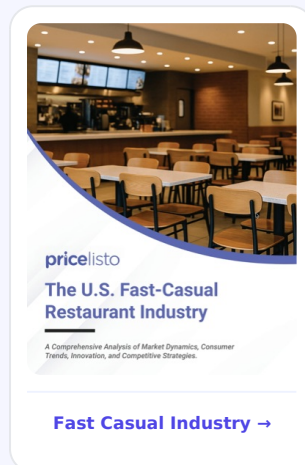




Mar Y Sol Taqueria

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Promotions

ITEM	PRICE
5 Tacos - Promo Five tacos with choice of meat (popular offer)	\$13.29
Mix Chilaquiles - Promo Comes with a free canned soda	\$11.24
Mixed Fajitas - Promo Comes with a free canned soda	\$17.38
Promo Wet Burrito Your choice of meat and choice of red or green sauce	\$11.24
Chorizo Sandwich with Potatoes	\$10.22

Breakfast

ITEM	PRICE
Huevos con Chorizo Served with rice and beans.	\$11.55
Chilaquiles Rojos Rice, beans, eggs, red salsa; optional cheese (Monterey or queso fresco)	\$17.38
Huevos Rancheros Served with rice and beans	\$11.75
Huevos a la Mexicana Scrambled eggs, onion, tomato, bell peppers; with rice and beans	\$11.65
Breakfast Burrito Large tortilla, choice of meat, eggs, cheese, and beans	\$11.24
Chilaquiles Salsa de Molcajete Served with rice, beans, eggs and molcajete Salsa (and add and addon for Cheese for customer to chose between Monterey...	\$17.38
Chilaquiles Verdes Served with rice, beans, eggs and green Salsa (and add and addon for Cheese for customer to chose between Monterey chee...	\$17.38
Huevos con Jamon Served with rice and beans	\$11.55
Omelet Served with rice and beans	\$11.75

Tacos

ITEM	PRICE
Regular Taco Choice of meat, cilantro, onion, salsa on side	\$2.96
Super Taco Choice of meat, cheese, beans, avocado, pico de gallo	\$4.08
Shrimp Taco Cheese, lettuce, avocado, pico de gallo	\$5.11