



La Adelita Mexican Restaurant

Menu Prices — August 22, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Breakfast

ITEM	PRICE
Huevos con Chorizo Scrambled eggs with Mexican sausage. Served with rice and bean.	\$8.49
Huevas a la Mexicana Scrambled eggs with jalapeño pepper, tomato and onions. Served with rice and beans.	\$8.49
Huevos Rancheros Spicy. Sunny side up eggs in a crispy tortilla. Served with rice, beans and spicy green sauce.	\$8.49
Chilaquiles Golden corn tortillas sautéed and simmered in a tomatillo sauce with onion, cheese, sour cream, red or green sauce and y...	\$9.49

Appetizers

ITEM	PRICE
Guacamole Mashed avocado seasoned with cilantro, onions and jalapeños.	\$8.99
Huaraches A long, homemade corn tortilla topped with beans, lettuce, tomatoes, sour cream and your choice of protein.	\$6.99
Tamales Spicy. A Mexican dish made with corn and cornmeal dough, wrapped in a corn husk and steamed and filled with your choice...	\$1.99
Queso Fundido Melted cheese with Mexican sausage or mushrooms. Served with flour tortillas.	\$6.50
Maduros Fried sweet plantains.	\$5.50
Tostadas De Tinga Chipotle sauce, sautéed onions, shredded chicken, beans, lettuce, and tomato all piled up on a crispy tostada.	\$3.50
Chalupas 3 fried corn tortillas, seasoned with green or red sauce, onion, cheese and your choice of chicken or steak.	\$7.50
Tostadas Fried tortillas covered with beans, lettuce, tomato, sour cream and your choice of chicken or steak.	\$2.99
Camarones a la Revolucion Grilled shrimp in a chipotle sauce.	\$9.99
Acapulco Shrimp Tostadas 2 pieces. Fried tortillas, shrimp, chopped lettuce, avocado, chipotle and tomato.	\$9.99
Super Nachos Fried corn tortilla chips covered with beans, sour cream, mozzarella cheese, fried corn and your choice of chicken or st...	\$38.50
Camarones Jumbo Jumbo shrimp sautéed with fried sweet plantains, chipotle, cream sauce and roasted corn.	\$9.95

Soups

ITEM	PRICE
Pozole Corn soup with hominy, pork, and chili. Served with one tostada.	\$9.99
Consome de Chivo Goat soup with rice and corn tortillas.	\$9.99
Caldo de Mariscos Spicy seafood soup served with rice.	\$14.50

ITEM	PRICE
Sopa de Pancita Spicy beef tripe soup.	\$11.50
Sopa De La Abuela Tomato soup mixed with rice, chicken, and fresh cheese.	\$6.49
Mole De Olla Mexican traditional soup with beans, potatoes, corn, and meat.	\$11.00
Caldo De Camarones Spicy shrimp soup served with rice.	\$14.50
Sopa de Pollo con Vegetales Soup with chicken and mixed vegetables.	\$9.99
Vegetarian Soups	

ITEM	PRICE
Sopa De Tortilla Tomato soup mixed with slices of tortilla, avocado, and fresh cheese.	\$6.50
Sopa de Lentejas Lentil soup with vegetables.	\$6.50

Salads	
ITEM	PRICE
Ensalada Con Pollo Grilled chicken with mixed green vegetables.	\$8.49
Ensalada De Camaron Special Grilled shrimp with mixed green salad.	\$10.50
Ensalada de Salmon Salmon salad with mixed vegetables.	\$11.50
Tostada Salad "Adelita Style" Grilled chicken, mixed vegetables, beans and sour cream.	\$9.99
Ensalada de Camarones con Piña Shrimp, pineapple and grilled vegetables.	\$10.50
Vegetarian Salads	

ITEM	PRICE
Ensalada De La Casa Half a pineapple filled with cherry tomatoes, lettuce, carrots, and cucumbers.	\$7.50
Ensalada De Aguacate Lettuce, radish, and avocado.	\$6.50
Ensalada Mixta Mixed salad.	\$5.50
Ensalada De Espinaca Spinach, red onions, fresh cheese, and toasted almonds.	\$6.50
Ensalada De Nopal Boiled cactus, lettuce, red onions, jalapeño peppers, and a touch of house spices.	\$7.50
Ensalada De Cranberry Flavor-packed cranberry salad.	\$6.99

Especialidades De La Casa	
ITEM	PRICE
Carne Asada a la Tampiqueña 9 oz. grilled steak served with rice, beans, grilled cheese, and grilled cactus. Includes corn tortillas.	\$16.99
T-Bone Steak 12 oz. t-bone steak and mashed potatoes. Served with broccoli and rice.	\$24.99
Entraña "Caracol Style" 16 oz. grilled skirt steak with mashed potatoes and broccoli or steamed vegetables.	\$27.99
Tierra y Mar Criollo Surf and turf. Rib-eye steak with jumbo shrimp, sausage, and fried plantains with green peppers. Serves 2.	\$29.99
Bistec La Adelita 9 oz. steak sautéed with poblano peppers. Served with rice, beans, and an enchilada. Includes corn tortillas.	\$16.99
Bistec a La Mexicana 13 oz. steak sautéed with onions, tomatoes, and jalapeños. Served with rice and beans. Includes corn tortillas.	\$15.99
Carnitas Don Julio A traditional Mexican plate. Roasted pork with rice, beans, Mexican sauce, sour cream, tortillas, and guacamole.	\$14.99
Pollo a La Mexicana Chicken breast sautéed with onions, tomatoes, and jalapeños. Served with rice and beans.	\$14.99
Pollo Con Vegetales Grilled chicken breast sautéed with vegetables and served with rice.	\$14.99
Mole Poblano Chicken with a traditional Mexican mole sauce served with rice and beans.	\$15.99
Parrillada en Molcajete Grilled beef, grilled chicken, sausages, cactus, and grilled cheese. Serves 2.	\$38.99
Fuerzas de Don Emiliano Zapata Chicken, rib-eye steak, and shrimp served with rice and green salad. Serves 2.	\$29.99
New York Steak 16 oz. grilled steak accompanied by three-chili sauce. Served with rice and green salad.	\$27.50
Bistec Encebollado 13 oz. steak sautéed with onions and served with rice and beans. Includes corn tortillas.	\$15.99
Chuletas En Salsa Tamarindo Fried pork chops topped in tamarind sauce and served with rice and beans.	\$14.99
Pollo al Grill Grilled chicken breast topped with chipotle, oranges, and your choice of sauce. Served with rice and sautéed vegetables.	\$14.99
Pasta Con Pollo Penne with green special sauce topped with grilled chicken and Cotija cheese.	\$9.99
Barbacoa Slow-roasted goat meat served with rice and beans.	\$13.99
Vegetarian Dishes	
ITEM	PRICE
Enchiladas Vegetarianas Corn tortillas stuffed with boiled vegetables in your choice of green or red sauce and topped with cheese and onions.	\$11.50
Vegetable Quesadilla Mixed vegetables with beans in a flour tortilla with cheese.	\$10.50

ITEM	PRICE
Vegetarian Burritos Flour tortilla stuffed with rice, beans and boiled vegetables and topped with cheese.	\$9.99
Vegetarian Tostadas A fried tortilla topped with beans, lettuce, tomatoes, avocado, cheese and sour cream.	\$2.99
Huaraches de Nopal Grilled nopales with refried beans, cheese, and sauce.	\$7.99
Chiles Rellenos con Nopales Green chile stuffed with nopal and coated with eggs.	\$12.50
Chiles Rellenos Vegetarianos Roasted poblano pepper stuffed with mixed vegetables and topped with beans and gratin cheese.	\$12.50
Vegetarian Fajitas Sautéed mixed vegetables.	\$12.50
Vegetarian Tacos 3 soft tortillas with mixed vegetables.	\$7.50

Seafood

ITEM	PRICE
Mojarra Frita Fried tilapia served with a green salad and rice.	\$14.99
Camarones Primavera Harvest vegetable salad with shrimp, fresh mixed green beans, pan-sautéed corn, carrots, peas and pan-grilled shrimp.	\$14.99
Camarones a la Diabla Sautéed shrimp in chipotle sauce. Served with vegetables and rice.	\$15.50
Camarones al Ajillo Marinated shrimp in garlic oil and guajillo chili. Served with vegetables and rice.	\$15.50
Camarones Empanizados "Bicentenario" Breaded shrimp with rice and green salad. Served with house dressings.	\$15.50
Salmon En Salsa Poblana Grilled salmon. Served with poblana sauce, vegetables and rice.	\$19.50
Camarones a la Mexicana Sautéed shrimp with jalapeño peppers, onions and tomatoes. Served with rice.	\$15.50
Coctel de Camarones Cooked shrimp marinated in tomato sauce.	\$12.99
Camarones al Mojo de Ajo Garlic shrimp. Served with rice and vegetables.	\$15.50
Salmon al Grill Grilled salmon. Served with vegetables and rice.	\$14.99

Tradicionales

ITEM	PRICE
Burrito Loco Well seasoned chicken, steak, and pork in flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and s...	\$11.50
Burrito con Camarones Shrimp in flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and sauce.	\$13.99
Fajitas Con Todo Steak, chicken, and shrimp.	\$19.99

ITEM	PRICE
Enchiladas de Mole	\$14.99
Tacos 3 soft corn tortillas stuffed with onions, cilantro, and your choice of protein.	\$9.00
Enchiladas Corn tortillas stuffed with red or green sauce, melted cheese, sour cream, and onions. Served with rice, beans, and your...	\$13.99
Burrito Bistec Asado Grilled steak in flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and sauce.	\$13.99
Tortas Puebla Style Mexican sandwich filled with lettuce, tomatoes, onions, jalapeño peppers, beans, mayonnaise, and your choice of protein.	\$7.00
Flautas Four rolled tortillas fried and topped with lettuce, tomatoes, fresh cheese, and sour cream. Served with rice and beans.	\$12.50
Fajitas Any grilled meat or vegetable marinated with green and red peppers and onions. Served with rice and flour tortillas.	\$14.50
Quesadilla Bistec Flour tortilla stuffed with cheese, spinach, onions, mushroom, beans, sour cream, pico de gallo, guacamole, and steak.	\$9.50
Quesadilla Sincronizada Flour tortilla stuffed with ham and cheese. Served with guacamole, pico de gallo, and sour cream.	\$9.50
Special Enchiladas Cheese enchiladas with chipotle sauce and Mexican rice. Served with your choice of protein.	\$14.50
Burrito Pollo Ranchero Sautéed chicken with onions and jalapeño peppers in flour tortillas stuffed with rice, beans, cheese, sour cream, guacam...	\$13.99
Cemitas Poblanas Puebla-style sandwich in a traditional Mexican bread filled with Oaxaca cheese, chipotle, peppers, avocado, and your cho...	\$7.00
Quesadilla Pollo Flour tortilla stuffed with cheese, spinach, onions, mushroom, beans, sour cream, pico de gallo, guacamole, and chicken.	\$9.50
Quesadilla de Camarón Flour tortilla stuffed with cheese, spinach, onions, mushroom, beans, sour cream, pico de gallo, guacamole, and shrimp.	\$11.50
Chicken Burrito Flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and sauce.	\$11.50
Burrito Pollo con Chipotle Chicken seasoned with chipotle sauce in flour tortillas stuffed with rice, beans, cheese, sour cream, and guacamole.	\$13.99
Chorizo Burrito Mexican sausage in flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and sauce.	\$13.99
Burrito Pollo con Mole Chicken with a traditional Mexican sauce in flour tortillas stuffed with rice, beans, cheese, sour cream, guacamole, and...	\$13.99

Extra Orders

ITEM	PRICE
French Fries Papas fritas.	\$2.99
Rice Arroz.	\$2.00
Tortillas 4 pieces.	\$1.00
Beans Frijoles.	\$2.00

ITEM	PRICE
Small Guacamole	\$4.00
Kids' Menu	
Kids' Alas de Pollo	\$5.99
Chicken wings.	
Kids' Quesadilla de Queso	\$5.99
Flour tortilla stuffed with melted mozzarella cheese.	
Kids' Salchipapas	\$5.99
French fries with hot dogs.	
Kids' Nuggets de Pollo	\$5.99
Chicken nuggets served with french fries.	
Kids' Buffalo Wings	\$5.99
Spicy. Spicy chicken wings.	
Kids' Deditos de Queso	\$6.50
Chicken fingers served with french fries.	
Desserts	
Pastel de Tres Leches	\$5.00
Homemade three-milk cake served with strawberries at ease in syrup.	
Duraznos en Rompope	\$7.99
Peach slices in eggnog with caramel crust and toasted almonds.	
Flan	\$5.99
Light Mexican egg custard glazed with caramel.	
Crepas de Cajetas	\$7.99
Thin flour tortilla with smoked milk and vanilla ice cream.	
Adelita's Crepes	\$9.99
Filled with apple and chocolate sauce, caramel and ice cream.	
Helado de Tres Sabores	\$5.00
Three-flavored ice cream served with Maria's cookies.	
Plátano Relleno de Manzana	\$8.99
Apple-filling banana.	
Bebidas	
Café De Olla	\$2.00
Champurrado	\$2.00
Mexican Soda	\$2.99
Café	\$1.75
Can Soda	\$1.75
Orange Juice	\$5.50
Naranja.	

ITEM	PRICE
Beet Juice Betabel.	\$5.50
Chocolate De La Abuela	\$2.50
Arróz Con Leche	\$2.00
Carrot Juice Zanahoria.	\$5.50
Orange Juice Pitcher	\$10.00
Te	\$1.50
Atole De Granillo	\$2.00