



# Metro Diner

Menu Prices — September 9, 2026

## Restaurant & Food Industry Reports



**US Fast Food Restaurant Market Research**

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



**The 2025 US Pizza Restaurants & Industry Trends Report**

Pizza Industry →



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**The U.S. Fast-Casual Restaurant Industry**

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



**2025 US Dining Restaurants & Industry**

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

| Featured Items                                                                                                                                                          |                |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| ITEM                                                                                                                                                                    | PRICE          |
| <b>Strawberry Shortcake Waffle</b><br>Our signature Belgian waffle, drizzled with strawberry cream cheese icing, topped fresh strawberries, strawberry crunch,...       | <b>\$12.09</b> |
| <b>Strawberry Shortcake Pancakes</b><br>Two pancakes drizzled with strawberry cream cheese icing, topped with fresh strawberries, strawberry crunch, and powdere...     | <b>\$12.09</b> |
| <b>Strawberry Shortcake Bread Pudding</b><br>Our homemade, warm strawberry-infused Bread Pudding, drizzled with strawberry cream cheese icing, and topped with fresh... | <b>\$6.99</b>  |
| <b>Fish and Chips</b><br>Crispy beer battered and fried white fish, with tartar sauce, coleslaw and seasoned fries.                                                     | <b>\$14.89</b> |
| <b>Teriyaki Salmon Bowl</b><br>Teriyaki Salmon, served over a bed of seasoned white rice and a veggie mix of shredded carrots, red cabbage, corn, green...              | <b>\$18.59</b> |
| <b>Ribs and Chips</b><br>Tender and slow cooked baby back ribs, dusted and flash fried then tossed in our homemade BBQ sauce. Served over a bed o...                    | <b>\$12.09</b> |
| <b>Chicken Parmesan</b><br>Breaded chicken topped with a pesto marinara sauce and melted provel cheese. Served over penne pasta tossed in marinara.                     | <b>\$13.19</b> |

| Pancakes & Waffles                                                                                                                                  |                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| ITEM                                                                                                                                                | PRICE          |
| <b>Cinnamon Roll Pancakes</b><br>Two pancakes swirled with cinnamon and sugar, topped with cream cheese icing, candied pecans, and cinnamon butter. | <b>\$11.59</b> |
| <b>Belgian Waffle</b><br>Thick and light, a true Belgian waffle. Topped with powdered sugar.                                                        | <b>\$9.39</b>  |
| <b>Fruity Waffle</b><br>A blueberry Belgian waffle topped with strawberries, bananas and powdered sugar.                                            | <b>\$10.99</b> |
| <b>Metro Pancakes</b><br>A short stack of light, fluffy pancakes. Classic pancake breakfast available all day.                                      | <b>\$9.19</b>  |
| <b>Croissant French Toast</b><br>Four pieces of light, buttery croissant, battered and grilled to perfection. Topped with powdered sugar.           | <b>\$12.69</b> |

| Breakfast Favorites                                                                                                                                               |                |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| ITEM                                                                                                                                                              | PRICE          |
| <b>Fried Chicken and Waffle</b><br>Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our sign...    | <b>\$18.69</b> |
| <b>Steak and Scramble Bowl</b><br>Enjoy seasoned sirloin steak, scrambled eggs and roasted grape tomatoes served over hashbrown potatoes and drizzled with...     | <b>\$17.29</b> |
| <b>Bissell Breakfast</b><br>Your traditional breakfast platter, available all day! Two eggs any style, bacon, toast, hasbrowns or grits, and a short...           | <b>\$13.79</b> |
| <b>Biscuits and Sausage Gravy</b><br>Two buttermilk biscuits topped with our housemade sausage gravy, accompanied by two eggs any style and served with hashb...  | <b>\$14.29</b> |
| <b>Avocado Toast</b><br>Fresh chopped avocado on eight-grain toast, topped with diced tomatoes and everything bagel seasoning.                                    | <b>\$10.69</b> |
| <b>Oatmeal Breakfast</b><br>Served with brown sugar, raisins, and a side of fresh seasonal fruit.                                                                 | <b>\$6.99</b>  |
| <b>Bacon Avocado Scramble Bowl</b><br>Avocado, bacon, scrambled eggs, and roasted grape tomatoes, served over hashbrown potatoes and drizzled with Hollandaise... | <b>\$13.99</b> |

| ITEM                                                                                                                        | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Southwest Scramble Bowl</b>                                                                                              | <b>\$13.99</b> |
| Avocado, black beans, corn, peppers, onions, tomatoes & scrambled eggs. Over hashbrowns, topped with salsa & sour cream.    |                |
| <b>Meat Lover’s Scramble Bowl</b>                                                                                           | <b>\$13.99</b> |
| Hickory smoked bacon, sausage, ham, and scrambled eggs served over hashbrowns, topped with cheddar cheese and drizzled w... |                |
| <b>Huevos Rancheros</b>                                                                                                     | <b>\$14.89</b> |
| Eggs over fried tortilla, bacon, sausage, black beans, onions, tomatoes, corn, peppers. With cheese, sour cream, salsa,...  |                |

Eggs & Omelets

| ITEM                                                                                                                        | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Three Egg Breakfast</b>                                                                                                  | <b>\$12.79</b> |
| 3 eggs any style, hashbrowns, toast and choice of: bacon, sausage patties, sausage links, turkey sausage or Canadian bac... |                |
| <b>Two Egg Breakfast</b>                                                                                                    | <b>\$12.49</b> |
| 2 eggs any style, hashbrowns, toast and choice of bacon, sausage patties, sausage links, turkey sausage or Canadian baco... |                |
| <b>Eggs, Side and Toast</b>                                                                                                 | <b>\$10.29</b> |
| Two eggs any style, toast and hashbrowns or grits. For those craving a traditional breakfast dish any time of day.          |                |
| <b>Protein Breakfast</b>                                                                                                    | <b>\$12.89</b> |
| Scrambled eggs and choice of two meats: bacon, sausage patties, sausage links, turkey sausage or Canadian bacon. A heart... |                |
| <b>Western Omelet</b>                                                                                                       | <b>\$14.09</b> |
| Ham, cheddar cheese, mushrooms, onions, tomatoes and peppers, topped with salsa. Served with toast and hashbrowns or gri... |                |
| <b>Veggie Omelet</b>                                                                                                        | <b>\$14.09</b> |
| Mushrooms, onions, peppers, cheddar cheese, tomatoes, and peppers. Served with toast and hashbrowns or grits. A great nu... |                |
| <b>Meat Lovers Omelet</b>                                                                                                   | <b>\$14.09</b> |
| Bacon, sausage, ham and cheddar cheese. Served with toast and choice of grits or hashbrowns.                                |                |
| <b>French Toast Breakfast</b>                                                                                               | <b>\$16.29</b> |
| 2 pieces of French toast, 2 eggs (any style), choice of breakfast protein, toast & side.                                    |                |
| <b>Croissant French Toast Breakfast</b>                                                                                     | <b>\$17.39</b> |
| Two pieces of light, buttery croissant, battered and grilled to perfection. Topped with powdered sugar.                     |                |

Starters

| ITEM                                                                                                                        | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Cheese Fries</b>                                                                                                         | <b>\$10.29</b> |
| Crispy seasoned French fries topped with mixed cheeses, bacon, and fried jalapeños. A great dinner starter to share.        |                |
| <b>Huevos Rancheros (Starters)</b>                                                                                          | <b>\$14.89</b> |
| Eggs over fried tortilla, bacon, sausage, black beans, onions, tomatoes, corn, peppers. With cheese, sour cream, salsa,...  |                |
| <b>Onion Rings</b>                                                                                                          | <b>\$10.29</b> |
| Thick cut, panko breaded onion rings. Served with ranch dressing. Perfect appetizer to share.                               |                |
| <b>Fried Cheese Curds</b>                                                                                                   | <b>\$10.99</b> |
| White cheddar Wisconsin-style cheese curds served with your choice of ranch or brown gravy. It's a great starter to shar... |                |
| <b>Poutine</b>                                                                                                              | <b>\$10.99</b> |
| Seasoned fries topped with white cheddar cheese curds and drizzled with brown gravy. Order as an appetizer to share with... |                |

Entrée Salads & Soups

| ITEM                        | PRICE          |
|-----------------------------|----------------|
| <b>Chicken Tender Salad</b> | <b>\$13.59</b> |
| <b>Chicken Caesar Salad</b> | <b>\$13.59</b> |

| ITEM                                                                                                    | PRICE   |
|---------------------------------------------------------------------------------------------------------|---------|
| CAESAR LARGE                                                                                            | \$10.29 |
| CAESAR SMALL                                                                                            | \$5.49  |
| SALAD LARGE                                                                                             | \$10.29 |
| SALAD SMALL                                                                                             | \$5.49  |
| Bowl of Chicken Noodle                                                                                  | \$6.59  |
| A cozy bowl of the classic soup - chicken broth and noodles, with chicken, celery, carrots, and onions. |         |
| Cup of Chicken Noodle                                                                                   | \$4.39  |

Burgers & Sandwiches

| ITEM                                                                                                                        | PRICE   |
|-----------------------------------------------------------------------------------------------------------------------------|---------|
| Breakfast Burger                                                                                                            | \$16.09 |
| 100% Angus burger, cheddar cheese, hashbrowns, lettuce, tomato, bacon, an egg any style and Hollandaise sauce.              |         |
| Avocado Breakfast Sandwich                                                                                                  | \$13.09 |
| Scrambled egg, cheddar cheese, bacon and avocado with lettuce, tomato and mayo on eight-grain toast served with homefrie... |         |
| Classic Burger                                                                                                              | \$13.99 |
| 100% Angus burger, cheddar cheese, lettuce, tomato, and red onions.                                                         |         |
| Philly Cheesesteak                                                                                                          | \$15.39 |
| Roasted and seasoned beef topped with grilled onions and peppers, melted provel cheese on a toasted hoagie roll.            |         |
| Bacon, Egg and Cheese Croissant                                                                                             | \$10.99 |
| Bacon, scrambled egg and cheddar cheese on a flaky croissant                                                                |         |
| Spicy Honey Chicken Biscuit                                                                                                 | \$9.19  |
| Buttermilk marinated chicken tender, tossed in a spicy honey sauce on a biscuit served with homefries                       |         |
| Fried Chicken Sandwich                                                                                                      | \$13.99 |
| Buttermilk marinated chicken, bacon, provel cheese, honey mustard, lettuce and tomato.                                      |         |
| Double Decker BLT                                                                                                           | \$14.29 |
| Three slices of toast, loaded with bacon, lettuce, tomato and mayo. A bacon sandwich?! Yes please.                          |         |
| Spicy Honey Chicken Sandwich                                                                                                | \$12.69 |
| Buttermilk-marinated chicken dipped in our signature spicy honey sauce, topped with tomato.                                 |         |
| Metro Club                                                                                                                  | \$16.89 |
| Ham, turkey, bacon, Swiss, cheddar, lettuce, tomato and mayo on three slices of white toast. A sky-high sandwich!           |         |
| Chicken Salad Croissant                                                                                                     | \$12.89 |
| Roasted chicken, chopped pecans, grapes, celery and mayo served on a flaky croissant with lettuce and sliced tomato.        |         |
| Grilled 3 Cheese                                                                                                            | \$9.19  |
| Cheddar, Swiss and provel on grilled white bread. Add ham, bacon, or tomato.                                                |         |
| BBQ Bacon Burger                                                                                                            | \$15.79 |
| 100% Angus burger, hickory smoked bacon, lettuce, tomato, cheddar cheese and BBQ sauce                                      |         |

Lunch & Dinner Favorites

| ITEM                                                                                                                        | PRICE   |
|-----------------------------------------------------------------------------------------------------------------------------|---------|
| Fried Chicken and Waffle (Lunch & Dinner Favorites)                                                                         | \$18.69 |
| Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our sign... |         |
| Half Rack BBQ RIBS                                                                                                          | \$18.69 |
| tender, slow cooked baby back ribs marinated for 24 hours then slathered with our homemade bbq sauce. Served with season... |         |

| ITEM                                                                                                                                                                                      | PRICE          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Metro Shrimp and Grits</b><br>Creamy grits topped with shrimp, sausage, onions, peppers, shrimp sauce, chopped bacon, and green onions.                                                | <b>\$19.79</b> |
| <b>Full Rack BBQ RIBS</b><br>A full rack of tender, slow cooked baby back ribs marinated for 24 hours then slathered with our homemade BBQ sauce. Ser...                                  | <b>\$23.09</b> |
| <b>Fried Chicken Plate</b><br>Half a fried chicken, creamy mashed potatoes with a rich brown gravy, green beans, our sweet & spicy sauce, and biscuit.                                    | <b>\$18.69</b> |
| <b>Iron City Meatloaf</b><br>Our famous griddle-seared meatloaf with rich brown gravy, creamy mashed potatoes and steamed green beans.                                                    | <b>\$15.79</b> |
| <b>Chicken Tender Plate</b><br>Buttermilk marinated chicken tenders, seasoned, hand-breaded and fried. Served with coleslaw, seasoned fries and Creole...                                 | <b>\$14.69</b> |
| <b>Fish and Chips (Lunch &amp; Dinner Favorites)</b><br>Crispy beer battered and fried white fish, with tartar sauce, coleslaw and seasoned fries.                                        | <b>\$14.89</b> |
| <b>Chicken Pot Pie</b><br>Tender chicken, carrots, celery and corn in our velvety cream sauce and topped with our original homemade biscuit crust....                                     | <b>\$14.69</b> |
| <b>Roasted Turkey Plate</b><br>Seasoned turkey breast roasted in-house with rich brown gravy, cornbread stuffing, creamy mashed potatoes, steamed green...                                | <b>\$15.99</b> |
| <b>Steak Tips</b><br>Seasoned and seared sirloin tips with mushrooms, in our rich brown gravy with creamy mashed potatoes and steamed green b...                                          | <b>\$17.59</b> |
| <b>Shepherd's Pie</b><br>Seasoned ground beef and pork, carrots, celery and corn in a rich brown sauce, topped with creamy mashed potatoes and mi...                                      | <b>\$14.69</b> |
| <b>Teriyaki Salmon Bowl (Lunch &amp; Dinner Favorites)</b><br>Teriyaki Salmon, served over a bed of seasoned white rice and a veggie mix of shredded carrots, red cabbage, corn, green... | <b>\$18.59</b> |
| <b>Tangy Chicken Bowl</b><br>Tangy Chicken, served over a bed of seasoned white rice and a veggie mix of shredded carrots, red cabbage, corn, green p...                                  | <b>\$12.89</b> |
| <b>Loaded Burger Bowl</b><br>100% Angus burger, topped with American cheese, lettuce, diced tomato, onions, and pickles. Served over seasoned fries a...                                  | <b>\$13.99</b> |
| <b>Teriyaki Steak Bowl</b><br>Teriyaki Steak, served over a bed of seasoned white rice and a veggie mix of shredded carrots, red cabbage, corn, green...                                  | <b>\$15.99</b> |
| <b>Teriyaki Salmon Plate</b><br>Grilled salmon with sweet teriyaki glaze. Served with creamy mashed potatoes and steamed broccoli.                                                        | <b>\$18.69</b> |

Sides

| ITEM                           | PRICE         |
|--------------------------------|---------------|
| <b>MASH POTATOES and GRAVY</b> | <b>\$4.39</b> |
| <b>MASH DRY</b>                | <b>\$3.69</b> |
| <b>MACARONI and CHEESE</b>     | <b>\$4.79</b> |
| <b>GREEN BEANS</b>             | <b>\$4.39</b> |
| <b>FRUIT</b>                   | <b>\$4.79</b> |
| <b>FRENCH FRIES</b>            | <b>\$4.39</b> |
| <b>COLESLAW</b>                | <b>\$4.39</b> |
| <b>BROCCOLI</b>                | <b>\$4.39</b> |
| <b>TURK LINKS</b>              | <b>\$4.39</b> |
| <b>Toast</b>                   | <b>\$3.09</b> |

| ITEM                 | PRICE  |
|----------------------|--------|
| SAUSAGE GRAVY SMALL  | \$3.69 |
| SD BISCUIT and GRAVY | \$7.69 |
| SAUSAGE GRAVY LG     | \$4.39 |
| PATTYS               | \$4.39 |
| LINKS                | \$4.39 |
| HOME FRIES           | \$4.39 |
| Hashbrowns           | \$4.39 |
| HAM STEAK            | \$4.19 |
| GRITS                | \$3.29 |
| FRUIT BOWL           | \$6.59 |
| CHEESE GRITS         | \$3.89 |
| CANADAN BACON        | \$4.39 |
| BOWL GRITS           | \$3.69 |
| BOWL CHEESE GRITS    | \$4.99 |
| BACON CRISPY         | \$4.39 |
| BACON                | \$4.39 |
| 3 EGG'S              | \$4.99 |
| 2 EGG'S              | \$3.39 |
| 2 BISCUITS           | \$4.09 |
| 1 EGG                | \$1.69 |
| 1 BISCUIT            | \$2.09 |
| FRUIT (Sides)        | \$4.79 |
| CORNBREAD STUFFING   | \$4.39 |

Desserts

| ITEM           | PRICE  |
|----------------|--------|
| Chocolate Cake | \$6.59 |

Kid's Menu

| ITEM                                  | PRICE  |
|---------------------------------------|--------|
| Kid's Bissell                         | \$8.29 |
| KID GRILLED CHEESE                    | \$6.59 |
| KIDS CHICKEN and WAFFLES              | \$9.69 |
| KIDS MAC and CHEESE                   | \$6.59 |
| Creamy macaroni and cheese and a side |        |
| KID PANCAKES                          | \$5.29 |

| ITEM                                                     | PRICE         |
|----------------------------------------------------------|---------------|
| <b>Kid's Platter</b>                                     | <b>\$7.69</b> |
| <b>KID'S TENDERS</b>                                     | <b>\$7.69</b> |
| <b>Kid's Waffle</b><br>Half of a regular Belgian waffle. | <b>\$5.49</b> |

Beverages

| ITEM                                                                                                                                 | PRICE         |
|--------------------------------------------------------------------------------------------------------------------------------------|---------------|
| <b>Freshly Ground Coffee</b><br>Start your meal with a cup of Metro Diner's freshly ground coffee, the perfect warm pick-me-up.      | <b>\$4.09</b> |
| <b>Diet Coke</b><br>Metro Diner serves Coca-Cola products including Diet Coke. Available as a fountain drink.                        | <b>\$4.09</b> |
| <b>Coke</b><br>Metro Diner serves Coca-Cola products including Diet Coke. Available as a fountain drink.                             | <b>\$4.09</b> |
| <b>Coke Zero</b><br>Metro Diner serves Coca-Cola products including Diet Coke. Available as a fountain drink.                        | <b>\$4.09</b> |
| <b>Sprite</b><br>Metro Diner serves Coca-Cola products including Diet Coke. Available as a fountain drink.                           | <b>\$4.09</b> |
| <b>Lemonade</b><br>A refreshing, Minutemaide lemonade to accompany your meal.                                                        | <b>\$4.09</b> |
| <b>Freshly Brewed Iced Unsweetened Tea</b><br>Freshly brewed unsweet iced tea. The perfect cold beverage to complete your breakfast. | <b>\$4.09</b> |
| <b>Freshly Brewed Iced Sweet Tea</b><br>Freshly brewed sweet tea. The perfect cold beverage to complete your meal.                   | <b>\$4.09</b> |
| <b>Milk</b><br>Complete your meal with a classic choice: a glass of cool, whole milk at Metro Diner.                                 | <b>\$3.99</b> |
| <b>Chocolate Milk</b><br>Creamy chocolate milk. The perfect comfort beverage add-on to your favorite comfort food.                   | <b>\$3.99</b> |
| <b>Large Apple Juice</b><br>A large, refreshing apple juice to accompany your delicious meal.                                        | <b>\$4.39</b> |
| <b>Large Cranberry Juice</b><br>A large, refreshing cranberry juice to accompany your delicious meal.                                | <b>\$4.39</b> |
| <b>Large Orange Juice</b><br>A large, refreshing orange juice to accompany your delicious meal.                                      | <b>\$4.39</b> |
| <b>Large Grapefruit Juice</b><br>A large, refreshing grapefruit juice to accompany your delicious meal.                              | <b>\$4.39</b> |
| <b>Large Pineapple Juice</b><br>A large, refreshing pineapple juice to accompany your delicious meal.                                | <b>\$4.39</b> |