28g protein, 487 cal	**$12.19**
Avocado BLT Avocado, crispy bacon, grape tomatoes, mayo, mesclun mix on mutligrain bread. 485 cal, 16g protein, 42g carb	**$13.49**
Bagel	**$2.79**
Egg Sandwiches 2 eggs on your choice of roll, bagel, wrap, or toast. 290 cal, 17g protein, 31g carb	**$6.19**
Beyond Sausage, Egg and Cheese(VG) Beyond® Sausage, 2 egg and cheese on an english muffin. 517cal, 35g protein	**$12.59**

Breakfast Platters + Bakery

ITEM	PRICE
Huevos Rancheros 2 eggs, quinoa, kidney beans, braised kale, cilantro, jack & cheddar, red onions, avocado, tortilla chips with chipotle-...	**$12.89**
Keto Energy 2 eggs, zucchini noodles, avocado, crispy bacon and cheddar cheese. 525 cal, 42g protein	**$13.49**
Brioche French Toast Served with syrup. 438cal, 10g protein	**$14.69**
Oatmeal (with milk) Pick two complimentary toppings: 142 cal, 67g protein	**$5.59**
Aegean 2 eggs, quinoa, braised kale, feta, grape tomatoes, kalamata olives with Greek yogurt. 307cal, 22g protein	**$12.89**
Oatmeal (with water) Pick two complimentary toppings: 90cal, 42g protein	**$5.59**
Butter Croissant flakey, buttery croissant	**$6.09**
Buttermilk Pancakes Served with syrup. 331cal, 12g protein	**$13.49**
Beyond Breakfast Bowl Beyond® Sausage, 2 Eggs, avocado, braised kale, organic quinoa served with our house-made hot sauce. 383cal, 26g prot...	**$14.69**
Blueberry Muffin	**$6.09**
Create Your Own Omelette 3 fillings with sweet potato hash and toast. 204cal, 13g protein	**$13.49**
2 Eggs Any Style Served with toast and mixed greens or sweet potato hash.	**$12.19**

Gluten-Free Menu

ITEM	PRICE
South Beach (Gluten-Free Menu) Craisins, walnuts, green apples, blue cheese, local mesclun, romaine, perfectly paired with balsamic vinaigrette. 2...	**$14.69**
Gluten Free Turkey Avocado (GF) Roasted Turkey, avocado, pepper jack cheese, arugula, tomato, chipotle spread on gluten-free sliced bread 507 cal, 2...	**$14.69**
Santa Fe Salad Avocado, corn, local jack & cheddar, grape tomatoes, onions, tortilla chips, local kale, romaine, perfectly paired with...	**$13.79**
South by Southwest Romaine, corn, avocado, cotija cheese, kidney beans, Pico de Gallo with chipotle-lime vinaigrette. 408 cal, 48g carbs...	**$14.69**
Turkey Chili Bowl Turkey chili, kale, kidney beans, jack & cheddar, Pico de Gallo, avocado with small batch hot sauce and Greek yogurt....	**$17.09**
Shrimp Taco Salad Chipotle-marinated shrimp, radish, corn, pico de gallo, tortilla chips, with a coconut-lime vinaigrette. 165 cal,...	**$19.59**
Tex-Mex Kale, avocado, local jack & cheddar, Pico de Gallo, kidney beans with chipotle-lime vinaigrette. 409 cal, 45g carbs...	**$14.69**
Shanghai Chicken Salad Roasted chicken, edamame, scallions, almonds, cilantro, red cabbage, romaine perfectly paired with miso sesame vinaigret...	**$17.09**
Cali Cobb Salad Roasted turkey, crispy bacon, mushrooms, crumbled blue cheese, grape tomatoes, cucumbers, baby spinach, romaine, perfect...	**$17.09**
Kale Lemon Chickpea Chick Pea side salad with lemon zest, scallions, and onions	**$6.79**
Greek Yogi Blueberries, chia seeds, walnuts, light agave.	**$7.69**
Classic Rice Pudding Milk, Carolina rice, cinnamon, raisins.	**$7.29**
Chocolate Chia Seed Pudding Coconut milk, agave, cocoa powder, chia, semisweet chocolate, 72% espresso, toasted coconut flakes.	**$5.59**
Banana	**$1.59**
Beyond Breakfast Bowl (Gluten-Free Menu) Beyond® Sausage, 2 Eggs, Avocado, Braised Kale, Organic Quinoa served with our House-made hot sauce 26g protein, 383 c...	**$14.69**
Create Your Own Omelette (Gluten-Free Menu) 3 fillings with sweet potato hash and toast.	**$13.49**
2 Eggs Any Style (Gluten-Free Menu) Served with toast and mixed greens or sweet potato hash.	**$12.19**
Falafel Salad Falafel, scallions, grape tomatoes, cucumbers, carrots, chickpeas, local kale, romaine, perfectly paired with lemon tahi...	**$17.09**
Turkey Cranberry Side Salad Roasted turkey, celery, mayonnaise, dried cranberries, almonds, dill, miso sesame dressing, salt, pepper.	**$8.29**
Avocado Chicken Side Salad Roasted chicken, celery, Pico de Gallo, avocado dressing, Greek yogurt, salt, pepper.	**$8.29**
Chicken Mango Side Salad Roasted chicken breast, mango, mayonnaise, celery, scallions, jalapeño, sriracha, agave, cilantro, spices, coconut, rais...	**$8.29**
Vanilla Chia Seed Pudding Milk, heavy cream, blueberries, agave, chia, vanilla.	**$5.59**

ITEM	PRICE
Mixed Fruit Salad Sliced seasonal fruit.	**$6.79**
Mediterranean Kale, kalamata olives, marinated roasted peppers, chickpeas, green apples, feta with Greek yogurt. 280 cal, 41g car...	**$14.09**
Aegean (Gluten-Free Menu) 2 eggs, quinoa, braised kale, feta, tomatoes, kalamata olives with Greek yogurt.	**$12.89**
Albacore Tuna Salad Albacore, mayo made with 0% Greek yogurt, lemon wedge.	**$7.99**
Power Snack Egg and Spinach Cage-free eggs, spinach, pepper.	**$4.29**
Apple	**$6.49**
Keto Energy (Gluten-Free Menu) 2 eggs, zucchini noodles, avocado, smoked bacon and cheddar cheese.	**$13.49**
Huevos Rancheros (Gluten-Free Menu) 2 eggs, quinoa, red beans, braised kale, cilantro, jack & cheddar, red onions, avocado, tortilla chips with chipotle aio...	**$12.89**

Grain Bowls

ITEM	PRICE
South by Southwest(VG)(GF) (Grain Bowls) avocado, corn, cotija cheese, kidney beans, pico de gallo, and romaine. Perfectly paired with chipotle-lime vinaigrette...	**$14.69**
Tex-Mex(VG)(GF) avocado, jack & cheddar, pico de gallo, kidney beans & kale. Perfectly paired with chipotle-lime vinaigrette. 460 cal...	**$14.69**
Turkey Chili Bowl(GF) Turkey chili, kidney beans, jack & cheddar, pico de gallo, avocado, greek yogurt & kale. Perfectly paired house-made hot...	**$17.09**
Mediterranean(VG)(GF) kalamata olives, marinated roasted peppers, chickpeas, green apples, feta cheese, kale with Greek yogurt. 332 cal, 1...	**$14.09**
Falafel Bowl(VG) Falafel, grapefruit pickled onions, cucumbers, grape tomatoes, crushed pita chips, greek yogurt & kale. Perfectly paired...	**$17.09**
Create Your Own Grain Bowl (Grain Bowls) Select a base with 4 complimentary toppings.	**$12.89**
Sriracha Bliss Bowl (GF)(VG)(DF) Choice of grain, arugula, herb-roasted asparagus, coriander-spiced sweet potatoes, pickled red cabbage, baba-ghanoush, t...	**$15.89**

Salads

ITEM	PRICE
Shanghai Chicken Salad(GF)(N)(DF) (Salads) Roasted chicken, edamame, scallions, almonds, cilantro, red cabbage, carrots, romaine perfectly paired with miso sesame...	**$17.09**
South Beach(GF)(VG)(N) Craisins, walnuts, green apples, blue cheese, local mesclun and romaine. Perfectly paired with balsamic vinaigrette. (co...	**$14.69**
Mexican Caesar Salad(F) (Salads) Avocado, pico de gallo, cotija cheese, fiery pickled sweet peppers, crushed pita chips, and romaine. Perfectly paired wi...	**$14.69**
Santa Fe Salad(GF)(VG) Avocado, corn, jack & cheddar, grape tomatoes, onions, tortilla chips, kale, romaine- perfectly paired with chipotle lim...	**$13.79**
Shrimp Taco Salad(GF)(F)(DF) Chipotle-marinated shrimp, radish, corn, pico de gallo, tortilla chips, with a coconut-lime vinaigrette. 180 cal, 22g...	**$19.59**

ITEM	PRICE
Cali Cobb Salad(GF) (Salads) Roasted turkey, crispy bacon, mushrooms, crumbled blue cheese, grape tomatoes, cucumbers, baby spinach, and romaine. Per...	**$17.09**
Falafel Salad(GF)(VG)(VGN)(DF) Falafel, scallions, grape tomatoes, cucumbers, carrots, chickpeas, local kale, romaine, perfectly paired with lemon tahi...	**$17.09**
Kale Caesar(F) Grape tomatoes, croutons, grated Parmigiano, local kale, romaine, perfectly paired with creamy Caesar with a fresh lemon...	**$13.49**
Create Your Own Salad (Salads) Select a base with 4 complimentary toppings.	**$12.89**
Golden Harvest Salad (GF) Mixed greens, baby kale, roasted tomatoes, spiced bacon, avocado, shaved parmesan, cucumber- perfectly paired with green...	**$14.69**

Protein Sides

ITEM	PRICE
Garlic Sticky Chicken DF	**$8.59**
Crispy Chicken (3-4pc) Crispy chicken, with a choice of 2 vegetable sides, and a base	**$8.59**
Chipotle Shrimp GF, DF, F	**$9.89**
Crispy Falafel (4 pc) VG, GF, DF, V	**$8.59**
Roasted Turkey DF,GF	**$8.59**
Roasted Tofu VG, GF, DF	**$8.59**
Roasted Salmon Herb-roasted salmon market plate, with a choice of 2 vegetable sides, and a base	**$9.89**
Grilled Steak GF, DF	**$9.89**

Sandwiches

ITEM	PRICE
Chicken Fresco (Sandwiches) Roasted chicken, avocado, queso fresco, roasted red peppers & tomatillo salsa on ciabatta bread. 623 cal, 50g carbs,...	**$13.79**
Tomato Mozzarella Pesto(VG) Sliced tomatoes, fresh mozzarella, house-made pesto sauce, on a ciabatta. 583 cal, 25g protein, 33g carbs	**$13.49**
Gluten Free Turkey Avocado (GF) (Sandwiches) Roasted Turkey, avocado, pepper jack cheese, arugula, tomato, chipotle spread on gluten-free bread. 29g protein, 507...	**$14.69**
Buffalo Chicken Roasted chicken, crispy romaine, crumbled blue cheese, scallions & buffalo sauce on a whole wheat wrap 603 cal, 42g c...	**$13.79**
Classic Tuna Salad Sandwich(F)(DF) Albacore tuna salad, mesclun mix, tomato on pumpernickel bread. 481 cal, 24g protein, 40g carb	**$13.49**
Falafel Wrap(VG)(VGN) Falafel, avocado, pickled onions, pickled peppers, tomatoes, arugula, hummus & lemon-tahini dressing on a whole wheat wr...	**$13.79**
Everything Bagel Spice Avocado Toast(VG) Avocado, hard-boiled egg, and everything spice. 355 cal, 32g carbs, 12g protein	**$14.09**

ITEM	PRICE
Roasted Turkey and Cheddar Roasted turkey, cheddar, avocado, tomatoes, chipotle spread on ciabatta. 631 cal, 30g carbs, 36g protein	**$13.79**
Avocado Toast(VG)(VGN) Olive oil, chili flakes, sea salt. 284 cal, 30g carbs, 7g protein	**$13.49**
Ham and Swiss Croissant (Sandwiches) Croissant with country ham, Swiss cheese, and Dijon. 524 cal, 18g carbs, 27g protein	**$13.79**
Crispy Chicken and Mozzarella Crispy chicken, mozzarella, artichokes, tomatoes, arugula & sun-dried tomato pesto on semolina bread. 688 cal, 70g ca...	**$13.79**
Bistro Steak grilled steak, Swiss cheese, arugula, caramelized onions, and roasted garlic aioli on a toasted baguette 31g protein...	**$19.59**
Green Goddess Wrap Herb-roasted chicken, spiced bacon, baby kale, cucumbers, avocado, parmesan, scallions, and green goddess dressing on a...	**$15.89**

Juice & Smoothie

ITEM	PRICE
SuperGreen(N) Kale, Spinach, Avocado, Almond Butter, strawberry, dates, choice of milk. 32g protein, 450 cal	**$13.49**
PB Mood Booster(N) Banana, Peanut Butter, almond milk, Cacao Nibs, chocolate protein powder 30g protein, 305cal, 23g carb	**$13.49**
Berrylicious(N) Healthy Seed Mix, Blueberry, Strawberry, Raspberry, Banana, and choice of milk. Vanilla protein recommended. 29g p...	**$13.49**
Cocacado Coconut yogurt, avocado, banana, lime, coconut flake 6g Protein, 260 cal	**$13.49**

Soup & Side Salads

ITEM	PRICE
Mixed Fruit Salad (Soup & Side Salads) Sliced seasonal fruit.	**$6.79**
Premium Soup	**$6.19**
Turkey Cranberry Side Salad (Soup & Side Salads) Roasted turkey, celery, mayonnaise, dried cranberries, almonds, dill, miso sesame dressing, salt, pepper.	**$8.29**
Power Snack Egg and Spinach (Soup & Side Salads) Cage-free eggs, spinach, pepper.	**$4.29**
Avocado Chicken Side Salad (Soup & Side Salads) Roasted chicken, celery, Pico de Gallo, avocado dressing, Greek yogurt, salt, pepper.	**$8.29**
Albacore Tuna Salad (Soup & Side Salads) Albacore, mayo made with 0% Greek yogurt, lemon wedge.	**$7.99**
Soup (Soup & Side Salads)	**$5.59**
Half Sandwich and Soup Combo Broccoli & cheddar, turkey chili, chicken fiesta. Available in regular or large size.	**$15.39**

Snacks

ITEM	PRICE
Chips (Snacks)	**$3.69**

ITEM	PRICE
Peanut Butter Coconut Yogurt Coconut yogurt, bananas, granola, flax seeds & peanut butter	**$5.59**
Berry Classic Strawberry, granola, honey.	**$7.69**
Bircher Muesli Granola, honey, apples, almonds, dried cranberries, pomegranate.	**$7.69**
Classic Rice Pudding (Snacks) Milk, Carolina rice, cinnamon, raisins.	**$7.29**
Apple (Snacks)	**$1.59**
Banana (Snacks)	**$1.59**
Summer Berry Coconut Yogurt Coconut yogurt, blueberries, strawberries & healthy seed mix	**$5.59**
24-Hr Oatmeal	**$7.29**
Greek Yogi (Snacks) Blueberries, chia seeds, walnuts, light agave.	**$7.69**
Power Snack Egg and Spinach (Snacks) Cage-free eggs, spinach, pepper.	**$4.29**
Chocolate Chia Seed Pudding (Snacks) Coconut milk, agave, cocoa powder, chia, semisweet chocolate, 72% espresso, toasted coconut flakes.	**$5.59**
Vanilla Chia Seed Pudding (Snacks) Milk, heavy cream, blueberries, agave, chia, vanilla.	**$5.59**

Drinks

ITEM	PRICE
Oh My Green Apple, romaine, celery, cucumber, spinach, kale, parsley, ginger, lemon. 100 cal.	**$10.99**
Carrot Kickstart Carrot, apple, lemon, ginger, turmeric. 150 cal.	**$10.99**
Diet Coke A crisp, refreshing taste you know and love with zero calories.	**$2.79**
Cold-Pressed Orange Juice	**$8.59**
Sweet Lemonade	**$4.29**
Coca Cola The cold, refreshing, sparkling classic that america loves.	**$2.79**
Sprite The cold, refreshing flavors of lemon and lime, perfectly blended.	**$2.79**
Coke Zero The same great taste but with zero calories.	**$2.79**
Seltzer	**$3.69**
Sweet Green Tea	**$4.29**
Sprite Zero The same iconic great taste with zero sugar.	**$2.79**
Poppi Strawberry Lemon Prebiotic Soda	**$6.19**

ITEM	PRICE
Poppi Ginger Lime Prebiotic Soda	**$6.19**

Coffee Bar

ITEM	PRICE
Iced La Colombe Latte	**$5.39**
La Colombe Cold Brew Coffee	**$5.69**
La Colombe Cappuccino	**$6.09**
La Colombe Latte	**$6.09**
Iced La Colombe Coffee	**$4.89**
Iced Tea	**$4.89**
La Colombe Espresso Double Shot	**$4.29**
Iced La Colombe Cappuccino	**$5.39**
Hot Chocolate	**$4.29**
La Colombe Espresso Single Shot	**$3.69**
Hot La Colombe Coffee	**$4.29**
Hot Leaf Tea	**$4.29**

Catering Express: Breakfast

ITEM	PRICE
Keto Energy (Catering Express: Breakfast) available until 11am daily *catering orders require 60 minute prep time. please select the correct time in order f...	**$153.19**
Huevos Rancheros (Catering Express: Breakfast) available until 11am daily *catering orders require 60 minute prep time. please select the correct time in order for t...	**$153.19**
Aegean (Catering Express: Breakfast) available until 11am daily *catering orders require 60 minute prep time. please select the correct time in order for t...	**$153.19**
Beyond Sausage available until 11am daily *catering orders require 60 minute prep time. please select the correct time in order for t...	**$165.39**
Bakery Basket Assortment of Baked Goods. Serves 8-10 available until 11am daily *catering orders require 60 minute prep time. p...	**$116.39**
Oatmeal with Milk Served with mixed berries, brown sugar, honey, walnuts, raisins, and granola. Serves 8-10 *catering orders require...	**$91.89**
Oatmeal with Water Served with mixed berries, brown sugar, honey, walnuts, raisins, and granola. Serves 8-10 *catering orders require...	**$91.89**
Assorted Avocado Toast An assortment of: Classic, everything bagel spice, Smoked Salmon, Pico de Gallo. Serves 8-10 *catering orders requi...	**$165.39**
Box of Joe 96 ounce caddy. serves 8-10 people *catering orders require 60 minute prep time. please select the correct time in ord...	**$36.69**
Classic Sandwiches A mix of your classic favorites; Egg & Cheese, Bacon egg and cheese, sausage egg and cheese. Serves 8-10. *catering...	**$122.49**
Breakfast Wraps An assortment of breakfast wraps. AM Energy, El Greco, Florentine, class bacon egg and cheese wrap. Serves 8-10 *ca...	**$122.49**

Catering Express: Lunch&Dinner

ITEM	PRICE
Panini Package #1 Assortment of your favorite panini classics! Serves 8-10 *catering orders require 60 minute prep time. please selec...	**$171.59**
Sandwich Package # 3 Assortment of your favorite healthy sandwiches, served with a fruit salad platter and a dessert platter. Serves 8-10...	**$238.89**
Panini Package #2 Assortment of your favorite panini classics, and a fruit salad platter. Serves 8-10 *catering orders require 60 mi...	**$196.09**
Panini Package #3 Assortment of your favorite paninis, a fruit salad platter, and a dessert platter Serves 8-10 *catering orders req...	**$251.19**
All-in Spread for 10 Assortment of your favorite paninis and healthy sandwiches, Caesar Salad entree salad, a fruit salad platter, and a dess...	**$428.79**
Tex-Mex Bowl Quinoa, Kale, avocado, jack & cheddar, pico de gallo, kidney beans- served with chipotle lime vinaigrette. Serves 8-10...	**$165.39**
Mediterranean Bowl- catering Quinoa, kale, kalamata olives, marinated roasted peppers, chickpeas, green apples, feta, and greek yogurt. serves 8-10...	**$165.39**
South by Southwest Bowl- catering Quinoa, romaine, corn, avocado, cotija cheese, kidney beans, pico de gallo- served with chipotle lime vinaigrette. Ser...	**$165.39**
Chicken Shawarma Bowl- catering Quinoa, blackened chicken thigh, hummus, baba ghanoush, greek yogurt, pickles, israeli salad- served with lemon tahini d...	**$189.89**
Baked Falafel Grain Bowl- catering Quinoa, Kale, Falafel, grapefruit pickled onions, cucumbers, grape tomatoes, greek yogurt, crushed pita chips- served wi...	**$189.89**
Turkey Chilli Bowl- catering Wild Rice, kale, kidney beans, jack & cheddar, pico de gallo, avocado, turkey chilli, small batch hot sauce, and greek y...	**$189.89**
Santa Fe Salad- catering Kale & Romaine, avocado, corn, jack & cheddar, grape tomatoes, onions, tortilla chips- perfectly paired with a fresh lim...	**$165.39**
Kale Caesar Salad- catering Kale, Romaine, grape tomatoes, grated parmigiano cheese, crunchy croutons, fresh lemon squeeze- perfectly paired with Cr...	**$140.89**
Mexican Caesar Salad- catering Romaine lettuce, avocado, pico de gallo, cotija cheese, fiery pickled sweet peppers, crushed pita chips- perfectly paire...	**$165.39**
South Beach Salad- catering Romaine and Mesclun blend, craisins, walnuts, green apples, blue cheese- perfectly paired with Balsamic Vinaigrette. Se...	**$171.59**
Falafel Salad- catering Romaine and Kale blend, crispy falafel, scallions, grape tomatoes, cucumbers, carrots, chickpeas, splash of hot sauce- p...	**$183.79**
Cali Cobb Salad- catering Spinach and Romaine blend, roasted turkey, crispy bacon, mushrooms, crumbled blue cheese, grape tomatoes, cucumbers- Per...	**$183.79**
Shanghai Chicken Salad- catering Cabbage and Romaine blend, roasted chicken, edamame, scallions, crushed almonds, cilantro- Perfectly paired with Miso Sz...	**$183.79**
Fruit Salad Platter Fresh fruit salad served in a bowl *catering orders require 60 minute prep time. please select the correct time in orde...	**$116.39**
Assorted Sweet Tray a mix of your favorite brownies, bites, and cookies. *catering orders require 60 minute prep time. please select the...	**$116.39**
Market Table Spread- catering Feeds up to 10 people *catering orders require 60 minute prep time. please select the correct time in order for the...	**$214.39**
Sandwich Package #1 Assortment of your favorite healthy sandwiches. Serves 8-10 *catering orders require 60 minute prep time. please s...	**$159.29**

ITEM	PRICE
Sandwich Package #2 Assortment of your favorite healthy sandwiches, and a fruit salad platter. Serves 8-10 *catering orders require 60...	**$189.89**