



Highlands

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



The 2025 US Pizza Restaurants & Industry Trends Report

Pizza Industry →



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



2025 US Dining Restaurants & Industry

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

Most Ordered	
ITEM	PRICE
Chicken and Waffle Belgian Waffle with Tender Fried Chicken Breast and Scrambled Cheesy Eggs	\$16.00
Blackened Salmon Served with Jasmine Rice, Garlic Spinach and a Lemon Butter Caper Sauce	\$20.00
Brioche French Toast Faux	\$15.00
Big Waffle Breakfast Belgian Waffle, Two Eggs any Style and a choice of Breakfast Meat	\$13.00
14 ST. Height's Breakfast Two Eggs any Style, Home Fries or Grits,Choice of Breakfast Meat and Toast	\$13.00
Breakfast Sandwich on Croissant	\$10.00
Breakfast Home Fries	\$4.00
Juanita's Shrimp and Grits Crevettes croustillantes et semoule crémeuse servies avec une sauce au cidre de pomme doux.	\$15.00
Gulf Shrimp Linguine Crevettes du golfe mélangées à des linguines agrémentées d'épinards, de fromage parmesan et d'une sauce crémeuse à l'ail...	\$18.00
Gumbo Un ragoût maison savoureux combinant du poulet tendre, de la saucisse andouille épicée, du jambon tasso fumé, des crevet...	\$12.00
Cheese Grits	\$4.00
French Fries	\$5.00
Lunch Sandwiches	

ITEM	PRICE
Chicken Melt Grilled Chicken Breast, Bacon, Provolone Cheese, Honey Mustard, Lettuce, and Tomato on Ciabatta	\$12.00
Big Time Burger Choose your Toppings, Served on Brioche Bun	\$12.00
Turkey Burger Choose your Toppings, Served on Brioche Bun	\$12.00
Salmon Burger Chopped Fresh Salmon, Minced Bell Peppers and Onions, Lettuce, Tomato and Siracha Mayo on Brioche Bun	\$15.00
Metro Club Fines tranches de dinde fumée, bacon de dinde croustillant, fromage suisse fondant, laitue croquante et tomate mûre, le...	\$10.00
Shrimp Po Boy Fried Shrimps, Tartar Sauce, Lettuce, Tomato and Mayo on a Frecnh Roll	\$14.00
Vegan Gyro Vegan Grain and Veggie Loaf, Cucumber Lemon Vegenaïse, Grilled Carrots, Mushrooms and Onions, Fresh Spinach, Cucumbers a...	\$10.00
Stallworth Chicken Salad, Tarragon Mayo, Lettuce, Tomato on Toasted Brioche Bun	\$10.00
London Broiled Grilled Thin Sliced Steak with Caramelized Onions, Provolone Cheese, Lettuce, Tomato and Mayo on French Roll	\$14.00
Tuna Salad Fausse.	\$10.00

ITEM	PRICE
Cubano Spicy Pork Butt, Honey Ham, Queso Blanco, Mojo Sauce and Pickles on a Pressed French Baguette	\$12.00
BLT	\$7.00
Grilled Cheese	\$7.00
Starters	

ITEM	PRICE
Juanita's Shrimp and Grits (Starters) Crevettes croustillantes accompagnées de gruau au fromage, le tout nappé d'une sauce douce au cidre de pomme.	\$15.00
Fried Green Tomatoes Tomates vertes frites enrobées de chapelure crouillante et accompagnées d'une sauce crémeuse à l'ail. Un clin d'œil au...	\$9.00
House Salad Mixed Greens with Tomatoes, Onions, Cucumbers, Feta Cheese and House Vinaigrette Dressing	\$8.00
Highlands Wings Ailes de poulet croustillantes servies avec une sauce maison au goût sucré-épicé à la mangue, accompagnées d'une trempet...	\$13.00
Caesar Salad Romaine Hearts, Caesar Dressing, Housemade Garlic Crutons, Parmesan Cheese	\$8.00
Hot Spinach and Artichoke Dip Cream Cheese, Parmesan, Cheddar, Swiss Spinach Dip Served with Hot Tortilla Chips	\$10.00
Chicken Empanada false	\$4.00
Beef Empanada	\$4.00
Chicken Noodle	\$8.00
Seafood Soup	\$10.00
Veggie Empanada	\$4.00

Entrees	
ITEM	PRICE
Blackened Salmon (Entrees) Served with Jasmine Rice, Garlic Spinach and a Lemon Butter Caper Sauce	\$20.00
Cajun Mardi Gras Pasta Grilled Chicken, Andouille Sausage, Gulf Shrimp, Penne, Spinach and Peppers in a Spicy Smoked Tomato Cream Sauce	\$20.00
Gulf Shrimp Linguine (Entrees) Gulf Shrimps Tossed in Linguine with Spinach, Parmesan Cheese and a Pesto Garlic Cream Sauce	\$18.00
Fried Lamb Chops Served with any Two Dinner Sides of your Choice	\$26.00
Braised Beef Short Ribs Côtes de bœuf braisées doucement dans une sauce demi-glace à l'oignon, accompagnées d'un carré de patate douce fondant e...	\$24.00
Gumbo (Entrees) House Special with Chicken, Andouille Sausage, Tasso Ham, Shrimp, Crawfish and Jasmine Rice	\$12.00
Oxtails Oxtails mijotés, accompagnés de riz jasmin parfumé et haricots rouges, assortis de feuilles de chou vert tendres, le tou...	\$24.00
12oz New York Steak Served Whipped Potatoes, Seasonal Vegetables, and a Roasted Garlic Butter	\$25.00

ITEM	PRICE
Fried Whole Branzino Fish Whole Bronzini Fish Fried and Served with Red Beans and Jasmine Rice, Collards Greens and Garnished with Fried Sweet Pla...	\$25.00
Salmon Linguine	\$20.00
Santa Ana Three Chicken Enchiladas in a Red Rancheros Cheese Sauce, Refried Beans and Jasmine Rice	\$16.00
Shrimp Basket Fried Shrimps and French Fries	\$14.00
Curry chicken Poulet au curry accompagné de riz au jasmin et haricots rouges, servi avec des feuilles de chou vert tendre. Agrémenté d...	\$16.00
Chicken Linguine	\$14.00
Highlands Fish Fry Seasoned Local Catfish, Creamy Coleslaw, Tomato Tartar Sauce, and Hand-Cut Fries	\$15.00
Ginger Noodles With Shrimp	\$20.00
Grilled Pork Chop Served with Whipped Mash Potatoes and a Corn Chile Demi Sauce	\$22.00
Chicken Breast Diane Faux filet de poulet saisi, nappé d'une sauce crémeuse aux champignons et à la vodka. Servi sur une purée de pommes de t...	\$20.00
Chicken Basket Fried Chicken Tenders and Fries	\$11.00
Curry Shrimp Crevettes au curry accompagnées de riz jasmin et de haricots rouges, un côté de chou vert cuit à la perfection, le tout...	\$18.00
Blackened Tilapia Served with Jasmine Rice, Garlic Spinach and a Lemon Butter Caper Sauce	\$16.00
Ginger Noodles With Beef	\$18.00
Short Ribs Only	\$15.00
Ginger Noodles With Chicken Asian Noodle Toss with Stir Fry Vegetables in a Sweet Chile Soy Sauce	\$17.00

Sides

ITEM	PRICE
4 Shrimp 4 Fried or Grilled Shrimps	\$8.00
French Fries (Sides)	\$5.00
Chicken Only Fried or Grilled Chicken Breast	\$7.00
Garlic Spinach	\$5.00
Sweet Potato Square Découvrez notre carré de patate douce : une base tendre de patate douce soigneusement rôtie, relevée d'un soupçon de mie...	\$5.00
Catfish Only	\$9.00
Jasmine Rice	\$4.00
Collard Greens	\$5.00
Crispy Brussel Sprouts	\$5.00

ITEM	PRICE
Small Caesar Salad	\$5.00
Lamb meat only	\$18.00
Red Beans	\$4.00
Small House Salad	\$5.00
Whole Fish Only	\$16.00
Garlic Bread False	\$3.00
Mashed Potatoes	\$5.00
Steamed Broccoli	\$5.00
Salmon Only	\$12.00
Creole Creamed Cabbage	\$5.00
Plantains	\$4.00
Green Beans	\$4.00
Spanish Rice	\$4.00
1 Shrimp 1 Shrimp Only	\$2.25
Tilapia Only	\$10.00
Pork Chop Only false	\$16.00
Short Rib Only	\$16.00
Steak Only	\$18.00

Desserts And Pastries

ITEM	PRICE
Bread Pudding	\$7.00
Chocolate Cake	\$5.00

Extra Sauces

ITEM	PRICE
Lemon Butter Caper Sauce	\$0.75
Honey Mustard	\$0.75
Garlic Cream Sauce	\$0.75
Syrup	\$0.50
Mushroom Cream Sauce	\$0.75
Lamb Sauce false	\$0.75
Ranch	\$0.75
Caesar Dressing	\$0.50

ITEM	PRICE
Curry Sauce	\$0.75
House Dressing	\$0.50
Bag	
ITEM	PRICE
Bag	\$0.05
Breakfast	
ITEM	PRICE
Brioche French Toast (Breakfast) Brioche French Toast with Two Eggs any Style and a choice of Breakfast Meat	\$15.00
Chicken and Waffle (Breakfast) Belgian Waffle with Tender Fried Chicken Breast and Scrambled Cheesy Eggs	\$16.00
Big Waffle Breakfast (Breakfast) Gaufre belge avec deux œufs préparés selon votre goût, accompagnés de votre choix de viande de petit-déjeuner.	\$13.00
14 ST. Height's Breakfast (Breakfast) Two Eggs any Style, Home Fries or Grits,Choice of Breakfast Meat and Toast	\$13.00
Breakfast Sandwich on Croissant (Breakfast)	\$10.00
Salmon Cake Breakfast Galette de saumon servie avec des œufs cuisinés à votre goût, accompagnée de grits crémeux et de tranches de pain grillé...	\$15.00
Chicken and French Toast false	\$17.00
Open Face Fried Shrimp Omelet Open Omelet with Bell Peppers and Onions, Cheddar Cheese and Topped with Fried Shrimps, Served with Homefries and Toast	\$15.00
Juanita's Breakfast Two Eggs any Style, Refried Beans, Chorizo, Queso Fresco, Avocado and Corn Tortillas	\$15.00
Highlands Omelette Three Egg Omelet Filled with Ham, Spinach, and Cheddar Cheese, Served with Homefries and Toast	\$14.00
Breakfast Sandwich on Toast	\$7.00
Morning Glory Omelette Egg-White Omelet Filled with Spinach, Mushrooms, Tomatoes and Feta Cheese, Served with Home Fries and Toast	\$14.00
Breakfast Sandwich on Bagel	\$8.00
Breakfast A La Carte	
ITEM	PRICE
Breakfast Home Fries (Breakfast A La Carte)	\$4.00
Brioche French Toast (Breakfast A La Carte) Brioche french toast with two eggs any style and a choice of breakfast meat	\$6.00
Cheese Grits (Breakfast A La Carte)	\$4.00
Belgian Waffle	\$6.00
Bacon false	\$5.00

ITEM	PRICE
Salmon Cake	\$8.00
Pork Sausage	\$5.00
Large Homefries	\$6.00
Grits	\$4.00
Turkey Sausage	\$5.00
Oatmeal	\$5.00
Turkey Bacon	\$5.00
Ham	\$5.00
Eggs Any Style with Toast	\$6.00
Bagel with Cream Cheese	\$3.00
false	
Smoked Salmon	\$6.00
Toast	\$1.50
Refried Beans	\$3.00
Tortillas	\$2.50
Chorizo	\$5.00
Beef Bacon	\$5.00