



Heat Da Spot

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



The 2025 US Pizza Restaurants & Industry Trends Report

Pizza Industry →



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



2025 US Dining Restaurants & Industry

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

Most Popular

ITEM	PRICE
french toast with bacon egg and cheese	\$15.00
french toast sausage egg and cheese	\$15.00
french toast egg and cheese	\$12.00
french toast (2)	\$5.99
candy m&m peanut or sneakers or reeses cup regular size. pls choose one	\$1.99
muffin - pound cake banana nut or marble pound cake pls choose one	\$3.25

Picked For You

ITEM	PRICE
Waffles	\$5.00
Chicken Noodle Soup	\$5.00
Veggie Omelette comes with ONION,TOMETO,PEPPERS,MUSHROOM & cheese. Served with toast on the side.	\$10.00
8" Steak and Cheese Sub	\$9.99
Tuna Salad Sandwich Comes with lettuce and tomato.	\$8.00

Breakfast-Mains

ITEM	PRICE
Pancakes	\$5.00
Pancake with Sausage, Egg, and Cheese	\$15.00
Pancake with Bacon, Egg, and Cheese	\$15.00
Pancake with Egg and Cheese	\$10.00
Pancake with Heat Special Served with three eggs, potatoes, onions, and choice of protein.	\$15.00
Waffles (Breakfast-Mains)	\$5.00
Waffle with Sausage, Egg, and Cheese	\$15.00
Waffle with Bacon, Egg, and Cheese	\$15.00
Waffle with Egg and Cheese	\$10.00
Waffle with Heat Special BLENDED / PIE LIKE-with three eggs, potatoes, onion, and choice of protein.	\$15.00
Veggie Omelette (Breakfast-Mains) comes with ONION,TOMETO,PEPPERS,MUSHROOM & cheese. Served with toast on the side.	\$10.00
Western Omelette HAM, ONION, TOMETO, PEPPERS, CHEESE-Served with toast on the side.	\$10.00

ITEM	PRICE
Western Omelette (Breakfast-Mains) HAM, ONION, TOMETO, PEPPERS, CHEESE-Served with toast on the side.	\$10.00
Cheese Omelette Served with toast on the side.	\$9.00
Heat Special Omelette Served in a pie like shape made with three eggs. Served with potatoes, onions, and choice of protein. Comes with toast o...	\$13.00
Heat Special Omelette (Breakfast-Mains) Served in a pie like shape made with three eggs. Served with potatoes, onions, and choice of protein. Comes with toast o...	\$13.00
Sausage, Egg, and Cheese Breakfast Sandwich	\$5.99
Sausage, Egg, and Cheese Breakfast Sandwich (Breakfast-Mains)	\$5.99
Bacon, Egg, and Cheese Breakfast Sandwich	\$6.00
Bacon, Egg, and Cheese Breakfast Sandwich (Breakfast-Mains)	\$6.00
Egg and Cheese Breakfast Sandwich	\$5.50
Ham, Egg, and Cheese Breakfast Sandwich	\$5.99
BLT Breakfast Sandwich Served with white or wheat toast.	\$7.00
BLT Breakfast Sandwich (Breakfast-Mains) Served with white or wheat toast.	\$7.00
Everything Bagel	\$3.00
Plain Bagel	\$3.00
Home Fries Comes with onion and green pepper.	\$3.99
Sausage	\$2.99
Bacon	\$2.99
hash brown 2 per order	\$2.99

Everyday Specials

ITEM	PRICE
Pulled Pork BBQ Sandwich Comes with lettuce and tomato.	\$9.00
Meatball Sub Comes with lettuce and tomato.	\$9.00
Tuna Melt Sandwich Comes with lettuce and tomato.	\$9.00
Tuna Melt Sandwich (Everyday Specials) Comes with lettuce and tomato.	\$9.00
Chicken Melt Sandwich Comes with lettuce and tomato.	\$9.00
California Wrap Comes with lettuce and tomato.	\$9.00
California Wrap (Everyday Specials) Comes with lettuce and tomato.	\$9.00

Soups

ITEM	PRICE
Chicken Noodle Soup (Soups)	\$5.00
Tomato Soup	\$5.00
Lentil Veggie Soup	\$5.00
Clam Chowder	\$5.00

Cold Sandwiches

ITEM	PRICE
Tuna Salad Sandwich (Cold Sandwiches) Comes with lettuce and tomato.	\$8.00
Chicken Salad Sandwich Comes with lettuce and tomato.	\$8.00
Turkey and Cheese Sandwich Comes with lettuce and tomato.	\$6.00
Ham and Cheese Sandwich Comes with lettuce and tomato.	\$6.00

Pizzas

ITEM	PRICE
Personal Size Cheese Pizza	\$6.00
Personal Size Cheese Pizza (Pizzas)	\$6.00
Personal Size Pepperoni Pizza	\$7.00
11" Cheese Pizza	\$12.00
11" Pepperoni Pizza	\$15.00

Sandwiches

ITEM	PRICE
8" Steak and Cheese Sub (Sandwiches)	\$9.99
8" Chicken and Cheese Sub	\$9.99
8" Italian Sub	\$8.00
Club Sandwich	\$9.99

Sides

ITEM	PRICE
Home Fries (Sides) Served with onions.	\$5.00

Kids Menu

ITEM	PRICE
Kids P.B. n Jelly	\$3.50
Kids Grilled Cheese	\$4.50
5nuggets and fries	\$10.99
5 nuggets and fries	

coffee

ITEM	PRICE
house coffee international	\$2.50
iced coffee	\$2.99
iced latte	\$3.99

beverages

ITEM	PRICE
juice	\$2.50
ORANGE OR CRANBERRY OR APPLE pls choose one	
1 banana	\$1.10
fruit	

SECRET SAUCE (HOME-MADE)

ITEM	PRICE
HOME MADE (SECRET SAUCE)	\$0.25

TASTY BURGER

ITEM	PRICE
ANGUS CHEESE BURGER AND FRIES	\$14.99
MAYO CHEESE LETTUS TOMETO	
BLACKBEAN BURGER WITH FRIES	\$14.99
MAYO CHEESE LETTUCE TOMETO	
GRILL CHICKEN BURGER FRIES	\$14.99
MAYO CHEESE LETTUCE TOMETO	
french fries	\$3.99

WAFFLE SANDWICH BUN SIZE

ITEM	PRICE
WAFFLE SANDWICH	\$7.99
BACON EGG & CHEESE OR SAUSAGE EGG AND CHEESE-PLS CHOOSE	

3 LAYER CLUB

ITEM	PRICE
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TURKEY HAM SALAMI MORTADELLA BACON CHEESE MAYO LETTUS TOMETO