



Frog Pond

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Eggs & Omelettes

ITEM	PRICE
Plain Omelette	\$8.30
Spanish Omelette Salsa, mushrooms, green peppers, onions, and tomatoes.	\$11.65
Cheese Omelette Choice of Swiss, cheddar, American or jack.	\$9.55
Krab & Cream Cheese Omelette	\$11.25
Western Omelette Ham, peppers, and onions.	\$11.39
Jacque Cousteau Omelette Mushroom, krab, and cheddar cheese.	\$12.69
Fresh Mushroom & Cheese Omelette Fresh mushroom & cheese omelette.	\$10.49
Key West Omelette Bananas, cream cheese, cottage cheese, and cinnamon sugar.	\$12.45
Bacon Omelette	\$10.55
Lox Omelette Lox - salmon, cream cheese, onions tomatoes, and capers.	\$14.45
Spinach Omelette	\$9.25
Roast Beef Omelette Shaved roast beef, onion, mushrooms and jack cheese.	\$12.29
Neptune Omelette Spinach, krab, and cheddar cheese.	\$12.65
Meat Lovers Omelette Ham, bacon, sausage, and cheese.	\$13.29
Ham Omelette	\$10.25
Club Omelette Ham, bacon, turkey, jack and cheddar cheeses.	\$12.29
Hangover Omelette Peppers, onions, bacon and cheddar cheese.	\$12.69
Vegetable Omelette Fresh vegetables.	\$10.25
Monte Cristo Omelette Ham, turkey and Swiss cheese.	\$12.95

Benedicts

ITEM	PRICE
Eggs Benedict Poached eggs, Canadian bacon, English muffin, and hollandaise sauce.	\$12.59
Bacon Benedict Poached eggs, lox grilled bagel, tomatoes, onions, capers, and hollandaise sauce.	\$11.95
Mock Benedict Poached egg, turkey, English muffin and hollandaise sauce.	\$11.39

ITEM	PRICE
Neptune Benedict Poached eggs, spinach, krab, English muffin, and hollandaise sauce.	\$12.79
Eggs Florentine Poached eggs, spinach, bacon, and hollandaise sauce.	\$11.39
Jacque Cousteau Benedict Poached eggs, krab mushrooms, English muffin, and hollandaise sauce.	\$13.89
Krab Meat Benedict Poached eggs, krab, English muffin, and hollandaise sauce.	\$12.69
Chicken Benedict	\$11.75
Frog Benedict Poached eggs, Canadian bacon, mushrooms, Swiss cheese, English muffin, and hollandaise sauce.	\$14.09
Steak Benedict	\$11.75
Vegetable Benedict Poached eggs, mushrooms, tomatoes, English muffin, and hollandaise sauce.	\$11.39
Special Juice and coffee, home fries or grits, toast, and choice of bacon, turkey or sausage.	\$9.85
Lox Benedict Poached eggs, lox, grilled bagel, tomatoes, onions, capers, and hollandaise sauce.	\$14.35

Belgian Waffles

ITEM	PRICE
Plain Waffle Served with butter and syrup.	\$8.39
Bacon Waffles Served with butter and syrup.	\$8.85
Apple Waffle Served with butter and syrup.	\$8.95
Sausage Waffles Served with butter and syrup.	\$8.85
Peach Waffle Served with butter and syrup.	\$9.39
Georgia Waffles Served with butter and syrup.	\$10.19
Pecan Waffle Served with butter and syrup.	\$9.49
Banana Foster Waffles Served with butter and syrup.	\$10.00

Quiche

ITEM	PRICE
Frog Pond Quiche Lorraine Served with homefries and fresh fruit.	\$10.75
Spinach & Cheese Quiche Served with homefries and fresh fruit.	\$10.75

ITEM	PRICE
Broccoli & Ham Quiche Served with homefries and fresh fruit.	\$10.75
Frittatas	
ITEM	PRICE
Italian Sausage Frittata Served with onion, cheese, potatoes, and tomatoes.	\$12.45
Sausage Frittata Served with onion, cheese, potatoes, and tomatoes.	\$12.45
Bacon Frittata Served with onion, cheese, potatoes, and tomatoes.	\$12.45
Turkey Frittata Served with onion, cheese, potatoes, and tomatoes.	\$12.45
Ham Frittata Served with onion, cheese, potatoes, and tomatoes.	\$12.45
Vegetable Frittata Served with cheese, potatoes and market-fresh vegetables.	\$12.45
Crepes	
ITEM	PRICE
Fresh Fruit Crepes	\$9.95
Fresh Fruit Blintz Served with cheese filling.	\$10.69
Kids Tad Pole Menu	
ITEM	PRICE
Kids Simple AS 123 Children under 10 years old. Served with 2 eggs, potatoes, and toast.	\$8.49
Kids Frog French Fruit Assorted fresh-cut fruit. Children under 10 years old.	\$5.29
Kids Lilly Pad Pancake Children under 10 years old. 1 Lilly pad size pancake and 1 egg.	\$4.55
Kids Cheesy Toad Toast Children under 10 years old. Grilled American cheese sandwich and potato.	\$5.85
Kids Froggy French Toast Children under 10 years old. 3 slices of frog pond French toast and 1 egg.	\$5.69
Kids FPPBJ Children under 10 years old. Creamy peanut butter with homemade strawberry jam and potatoes.	\$4.55
Kids Belgium Waffles Children under 10 years old.	\$8.09
Etcetera	
ITEM	PRICE
Corned Beef Hash, Eggs & Toast	\$11.49

ITEM	PRICE
Biscuits, Gravy, Eggs & Homefries	\$10.45
Two Eggs, Toast & Home Fries	\$6.79
Pancakes Served with butter and syrup.	\$8.25
Italian Sausage, Eggs & Toast	\$10.29
Lox & Bagel	\$14.89
French Toast Served with butter and syrup.	\$10.25
1/2 lb Ground Round, Eggs, Homefries & Toast	\$11.45
Cinnamon Roll French Toast	\$10.65
Steak, Eggs, Homefries & Toast	\$12.19

Extras

ITEM	PRICE
Sunflower Potatoes	\$3.59
Oatmeal with Raisins	\$4.85
Coleslaw	\$2.25
Bagel & Cream Cheese	\$2.79
Grits	\$2.25
Muffin	\$1.99
Bacon	\$3.49
Bagel	\$2.25
Sausage	\$3.25
Toast	\$1.59
Ham	\$3.55
Potato Salad	\$2.25
Turkey Steak	\$3.55
Cheese	\$1.75
Hash	\$5.75
Vegetable	\$1.99
Granola Plate with Muffin	\$7.95
Biscuits & Gravy	\$5.65
Oatmeal with Brown Sugar	\$4.29
Chicken Breast	\$4.60
Oatmeal with Bananas	\$4.85