



Fresh Healthy Cafe

Menu Prices — October 25, 2026

Fresh Healthy Cafe menu with prices in United States, updated March 2025:
22 items across 6 categories, prices from \$6.49 to \$8.79.

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Fresh Healthy Cafe Menu with Prices (United States)

Fresh Healthy Cafe menu with prices in United States, updated March 2025: 22 items across 6 categories, prices from \$6.49 to \$8.79. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/fresh-healthy-cafe

Menu categories: Wraps · Power Bowls · Salads · Squeezes · Panini · Protein Bowl

Wraps

ITEM	PRICE
Southwest Fiesta Warm and hearty with loads of veggies, the Southwestern Fiesta has the perfect balance of flavor and spice – delicious!...	\$7.79
Turkey Bacon Avocado Crunchy, creamy and savory – sounds too good to be true? Turkey is as nutritious as it is satisfying! Our TBA is loaded...	\$7.79
Asian Chicken Take a journey to the East with lip-smacking Asian inspired flavors. White chicken breasts layered with crispy veggies,...	\$7.79
Chicken Caesar Creamy and crunchy – it is absolutely irresistible! Natural white chicken breast wrapped with crispy romaine, croutons,...	\$7.79
Kale Vegetarian On a rainbow diet? This is a vegan’s dream wrap – fresh leafy kale, earthy beets, creamy hummus, crunchy cucumbers, zest...	\$7.79

Power Bowls

ITEM	PRICE
Acai Bowl We blend organic acai with strawberries and banana, sprinkle granola and blueberries to make the best Acai Bowl on this...	\$7.79
Pitaya Bowl Unleash your inner “Dragon” with this hot pink antioxidant bowl made with the Pitaya fruit (also known as Dragon Fruit)!...	\$7.79
PB2 Bowl Peanut butter and banana are a creamy twosome match made in heaven! This nutty bowl is topped with bananas, strawberries...	\$7.79
Greek Yogurt Bowl Creamy, velvety smooth and low in fat, our Greek yogurt is jam packed with protein! (Greek yogurt topped with granola, f...	\$7.79

Salads

ITEM	PRICE
Sesame Take a journey to the East with lip-smacking Asian inspired flavors. Crispy romaine lettuce layered with refreshing mand...	\$6.79
Beach Salad Sunny rays and beach waves – why can’t it be summer all year long? Always loaded with fresh blueberries, avocado, hemp h...	\$6.79
Kale Caesar High in fiber and iron, this salad will leave you satisfied and energized! (Kale, romaine lettuce, parmesan, tomato, cro...	\$6.79
Mediterranean Salad A traditional Mediterranean salad with a sweet twist – baby spinach! Topped with crunchy peppers, tangy kalamata olives,...	\$6.79
Fresh Green This is the perfect salad when you’re craving something satisfying, delicious and veggie-packed. A little crunch can go...	\$6.79

Squeezes

ITEM	PRICE
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Create Your Own	\$6.49
Choose up to 4 between orange, apple, beets, carrot, lemon, ginger, spinach, or kale.	
Green Lemonade	\$6.49
Cold pressed spinach, lemon, cucumber, and apple juice	
Fountain of Youth	\$6.49
Cold pressed apple juice blended with strawberries and blueberries	
Beet Punch	\$6.49
Cold pressed beets, apples, carrots, lemon juice and fresh ginger	

Panini

ITEM	PRICE
Spicy Chicken	\$8.79
Turn up the heat with spicy chicken breast, melted cheese and crunchy veggies in a warm and crusty pressed sandwich. (Sp...	
Turkey Pesto	\$8.79
Fragrant and tangy, this hot-pressed panini hits every note! Crunchy on the outside, gooey and savory on the inside – de...	
Turkey Bacon Avocado Panini	\$8.79
Contains over 30 grams of protein and rich in naturally good fats, this simple and hearty panini is easily a crowd favor...	

Protein Bowl

ITEM	PRICE
Build your own Protein Bowl	\$7.79
Our quinoa based Protein Bowls* will zap any sign of hunger and keep you full for longer. Select from an array of fresh,...	