



Fresh Kitchen

Menu Prices — October 17, 2026

Fresh Kitchen menu with prices in United States, updated March 2025: 26 items across 5 categories, prices from \$3.49 to \$146.09.

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Fresh Kitchen Menu with Prices (United States)

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Menu categories: Drinks · Desserts · Chef Bowls · Build Your Bowl · Family Style Meals

Drinks

ITEM	PRICE
Bottled Water	\$3.49
Spindrift Sparkling Water	\$3.49
Olipop	\$4.69
Le Beet Earthy flavors mixed with the perfect balance of sweet + sour. Cold pressed juice blend of apple, beet and lime.	\$9.99
Le Carrot A powerful Orange juice with a sweet and spicy kick. Cold pressed juice blend of orange, carrot and ginger.	\$9.99
Le Celery A refreshing green juice straight to the point of healthiness! Cold pressed juice blend of celery and lime.	\$9.99
Le Green A zesty, refreshing green juice with a tinge of sweetness. Cold pressed juice blend of Cucumber, kale, lime and ginger...	\$9.99
Immune Shot 2oz Pressed Juice - ginger, turmeric, orange, grapefruit, lemon, cayenne	\$4.99
Fresca Gallon	\$22.29
Tea Gallon	\$19.89
Sparkling Water	\$3.49
Pop + Bottle (Chai Almond Milk Latte)	\$5.89
Pop + Bottle (Matcha Almond Milk Latte)	\$5.89
Pop + Bottle (Cold Brew Oat Milk Latte)	\$4.99
Evian 1L Water	\$6.19
Slingshot Triple Espresso	\$4.99

Desserts

ITEM	PRICE
Really Good Cookies Three perfectly baked paleo chocolate chip cookies - DF/GF/SF/*contains nuts	\$5.59
Harvest Bars Walnuts, Sunflower Seeds, Pecans, Dates, GF Oats, Almond Flour, Cage Free Eggs, Maple Syrup, Sea Salt, Cinnamon, Olive O...	\$6.19

Chef Bowls

ITEM	PRICE
The FK Favs Coconut Ginger Rice, Sweet Potato Noodles, Maple Sweet Potatoes, Lemon Garlic Broccoli, Grilled BBQ Chicken, Almond Bake...	\$17.69

ITEM	PRICE
The Protein Brown Rice, Golden Spice Chickpeas, Basil Mushrooms, Grilled Rosemary Chicken, Grilled Herb Steak, Pico De Gallo, Coconu...	\$19.89
The Basic Cauli Potato Mash, Sweet Potato Noodles, Lemon Garlic Broccoli, Grilled Rosemary Chicken, Creamy White Ginger Sauce.	\$13.69
Build Your Bowl	
Six Bowl Pick 2 Bases, 2 Veggies, 2 Proteins, & 1 Sauce	\$17.69
Four Bowl Pick 2 Bases, 1 Veggie, 1 Protein, & 1 Sauce	\$13.99
Three Bowl Pick 1 Base, 1 Veggie, 1 Protein, & 1 Sauce	\$11.49
Family Style Meals	
Small (Feeds 4) Pick 1 Base, 2 Veggies, 1 Protein & 1 Sauce	\$79.29
Biggie (Feeds 8) Pick 1 Base, 2 Veggies, 1 Protein & 2 Sauces	\$146.09