



Mellow Mushroom

Menu Prices — August 1, 2026

Restaurant & Food Industry Reports

US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

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The 2025 US Pizza Restaurants & Industry Trends Report

[Pizza Industry →](#)

The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

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2025 US Dining Restaurants & Industry

MARKET RESEARCH

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Stone-Baked Pizzas	
ITEM	PRICE
Super Pepp (Large) Mellow red sauce, mozzarella, pepperoni, tangy peppers, dollops of seasoned ricotta cheese and a swirl of hot honey.	\$32.20
Super Pepp (Medium) Mellow red sauce, mozzarella, pepperoni, tangy peppers, dollops of seasoned ricotta cheese and a swirl of hot honey.	\$27.60
Super Pepp (Small) Mellow red sauce, mozzarella, pepperoni, tangy peppers, dollops of seasoned ricotta cheese and a swirl of hot honey.	\$16.10
Great White (Large) Feta, mozzarella, ricotta, onions, basil, roasted tomatoes. Made with a garlic & olive oil base.	\$31.05
Great White (Medium) Feta, mozzarella, ricotta, onions, basil, roasted tomatoes. Made with a garlic & olive oil base.	\$26.45
Great White (Small) Feta, mozzarella, ricotta, onions, basil, roasted tomatoes. Made with a garlic & olive oil base.	\$16.10
Holy Shiitake (Large) Olive oil & garlic base, roasted shiitake, button & portobello mushrooms, caramelized onions, mozzarella, aged white c...	\$31.05
Holy Shiitake (Medium) Olive oil & garlic base, roasted shiitake, button & portobello mushrooms, caramelized onions, mozzarella, aged white c...	\$26.45
Holy Shiitake (Small) Olive oil & garlic base, roasted shiitake, button & portobello mushrooms, caramelized onions, mozzarella, aged white c...	\$16.10
Pacific Rim (Large) Mellow red sauce topped with mozzarella, honey ham, applewood-smoked bacon, caramelized onions, pineapple and jalapeños.	\$32.20
Pacific Rim (Medium) Mellow red sauce topped with mozzarella, honey ham, applewood-smoked bacon, caramelized onions, pineapple and jalapeños.	\$27.60
Pacific Rim (Small) Mellow red sauce topped with mozzarella, honey ham, applewood-smoked bacon, caramelized onions, pineapple and jalapeños.	\$16.10
Mighty Meaty (Large) Mellow red sauce, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, mozzarella.	\$32.20
Mighty Meaty (Medium) Mellow red sauce, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, mozzarella.	\$27.60
Mighty Meaty (Small) Mellow red sauce, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, mozzarella.	\$16.10
Veg Out (Large) Mellow red sauce, mozzarella, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes.	\$31.05
Veg Out (Medium) Mellow red sauce, mozzarella, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes.	\$26.45
Veg Out (Small) Mellow red sauce, mozzarella, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes.	\$14.95
Buffalo Chicken (Large) Mozzarella, Buffalo chicken, caramelized onions, applewood-smoked bacon, buffalo sauce swirl, and choice of bleu che...	\$32.20
Buffalo Chicken (Medium) Mozzarella, Buffalo chicken, caramelized onions, applewood-smoked bacon, buffalo sauce swirl, and choice of bleu che...	\$27.60
Buffalo Chicken (Small) Mozzarella, Buffalo chicken, caramelized onions, applewood-smoked bacon, buffalo sauce swirl, and choice of bleu che...	\$16.10
Funky Q Chicken (Large) Mozzarella, BBQ chicken, sharp cheddar cheese, caramelized onions, applewood-smoked bacon, finished w/ a swirl of BBQ s...	\$32.20

ITEM	PRICE
Funky Q Chicken (Medium) Mozzarella, BBQ chicken, sharp cheddar cheese, caramelized onions, applewood-smoked bacon, finished w/ a swirl of BBQ s...	\$27.60
Funky Q Chicken (Small) Mozzarella, BBQ chicken, sharp cheddar cheese, caramelized onions, applewood-smoked bacon, finished w/ a swirl of BBQ s...	\$16.10
Kosmic Karma (Large) Mellow red sauce, spinach, roasted tomatoes, mozzarella, fresh Roma tomatoes, feta cheese, and a pesto swirl.	\$31.05
Kosmic Karma (Medium) Mellow red sauce, spinach, roasted tomatoes, mozzarella, fresh Roma tomatoes, feta cheese, and a pesto swirl.	\$26.45
Kosmic Karma (Small) Mellow red sauce, spinach, roasted tomatoes, mozzarella, fresh Roma tomatoes, feta cheese, and a pesto swirl.	\$16.10
House Special (Large) Mellow red sauce, mozzarella, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, black olives, sliced mushro...	\$33.35
House Special (Medium) Mellow red sauce, mozzarella, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, black olives, sliced mushro...	\$27.60
House Special (Small) Mellow red sauce, mozzarella, pepperoni, Italian sausage, honey ham, applewood-smoked bacon, black olives, sliced mushro...	\$16.10
Maui Wowie (Large) Enjoy a pizza with pesto base, mozzarella, honey ham, pineapple, jerk chicken, banana peppers, and applewood-smoked baco...	\$32.20
Maui Wowie (Medium) Enjoy a pizza with pesto base, mozzarella, honey ham, pineapple, jerk chicken, banana peppers, and applewood-smoked baco...	\$27.60
Maui Wowie (Small) Enjoy a pizza with pesto base, mozzarella, honey ham, pineapple, jerk chicken, banana peppers, and applewood-smoked baco...	\$16.10
Pepperoni (Large) Mellow red sauce with mozzarella and pepperoni on our signature crust basted with garlic butter and sprinkled with Parme...	\$21.30
Pepperoni (Medium) Mellow red sauce with mozzarella and pepperoni on our signature crust basted with garlic butter and sprinkled with Parme...	\$18.40
Pepperoni (Small) Mellow red sauce with mozzarella and pepperoni on our signature crust basted with garlic butter and sprinkled with Parme...	\$13.25
Cheese Pizza (Large) Mellow red sauce and mozzarella on our signature crust.	\$18.40
Cheese Pizza (Medium) Mellow red sauce and mozzarella on our signature crust.	\$16.10
Cheese Pizza (Small) Mellow red sauce and mozzarella on our signature crust.	\$11.50

Build Your Own Pizza

ITEM	PRICE
Build Your Own Pizza (Large) Each build your own pizza starts with the crust and base of your choice and shredded mozzarella. Gluten-free crust is av...	\$18.40
Build Your Own Pizza (Medium) Each build your own pizza starts with the crust and base of your choice and shredded mozzarella. Gluten-free crust is av...	\$16.10
Build Your Own Pizza (Small) Each build your own pizza starts with the crust and base of your choice and shredded mozzarella. Gluten-free crust is av...	\$11.50
Vegan Build Your Own Pizza (Medium) Each build your own pizza starts with the classic Mellow pizza crust, red sauce, and Follow Your Heart Dairy Free Cheese...	\$17.25
Vegan Build Your Own Pizza (Small) Each build your own pizza starts with the classic Mellow pizza crust, red sauce, and Follow Your Heart Dairy Free Cheese...	\$13.80

Munchies

ITEM	PRICE
(8) Mellow Rollz Your choice of Cheese or Pepperoni Mellow Rollz. Stuffed with melty mozzarella and topped with garlic butter, Parmesan,...	\$17.20
(4) Mellow Rollz Your choice of Cheese or Pepperoni Mellow Rollz. Stuffed with melty mozzarella and topped with garlic butter, Parmesan,...	\$10.30
Pretzel Bites Made with our classic dough and tossed in garlic butter and Parmesan. Served with your choice of Pabst Blue Ribbon™ regu...	\$10.35
Spinach Artichoke Dip A rich blend of five cheeses baked with spinach and artichokes. Served with garlic toast points.	\$10.35
Cheese Bread French bread smothered in garlic butter, melted mozzarella and sprinkled with Italian seasoning. Served with a side of M...	\$8.05

Wings

ITEM	PRICE
5 Bone-In Wings Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Choose one flavor of your favorit...	\$10.35
10 Bone-In Wings Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Choose two flavors of your favori...	\$17.25
15 Bone-In Wings Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Choose two flavors of your favori...	\$23.00
Split Bone-In Wings (15 Split Wings) Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Choose two flavors of your favori...	\$23.00
Split Bone-In Wings (10 Split Wings) Double-baked for a crispy and flavorful wing without the use of a fryer or added oils. Choose two flavors of your favori...	\$17.25
5 Boneless Wings 100% white meat crunchy chicken hand tossed in any of our signature flavors. Served with your choice of ranch or bleu ch...	\$9.20
10 Boneless Wings (Wings) 100% white meat crunchy chicken hand tossed in any of our signature flavors. Served with your choice of ranch or bleu ch...	\$16.10
15 Boneless Wings 100% white meat crunchy chicken hand tossed in any of our signature flavors. Served with your choice of ranch or bleu ch...	\$21.85
Split Boneless Wings (15 Split Wings) 100% white meat crunchy chicken hand tossed in any of our signature flavors. Choose two flavors of your favorite Wings....	\$21.85
Split Boneless Wings (10 Split Wings) 100% white meat crunchy chicken hand tossed in any of our signature flavors. Choose two flavors of your favorite Wings....	\$16.10

Calzones

ITEM	PRICE
Build Your Own Calzone Mozzarella, provolone and seasoned ricotta.	\$11.50
Cheese Calzone Mozzarella, provolone and seasoned ricotta.	\$11.50
Veggie Calzone Stuffed with spinach, mushrooms, Roma tomatoes, mozzarella, provolone and seasoned ricotta.	\$13.80

Certified Gluten-Free

ITEM	PRICE
Gluten-Free Mighty Meaty A carnivorous mix, this pie starts with gluten-free crust (available only in size small) and Mellow Red Sauce covered wi...	\$18.40
Gluten-Free Veg Out Mellow takes veggies to the max. This pie starts with gluten-free crust (available only in size small) and Mellow red sa...	\$17.25
Gluten-Free Kosmic Karma This pie starts with gluten-free crust (available only in size small) and Mellow red sauce covered with spinach, roasted...	\$18.40
BYO Gluten-Free Pizza Made with our signature 10" gluten-free crust. Build your own by choosing from our curated selection of ingredients that...	\$14.95
Gluten-Free House Special This pie starts with gluten-free crust (available only in size small), Mellow red sauce, and mozzarella, topped with pep...	\$18.40
Gluten-Free Brownie Individually wrapped brownie, baked with cage-free eggs, a blend of gluten-free flour, sustainable chocolate and ingredi...	\$4.05

Sweets

ITEM	PRICE
Mary Jane's Triple Chocolate Brownie A chewy brownie generously loaded with chocolate kisses, bittersweet and semi-sweet chocolate chunks and drizzled with c...	\$5.75
Triple Chocolate Chunk Cookie House baked with three kinds of chocolate - chocolate kisses, bittersweet and semi-sweet chocolates.	\$4.60

Drinks

ITEM	PRICE
Gallon Sweet Tea	\$5.75
Gallon Unsweet Tea	\$5.75
Gallon Lemonade	\$5.75

Sides & Sauces

ITEM	PRICE
Spicy Ranch	\$1.75
Beer Cheese	\$2.90
Red Sauce Side	\$1.75
Ranch Side	\$1.75
Esperanza Side	\$1.75
Red Sauce and Beer Cheese Sides	\$4.60
Spicy Beer Cheese	\$2.90

Salads

ITEM	PRICE
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Greek Salad (Regular)	\$13.80
Sheep's milk feta cheese, Roma tomatoes, cucumbers, green peppers, sweet onions, mushrooms, pepperoncinis, banana pepper...	
Greek Salad (Lil')	\$9.20
Sheep's milk feta cheese, Roma tomatoes, cucumbers, green peppers, sweet onions, mushrooms, pepperoncinis, banana pepper...	
Caesar Salad (Regular)	\$10.35
Freshly chopped romaine lettuce tossed with all-natural Caesar dressing, grated aged Parmesan, and house-made croutons.	
Caesar Salad (Lil')	\$6.90
Freshly chopped romaine lettuce tossed with all-natural Caesar dressing, grated aged Parmesan, and house-made croutons.	
House Salad (Regular)	\$10.35
Fresh greens mixed with freshly chopped Romaine topped with Roma tomatoes, cucumbers, black olives, sweet onions and Par...	
House Salad (Lil')	\$6.90
Fresh greens mixed with freshly chopped Romaine topped with Roma tomatoes, cucumbers, black olives, sweet onions and Par...	
Enlightened Spinach Salad (Regular)	\$13.80
Dried cherries, diced apples, house-made glazed pecans and authentic sheep's milk feta cheese on a bed of fresh spinach.	
Enlightened Spinach Salad (Lil')	\$9.20
Dried cherries, diced apples, house-made glazed pecans and authentic sheep's milk feta cheese on a bed of fresh spinach.	

Vegan

ITEM	PRICE
Vegan Greek Salad (Regular)	\$13.80
Romaine and iceberg lettuce tossed with shredded carrots and red cabbage. Topped with sweet onions, cucumbers, green pep...	
Vegan Greek Salad (Lil')	\$9.20
Romaine and iceberg lettuce tossed with shredded carrots and red cabbage. Topped with sweet onions, cucumbers, green pep...	
Vegan Veg-Out (Large)	\$31.05
Mellow red sauce layered with Follow Your Heart Dairy Free Cheese, spinach, green peppers, sliced mushrooms, sweet onion...	
Vegan Veg-Out (Medium)	\$26.45
Mellow red sauce layered with Follow Your Heart Dairy Free Cheese, spinach, green peppers, sliced mushrooms, sweet onion...	
Vegan Veg-Out (Small)	\$14.95
Mellow red sauce layered with Follow Your Heart Dairy Free Cheese, spinach, green peppers, sliced mushrooms, sweet onion...	
Vegan Build Your Own Pizza (Medium) (Vegan)	\$17.25
Each build your own pizza starts with the classic Mellow pizza crust, red sauce, and Follow Your Heart Dairy Free Cheese...	
Vegan Build Your Own Pizza (Small) (Vegan)	\$13.80
Each build your own pizza starts with the classic Mellow pizza crust, red sauce, and Follow Your Heart Dairy Free Cheese...	
Vegan Cheese Pizza (Large)	\$18.40
Mellow red sauce with Follow Your Heart Dairy Free Cheese on our signature crust. We have removed the butter and parmesa...	
Vegan Cheese Pizza (Medium)	\$16.10
Mellow red sauce with Follow Your Heart Dairy Free Cheese on our signature crust. We have removed the butter and parmesa...	
Vegan Cheese Pizza (Small)	\$11.50
Mellow red sauce with Follow Your Heart Dairy Free Cheese on our signature crust. We have removed the butter and parmesa...	

Free with \$25 purchase

ITEM	PRICE
10 Boneless Wings	\$16.10
100% white meat crunchy chicken hand tossed in any of our signature flavors. Served with your choice of ranch or bleu ch...	

Burgers

ITEM	PRICE
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All-American Smashburger

\$17.25

Shredded lettuce, sweet onions, tomatoes, Grillo's Pickles ®, natural American cheese, topped with our NEW Mel's Special...