



Pita Jungle

Menu Prices — October 24, 2026

Pita Jungle menu with prices in United States, updated March 2025: 246 items across 25 categories, prices from \$1.19 to \$77.29.

Restaurant & Food Industry Reports



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Pita Jungle Menu with Prices (United States)

Pita Jungle menu with prices in United States, updated March 2025: 246 items across 25 categories, prices from \$1.19 to \$77.29. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/pita-jungle

Menu categories: Wood Fired Pizza · Gluten-Free Signature Entrees · Gluten-Free Salads · Gluten-Free Pizzas & Burgers · Gluten-Free Pitas, Wraps & Bowls · Gluten-Free Starters · SKC - Inflation Busters · SKC - Main Menu · Retail · Vegan · Extra Sauce · Protein Sides · Vegetarian Sides · Starters · Signature Entrees · Sizzling Salads · Cold Salads · Bowls · Wraps · Pita · Limited Time Offer · Beverages · Desserts · Kids Meal · Healthy Burgers

Wood Fired Pizza

ITEM	PRICE
Chipotle Chicken Lavash Pizza grilled marinated all-natural chicken breast in a lemon-chili-chipotle glaze, tomatoes, green onions, toasted pine nuts,...	\$19.89
Glazed Chicken Lavash Pizza grilled marinated all-natural chicken breast in a honey-dijon glaze, wood-fired onions, herbs, mozzarella, cheddar, feta...	\$19.89
Pita Crisp mozzarella, cheddar, greek pita crust	\$8.29
Kafta Pizza ground beef mixed with minced onions, jalapeno, parsley, mediterranean seasoning and pomegranate molasses, tomatoes, fir...	\$19.89
Spinach and Pesto Lavash Pizza spinach, roasted mushrooms, wood-fired tomatoes, pesto, herbs, mozzarella, feta, thin lavash crust	\$18.59

Gluten-Free Signature Entrees

ITEM	PRICE
Gluten-Free** Chicken Combo Platter grilled marinated all-natural chicken breast, lemon-cilantro mixed beans, turmeric brown rice, garlic dip, tomatoes, oni...	\$21.69
Gluten-Free** Chicken Del Sol southwest style all-natural chicken breast, black beans, corn, diced tomatoes, cilantro, garlic, blue corn chips	\$19.29
Gluten-Free** Organic Red Quinoa with Cilantro Jalapeno Hummus organic red quinoa, tuscan kale, spinach, baby arugula, tomatoes, cucumbers, red onions, garlic, feta, toasted pine nuts...	\$18.59
Wood-Fired Norwegian Salmon* (Gluten-Free Signature Entrees) wood-fired norwegian salmon, garlic-herb smashed potatoes, wilted spinach	\$24.79
Wood-Fired Chicken (Gluten-Free Signature Entrees) marinated all-natural chicken breast, garlic-herb smashed potatoes, wilted spinach, light tomato-garlic sauce	\$23.19
Chicken Tikka Masala (Gluten-Free Signature Entrees) grilled marinated all-natural chicken breast, coconut masala sauce, turmeric brown rice, sprouts	\$21.69
Keto and Paleo Platter (Gluten-Free Signature Entrees) grilled marinated all-natural chicken breast, broccoli, cabbage-kale super greens, turmeric cauliflower rice, garlic, he...	\$20.29

Gluten-Free Salads

ITEM	PRICE
Gluten-Free** Chicken Curry Salad grilled marinated all-natural chicken breast in yogurt-curry sauce, turmeric brown rice, carrots, celery, red onions, re...	\$20.59
Gluten-Free** Lentil Fetoosh Salad lentils and turmeric brown rice, seasonal mixed greens, tomatoes, cucumbers, red onions, garlic, evoo, lemon juice, suma...	\$18.59
Gluten-Free**Greek Salad (Small) seasonal mixed greens, tomatoes, cucumbers, red onions, feta, kalamata olives, lemon vinaigrette	\$13.69

ITEM	PRICE
Gluten-Free**Greek Salad (Large) seasonal mixed greens, tomatoes, cucumbers, red onions, feta, kalamata olives, lemon vinaigrette	\$17.89
Grilled Chicken Salad (Gluten-Free Salads) grilled marinated all-natural chicken breast, seasonal mixed greens, tomatoes, cucumbers, red onions, lemon vinaigrette	\$20.39
Gluten-Free** Falafel Salad baked chickpea croquettes, seasonal mixed greens, tomatoes, cucumbers, red onions, pickles, tahini, sumac, blue corn ch...	\$15.69
Gluten-Free** Wood-Fired Vegetable Salad broccoli, cauliflower, eggplant, zucchini, yellow squash, mushrooms, tomatoes, carrots, garlic, seasonal mixed greens, t...	\$19.29
Za'atar-Dusted Wood-Fired Norwegian Salmon* Salad (Gluten-Free Salads) wood-fired norwegian salmon, tuscan kale, baby arugula, spinach, red bell peppers, tomatoes, kalamata olives, feta, za'a...	\$24.59
Avocado Garbanzo Southwest Bowl (Gluten-Free Salads) avocado, chickpeas, organic red quinoa, tomatoes, cucumbers, celery, roasted jalapenos, organic blue corn chips, pickled...	\$17.89

Gluten-Free Pizzas & Burgers

ITEM	PRICE
Gluten-Free Kafta Beef* Burger hand-formed beef, pomegranate molasses patty, mixed with minced parsley, jalapenos, onions, baby arugula, hothouse tomat...	\$21.59
Gluten-Free** Chipotle Chicken Pizza grilled marinated all-natural chicken breast in a lemon-chili-chipotle glaze, tomatoes, green onions, toasted pine nuts,...	\$22.39
Gluten-Free** Glazed Chicken Pizza grilled marinated all-natural chicken breast in a honey-dijon glaze, wood-fired onions, herbs, mozzarella, cheddar, feta...	\$22.39
Gluten-Free** Spinach and Pesto Pizza spinach, roasted mushrooms, wood-fired tomatoes, pesto, herbs, mozzarella, feta, gluten-free crust	\$21.09
Gluten-Free** Kafta Beef Pizza ground beef mixed with minced onions, jalapeno, parsley, mediterranean seasoning and pomegranate molasses, tomatoes, fir...	\$22.39
Gluten-Free Grilled Portobello Mushroom Burger grilled marinated portobello mushroom, roasted red bell pepper, baby arugula, hothouse tomato, sprouts, pesto, gluten-fr...	\$20.29

Gluten-Free Pitas, Wraps & Bowls

ITEM	PRICE
Gluten-Free** California Beach Chicken Bowl grilled marinated all-natural chicken breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted m...	\$21.09
Gluten-Free** Mediterranean Roasted Chicken Shawarma grilled marinated all-natural chicken breast, garlic sauce, tahini, seasonal mixed greens, tomatoes, red onions, pickles...	\$15.49
Gluten-Free** Baked Falafel Pita baked chickpea croquettes, tahini, seasonal mixed greens, tomatoes, red onions, pickles, gluten-free pita	\$14.19
Gluten-Free** Spicy Chicken Wrap spicy marinated all-natural chicken breast, steamed veggies: broccoli, cauliflower zucchini, yellow squash, tomatoes, re...	\$20.39
Gluten-Free** Wood-Fired Veggies Wrap eggplant, zucchini, bell peppers, tomatoes, onions, with feta, mozzarella, gluten-free wrap, wood-fired, side greek sala...	\$19.19
Gluten-Free** Turkey Pesto Wrap roasted all-natural turkey breast, pesto, roasted tomatoes and onions, swiss, gluten-free wrap, wood-fired, side greek s...	\$20.39
Gluten-Free** Shawarma Wrap grilled marinated all-natural chicken breast, garlic sauce, roasted tomatoes and onions, gluten-free wrap, wood-fired, s...	\$21.69
Gluten-Free** California Beach Wrap with Turkey roasted all-natural turkey breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mushrooms, b...	\$21.69

ITEM	PRICE
Gluten-Free** California Beach Wrap with Chicken grilled marinated all-natural chicken breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted m...	\$21.69
Gluten-Free** Med Chicken Bowl grilled marinated all-natural chicken breast, garlic sauce, tahini, tomatoes, red onions, pickles, turmeric brown rice,...	\$14.89
Gluten-Free** Falafel Bowl baked chickpea croquettes, tahini, tomatoes, red onions, pickles, turmeric brown rice, cabbage-kale super greens, lemon...	\$13.59
Gluten-Free** Spicy Chicken Bowl spicy grilled marinated all-natural chicken breast, steamed veggies: broccoli, cauliflower, zucchini, yellow squash, tom...	\$19.79
Gluten-Free** Wood-Fired Veggies Bowl eggplant, zucchini, bell peppers, tomatoes, onions, with feta, mozzarella, pesto-turmeric brown rice, side greek salad	\$18.59
Gluten-Free** Turkey Pesto Bowl roasted all-natural turkey breast, pesto, roasted tomatoes and onions, swiss, pesto-turmeric brown rice, side greek sala...	\$19.79
Gluten-Free** Shawarma Bowl grilled marinated all-natural chicken breast, garlic sauce, roasted tomatoes and onions, turmeric brown rice, side greek...	\$21.09
Gluten-Free** California Beach Turkey Bowl grilled marinated all-natural turkey breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mu...	\$21.09

Gluten-Free Starters

ITEM	PRICE
Gluten-Free** Hummus (Small) chickpeas, tahini, fresh garlic, evoo, lemon juice, garbanzo confit, blue corn chips	\$9.59
Gluten-Free** Hummus (Large) chickpeas, tahini, fresh garlic, evoo, lemon juice, garbanzo confit, blue corn chips	\$13.29
Gluten-Free** Rst Red Pepper Hummus (Small) chickpeas, tahini, roasted bell peppers, fresh garlic, lemon juice, garbanzo confit, blue corn chips	\$9.59
Gluten-Free** Rst Red Pepper Hummus (Large) chickpeas, tahini, roasted bell peppers, fresh garlic, lemon juice, garbanzo confit, blue corn chips	\$13.29
Gluten-Free** Cilantro Jalapeno Hummus (Small) chickpeas, tahini, fresh cilantro, fresh jalapeno, fresh garlic, evoo, lemon juice, pico de gallo, blue corn chips	\$9.59
Gluten-Free** Cilantro Jalapeno Hummus (Large) chickpeas, tahini, fresh cilantro, fresh jalapeno, fresh garlic, evoo, lemon juice, pico de gallo, blue corn chips	\$13.29
Gluten-Free** Hummus with Ginger-Turmeric Veggies sauteed finely chopped veggies, choice of hummus, toasted pine nuts, blue corn chips	\$20.39
Gluten-Free** Hummus with Grilled Chicken grilled marinated all-natural chicken breast, choice of hummus, toasted pine nuts, blue corn chips	\$20.39
Gluten-Free** Hummus with Kafta Beef ground beef mixed with minced onions, diced tomatoes, jalapeno, parsley, mediterranean seasoning, pomegranate molasses,...	\$20.39
Gluten-Free** Hummus with Seared Ahi Tuna fresh ahi tuna, curried-sesame crust, choice of hummus, blue corn chips, served medium rare	\$22.19
Gluten-Free** Baba Ganoosh (Small) broiled eggplant, tahini, yogurt, fresh garlic, evoo, lemon juice, kalamata olives, blue corn chips	\$9.59
Gluten-Free** Baba Ganoosh (Large) broiled eggplant, tahini, yogurt, fresh garlic, evoo, lemon juice, kalamata olives, blue corn chips	\$13.29
Gluten-Free** Garlic Dip (Small) emulsion of fresh garlic, lemon juice, oil, smashed potatoes, blue corn chips	\$9.59
Gluten-Free** Garlic Dip (Large) emulsion of fresh garlic, lemon juice, oil, smashed potatoes, blue corn chips	\$13.29

ITEM	PRICE
Gluten-Free** Tzatziki (Small)	\$9.59
yogurt, cucumber, fresh garlic, mint, za'atar, blue corn chips	
Gluten-Free** Tzatziki (Large)	\$13.29
yogurt, cucumber, fresh garlic, mint, za'atar, blue corn chips	
Gluten-Free** Mozzarella Tomato and Basil	\$18.29
fresh mozzarella, sliced hothouse tomato, fresh basil, baby arugula, tuscan kale, evoo, organic balsamic reduction	
Gluten-Free** Spinach Four-Cheese Quesadilla	\$18.29
cheddar, mozzarella, feta, swiss, fresh spinach, tzatziki, pico de gallo, za'atar, gluten-free wrap	
Gluten-Free** Caramelized Cauliflower with Tahini	\$12.39
wood-fired caramelized cauliflower, garlic-cilantro tahini sauce, toasted pine nuts	

SKC - Inflation Busters

ITEM	PRICE
Skinny Toum Chicken Wrap	\$3.59
Grilled marinated all-natural chicken breast, toum, tomatoes, pickles, red onions, tahini, Pita Jungle sriracha, parsley...	
Falafel Skinny Wrap	\$3.59
Falafel, tahini, Pita Jungle sriracha, tomatoes, pickles, red onions, parsley, mint, lavash wrap Vegetarian	
Wood-Fired Cauliflower Taco	\$3.59
Wood-fired caramelized cauliflower, tahini, Pita Jungle sriracha, caramelized onions, toasted pine nuts, parsley, corn t...	
Shawarma Toum Chicken Taco	\$3.59
Grilled marinated all-natural chicken breast, toum, tomatoes, pickles, radish, red onions, jalapeno, cabbage kale super...	

SKC - Main Menu

ITEM	PRICE
Chicken Enchilada Med Bean Chowder (Cup)	\$4.69
Marinated chicken, mixed beans, green and red bell peppers, jalapeno, tomatoes, balsamic vinegar, cumin, chili powder, o...	
Chicken Enchilada Med Bean Chowder (Bowl)	\$5.89
Marinated chicken, mixed beans, green and red bell peppers, jalapeno, tomatoes, balsamic vinegar, cumin, chili powder, o...	
Lemon Chicken Rice Soup (Cup)	\$4.69
Marinated chicken, turmeric brown rice, celery, carrots, onions, fresh lemon juice, garnished with arugula	
Lemon Chicken Rice Soup (Bowl)	\$5.89
Marinated chicken, turmeric brown rice, celery, carrots, onions, fresh lemon juice, garnished with arugula	
Chicken Enchilada Soup (Cup)	\$4.69
Chicken, green and red bell peppers, jalapenos, tomatoes, balsamic vinegar, cumin, chili powder, oregano, guajillo sauce...	
Chicken Enchilada Soup (Bowl)	\$5.89
Chicken, green and red bell peppers, jalapenos, tomatoes, balsamic vinegar, cumin, chili powder, oregano, guajillo sauce...	
Mediterranean Ceviche	\$16.39
Mexican wild shrimp, avocado, Persian cucumbers, tomatoes, red onion, fresh cilantro, fresh lemon juice, evoo, homemade...	
Chicken Banh-Mi	\$15.29
Grilled marinated all-natural chicken breast, spicy umami spread, jalapenos, Vietnamese pickled carrots and daikon, fres...	
The G.O.A.T. Chicken Sandwich	\$11.79
Grilled marinated all-natural chicken breast, 1001 dressing (mayo contains egg), tomatoes, red onions, seasonal lettuce,...	
Riviera Tuna Fondido	\$10.59
This elevated Tuna melt features Albacore in a tuna salad of bell peppers, jalapenos, fresh basil and mint with freshly...	
Smashed Falafel Grinder	\$10.59
Baked smashed falafel, toum, Mediterranean pickles, tomatoes, red onions, tahini, Pita Jungle sriracha, fresh parsley an...	

ITEM	PRICE
Mixed Salad Bowl Cool crisp iceberg lettuce, red cabbage, tomatoes, red onions, carrots, pita crumbles, with herb-lemon vinaigrette	\$10.59
Retail	
ITEM	PRICE
Ice Tea (Retail)	\$10.59
Sriracha	\$9.39
Vegan	
ITEM	PRICE
Vegan** Mediterranean Tofu Shawarma griddled marinated organic tofu, garlic sauce, tahini, seasonal mixed greens, tomatoes, red onions, pickles with pita	\$13.69
Vegan** Mediterranean Tofu Shawarma Bowl griddled marinated organic tofu, garlic sauce, tahini, tomatoes, red onions, pickles, turmeric brown rice, cabbage-kale...	\$14.89
Vegan** Pita Burrito lemon-cilantro mixed beans, seasonal mixed greens, tomatoes, cucumbers, red onions, cilantro, garlic, lemon vinaigrette,...	\$13.79
Vegan** Keto Tofu Platter griddled marinated organic tofu, broccoli, cabbage-kale super greens, turmeric cauliflower rice, garlic, herbs, lemon ju...	\$20.29
Vegan** California Beach Tofu Lavash Wrap griddled marinated organic tofu, pesto, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mushrooms, bell pep...	\$19.89
Vegan** Spicy Tofu Bowl spicy griddled marinated organic tofu, steamed veggies: broccoli, cauliflower, zucchini, yellow squash, tomatoes, red on...	\$19.79
Vegan** Mediterranean Antipasto Platter hummus trio, taboule, dolma, baked falafel, garlic dip, kalamata olives, tomato, cucumber, pita	\$21.89
Vegan** Baked Falafel Bowl chickpea croquettes, tahini, tomatoes, red onions, pickles, turmeric brown rice, cabbage-kale super greens, lemon juice,...	\$13.59
Vegan** Mediterranean Tofu Salad griddled marinated organic tofu, roasted bell peppers, cucumbers, taboule, seasonal mixed greens, corn, diced tomatoes,...	\$20.39
Vegan** Black Bean Pita Pocket homemade black bean patty formed with chipotle jalapeno, bell peppers, carrots, corn, oats, garlic, onion, cilantro, cra...	\$17.89
Vegan** Wood-Fired Veggies Lavash Wrap eggplant, zucchini, bell peppers, tomatoes, onions, lavash wrap, wood-fired, side salad	\$17.49
Vegan** Tofu Lavash Shawarma Wrap griddled marinated organic tofu, garlic sauce, roasted tomatoes and onions, lavash wrap, wood-fired, side salad	\$19.89
Vegan** Spicy Tofu Wrap griddled marinated organic tofu, steamed veggies: broccoli, cauliflower zucchini, yellow squash, tomatoes, red onions, t...	\$18.59
Vegan** Greek Salad (Small) seasonal mixed greens, tomatoes, cucumbers, red onions, kalamata olives, lemon vinaigrette	\$13.69
Vegan** Greek Salad (Large) seasonal mixed greens, tomatoes, cucumbers, red onions, kalamata olives, lemon vinaigrette	\$17.89
Vegan** California Beach Tofu Bowl griddled marinated organic tofu, pesto, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mushrooms, bell pep...	\$21.09
Vegan** Portobello Mushroom Pita Pocket grilled marinated portobello mushroom, roasted bell peppers, baby arugula, hothouse tomato, sprouts, pesto, in a pita po...	\$17.89

ITEM	PRICE
Vegan** Organic Red Quinoa with Cilantro Jalapeno Hummus organic red quinoa, tuscan kale, spinach, baby arugula, tomatoes, cucumbers, red onions, garlic, toasted pine nuts, cila...	\$18.59
Vegan** Wood-Fired Veggies Bowl eggplant, zucchini, bell peppers, tomatoes, onions, with, pesto-turmeric brown rice, side salad	\$18.59
Vegan** Pita Burrito Bowl lemon-cilantro mixed beans, seasonal mixed greens, tomatoes, cucumbers, red onions, cilantro, garlic, lemon vinaigrette,...	\$14.99
Vegan** Tofu Lavash Shawarma Bowl griddled marinated organic tofu, garlic sauce, roasted tomatoes and onions, turmeric brown rice, side salad	\$21.09
Vegan** Baked Falafel Pita baked chickpea croquettes, tahini, seasonal mixed greens, tomatoes, red onions, pickles with pita	\$12.39
Vegan** Baked Falafel Salad baked chickpea croquettes, seasonal mixed greens, tomatoes, cucumbers, red onions, pickles, tahini, sumac, organic blue...	\$15.69
Vegan** Lentil Fetoosh Salad lentils and turmeric brown rice,seasonal mixed greens, tomatoes, cucumbers, red onions, garlic, evoo, lemon juice, sumac...	\$18.59
Vegan** Tofu Tikka Masala griddled marinated organic tofu, coconut masala sauce, turmeric brown rice, sprouts	\$21.69
Vegan** Hummus With Ginger-Turmeric Veggies sauteed finely chopped veggies, choice of hummus, toasted pine nuts, pita	\$20.39
Vegan** Tofu Pesto Lavash Wrap griddled marinated organic tofu, pesto, roasted tomatoes and onions, lavash wrap, wood-fired, side salad	\$18.59
Vegan** Tofu Pesto Bowl griddled marinated organic tofu, pesto, roasted tomatoes and onions, pesto-turmeric brown rice, side salad	\$19.79
Vegan** Veggie Pita Pocket avocado, baby greens, seasonal mixed greens, tomatoes, cucumbers, bell peppers, red onions, sprouts, taboule, lemon vina...	\$13.79
Vegan** Hummus With Tofu choice of hummus, grilled marinated tofu, toasted pine nuts, pita	\$20.39
Vegan** Avocado Garbanzo Southwest Bowl avocado, chickpeas, organic red quinoa, tomatoes, cucumbers, celery, roasted jalapenos, organic blue corn chips, pickled...	\$17.89

Extra Sauce

ITEM	PRICE
Tzatziki (2oz)	\$1.19
Lemon Vinaigrette (2oz)	\$1.19
Garlic Dip (2oz)	\$1.19
Hummus (2oz)	\$1.19
Tahini (2oz)	\$1.19
Balsamic Reduction (2 oz)	\$1.19
Red Wine Vinegar (2oz)	\$1.19

Protein Sides

ITEM	PRICE
Wood-Fired Norwegian Salmon* (Protein Sides)	\$12.39
Gyro, Shaved	\$8.29

ITEM	PRICE
Chicken Breast	\$8.29
Philly Steak, Shaved	\$8.29
Grilled Chicken w/ Pine Nuts	\$8.29
Kafta Beef* Patty	\$8.29
Griddled Marinated Organic Tofu	\$5.99
Mahi-Mahi	\$12.39
Shrimp (4)	\$6.19
Vegetarian Sides	

ITEM	PRICE
Falafel Ball (2)	\$2.29
Pita Chips	\$3.69
Garlic-Herb Smashed Potatoes	\$6.89
Lentils and Turmeric Brown Rice	\$6.89
Garlic New Potatoes	\$5.99
Taboule	\$5.99
Garlic Mushrooms	\$6.89
Cucumbers	\$3.49
Lemon-Cilantro Mixed Beans	\$5.99
Avocado	\$3.99
Turmeric Cauliflower Rice	\$6.19
Turmeric Brown Rice	\$5.69
Tomatoes	\$3.49
Regular Pita	\$1.59
Gluten Free Pita	\$3.29
Greek Pita	\$1.59
Wheat Pita	\$1.59
Feta Cheese	\$1.19

Starters	
ITEM	PRICE
Hummus Trio (Small) a combination of 3 hummus, pita	\$9.59
Hummus Trio (Large) a combination of 3 hummus, pita	\$13.29
Cilantro Jalapeno Hummus (Small) chickpeas, tahini, fresh cilantro, fresh jalapeno, fresh garlic, evoo, lemon juice, pico de gallo, pita	\$9.59

ITEM	PRICE
Cilantro Jalapeno Hummus (Large) chickpeas, tahini, fresh cilantro, fresh jalapeno, fresh garlic, evoo, lemon juice, pico de gallo, pita	\$13.29
Hummus with Grilled Chicken grilled marinated all-natural chicken breast, choice of hummus, toasted pine nuts, pita	\$20.39
Hummus Trio Select (Small) Select three flavors from: Regular Hummus, Roasted Bell Pepper Hummus, Cilantro Jalapeno Hummus, Baba Ganoosh, Tzatziki,...	\$9.59
Hummus Trio Select (Large) Select three flavors from: Regular Hummus, Roasted Bell Pepper Hummus, Cilantro Jalapeno Hummus, Baba Ganoosh, Tzatziki,...	\$13.29
Dolmades two grape leaves stuffed with rice, tomatoes, onions, parsley, red bell pepper, canola oil, evoo, cilantro, dill, mint,...	\$5.69
Caramelized Cauliflower with Tahini original or wood-fired caramelized cauliflower, garlic-cilantro tahini sauce, caramelized onions, toasted pine nuts	\$12.39
Hummus (Small) chickpeas, tahini, fresh garlic, evoo, lemon juice, garbanzo confit, pita	\$9.59
Hummus (Large) chickpeas, tahini, fresh garlic, evoo, lemon juice, garbanzo confit, pita	\$13.29
Blue Corn Nachos blue corn tortilla chips, lemon-cilantro mixed beans, melted cheese, pico de gallo, fresh cilantro, seasoned yogurt sauc...	\$16.49
Spinach Four-Cheese Quesadilla cheddar, mozzarella, feta, swiss, lavash bread, fresh spinach, tzatziki, pico de gallo, za'atar	\$16.49
Hummus With Seared Ahi Tuna fresh ahi tuna, curried-sesame crust, choice of hummus, pita, served medium rare	\$22.19
Mediterranean Antipasto Platter hummus duo, baba ganoosh, tzatziki, taboule, dolma, mozzarella-tomato & basil, falafel, feta, kalamata olives, cucumber,...	\$21.89
Mozzarella Tomato and Basil fresh mozzarella, sliced hothouse tomato, fresh basil, baby arugula, tuscan kale, evoo, organic balsamic reduction, pita...	\$16.49
Tzatziki (Small) yogurt, cucumber, fresh garlic, mint, za'atar, pita	\$9.59
Tzatziki (Large) yogurt, cucumber, fresh garlic, mint, za'atar, pita	\$13.29
Hummus and Taboule hummus, taboule, pita	\$14.39
Garlic Dip (Small) emulsion of fresh garlic, lemon juice, oil, smashed potatoes, pita	\$9.59
Garlic Dip (Large) emulsion of fresh garlic, lemon juice, oil, smashed potatoes, pita	\$13.29
Baba Ganoosh (Small) broiled eggplant, tahini, yogurt, fresh garlic, evoo, lemon juice, kalamata olives, pita	\$9.59
Baba Ganoosh (Large) broiled eggplant, tahini, yogurt, fresh garlic, evoo, lemon juice, kalamata olives, pita	\$13.29
Roasted Bell Pepper Hummus (Small) chickpeas, tahini, roasted bell peppers, fresh garlic, lemon juice, garbanzo confit, pita	\$9.59
Roasted Bell Pepper Hummus (Large) chickpeas, tahini, roasted bell peppers, fresh garlic, lemon juice, garbanzo confit, pita	\$13.29
Hummus With Kafta Beef* ground beef mixed with minced onions, diced tomatoes, jalapeno, parsley, mediterranean seasoning, pomegranate molasses,...	\$20.39
Lentil Soup (Cup)	\$7.49

ITEM	PRICE
Lentil Soup (Bowl)	\$9.19
Coconut Curry Soup (Cup)	\$7.49
Coconut Curry Soup (Bowl)	\$9.19

Signature Entrees

ITEM	PRICE
Chicken Combo Platter grilled marinated all-natural chicken breast, lemon-cilantro mixed beans, turmeric brown rice, garlic dip, tomatoes, oni...	\$21.69
Chicken Tikka Masala grilled marinated all-natural chicken breast, coconut masala sauce, turmeric brown rice, sprouts	\$21.69
Keto and Paleo Platter grilled marinated all-natural chicken breast, broccoli, cabbage-kale super greens, turmeric cauliflower rice, garlic, he...	\$20.29
Wood-Fired Norwegian Salmon* wood-fired norwegian salmon, garlic-herb smashed potatoes, wilted spinach	\$24.79
Chicken Del Sol southwest style all-natural chicken breast, black beans, corn, diced tomatoes, cilantro, garlic, chipotle-cheddar pita c...	\$19.29
Wood-Fired Chicken marinated all-natural chicken breast, garlic-herb smashed potatoes, wilted spinach, light tomato-garlic sauce	\$23.19
Organic Red Quinoa with Cilantro Jalapeno Hummus organic red quinoa, tucscan kale, spinach, baby arugula, tomatoes, cucumbers, red onions, garlic, feta, toasted pine nut...	\$18.59
Mahi* and Pita Chips wood-fired mahi-mahi, cilantro jalapeno hummus, pico de gallo, toasted pine nuts, sprouts, lemon, seasoned pita chips	\$24.79

Sizzling Salads

ITEM	PRICE
Wood-Fired Vegetable Salad broccoli, cauliflower, eggplant, zucchini, yellow squash, mushrooms, tomatoes, carrots, garlic, seasonal mixed greens, t...	\$19.29
Chicken Pasta Salad grilled marinated all-natural chicken breast, tri-color rotini pasta, tomatoes, lemon vinaigrette	\$20.39
Lentil Fetoosh Salad lentils and turmeric brown rice, caramelized onions, seasonal mixed greens, tomatoes, cucumbers, red onions, garlic, evo...	\$18.59
Grilled Chicken Salad grilled marinated all-natural chicken breast, seasonal mixed greens, tomatoes, cucumbers, red onions, lemon vinaigrette	\$20.39
Za'atar-Dusted Wood-Fired Norwegian Salmon* Salad wood-fired norwegian salmon, tuscan kale, baby arugula, spinach, red bell peppers, tomatoes, kalamata olives, feta, za'a...	\$24.59
Falafel Salad chickpea croquettes, seasonal mixed greens, tomatoes, cucumbers, red onions, pickles, tahini, sumac, pita, lemon vinaigr...	\$15.69

Cold Salads

ITEM	PRICE
Mediterranean Chicken Salad grilled chopped all-natural chicken breast, roasted bell peppers, cucumbers, taboule, seasonal mixed greens, corn, diced...	\$20.39
Greek Salad (Small) seasonal mixed greens, tomatoes, cucumbers, red onions, feta, kalamata olives, lemon vinaigrette	\$13.69

ITEM	PRICE
Greek Salad (Large) seasonal mixed greens, tomatoes, cucumbers, red onions, feta, kalamata olives, lemon vinaigrette	\$17.89
Chicken Curry Salad grilled marinated all-natural chicken breast in yogurt-curry sauce, turmeric brown rice, carrots, celery, red onions, re...	\$20.59
Avocado Garbanzo Southwest Bowl avocado, chickpeas, organic red quinoa, tomatoes, cucumbers, celery, roasted jalapenos, organic blue corn chips, pickled...	\$17.89
Spinach Pasta Salad fresh spinach, tri-color rotini pasta, tomatoes, roasted mushrooms, bell peppers, pesto, za'atar, lemon vinaigrette	\$17.89

Bowls

ITEM	PRICE
Mediterranean Chicken Shawarma Bowl grilled marinated all-natural chicken breast, garlic sauce, tahini, tomatoes, red onions, pickles, turmeric brown rice,...	\$14.89
Gyro Bowl broiled beef and lamb gyro, tzatziki, tomatoes, red onions, pickles, turmeric brown rice, cabbage-kale super greens, lem...	\$14.89
Falafel Bowl chickpea croquettes, tahini, tomatoes, red onions, pickles, turmeric brown rice, cabbage-kale super greens, lemon juice,...	\$13.59
Spicy Chicken Bowl spicy grilled marinated all-natural chicken breast, steamed veggies: broccoli, cauliflower, zucchini, yellow squash, tom...	\$19.79
Philly Steak Bowl premium shaved beef cuts, roasted bell peppers, onions, and mushrooms, mozzarella, turmeric brown rice, parsley, sprouts	\$16.19
Turkey Pesto Bowl roasted all-natural turkey breast, pesto, roasted tomatoes and onions, swiss, pesto-turmeric brown rice, side greek sala...	\$19.79
Grilled Chicken Bowl grilled marinated all-natural chicken breast, garlic sauce, tomatoes, red onions, pickles, turmeric brown rice, cabbage-...	\$14.89
California Beach Bowl with Chicken grilled marinated all-natural chicken breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted m...	\$21.09
Wood-Fired Veggies Bowl eggplant, zucchini, bell peppers, tomatoes, onions, with feta, mozzarella, pesto-turmeric brown rice, side greek salad	\$18.59
Lavash Shawarma Bowl grilled marinated all-natural chicken breast, garlic sauce, roasted tomatoes and onions, turmeric brown rice, side greek...	\$21.09
Philly Chicken Bowl grilled marinated all-natural chicken breast, roasted bell peppers and onions, swiss, turmeric brown rice, parsley, spro...	\$16.19
California Beach Bowl with Turkey roasted all-natural turkey breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mushrooms, b...	\$21.09

Wraps

ITEM	PRICE
Lavash Shawarma Wrap grilled marinated all-natural chicken breast, garlic sauce, roasted tomatoes and onions, lavash wrap, wood-fired, side g...	\$19.89
Turkey Pesto Lavash Wrap roasted all-natural turkey breast, pesto, roasted tomatoes and onions, swiss, lavash wrap, wood-fired, side greek salad	\$18.59
California Beach Lavash Wrap with Chicken grilled marinated all-natural chicken breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted m...	\$19.89
Spicy Chicken Wrap spicy marinated all-natural chicken breast, steamed veggies: broccoli, cauliflower, zucchini, yellow squash, tomatoes, r...	\$18.59

ITEM	PRICE
Wood-Fired Veggies Lavash Wrap eggplant, zucchini, bell peppers, tomatoes, onions, with feta, mozzarella, arugula, pesto, garlic sauce, organic balsami...	\$17.49
California Beach Lavash Wrap with Turkey roasted all-natural turkey breast, pesto-mayo, avocado, seasonal mixed greens, tomatoes, cucumbers, roasted mushrooms, b...	\$19.89
Pita	
ITEM	PRICE
Gyro broiled beef and lamb gyro, tzatziki, seasonal mixed greens, tomatoes, red onions, pickles, greek pita	\$13.69
Mediterranean Roasted Chicken (Shawarma) grilled marinated all-natural chicken breast, garlic sauce, tahini, seasonal mixed greens, tomatoes, red onions, pickles...	\$13.69
Philly Steak Pita premium shaved beef cuts, roasted bell peppers and onions, roasted mushrooms, mozzarella, greek pita, wood-fired	\$14.99
Grilled Chicken Pita grilled marinated all-natural chicken breast, garlic sauce, seasonal mixed greens, tomatoes, red onions, pickles, greek...	\$13.69
Philly Chicken Pita grilled marinated all-natural chicken breast, roasted bell peppers and onions, swiss, greek pita, wood-fired	\$14.99
Falafel Pita chickpea croquettes, tahini, seasonal mixed greens, tomatoes, red onions, pickles, pita	\$12.39
Limited Time Offer	
ITEM	PRICE
Mezze Platter Happy Hour Tapas assortment: hummus & chicken with pine nuts, fresh mozzarella & tomato, baked pita chips, kafta mini po...	\$40.99
Family Meal Serves 4 Adults - choose 1 starter, 1 base, 1 green, 1 sauce, 1 protein, 1 side dish. Served with Walnuts Baklawa.	\$77.29
Beverages	
ITEM	PRICE
Guava Lemonade	\$4.69
Paradise Green Tea	\$4.69
Diet Pepsi Can	\$2.39
Pepsi Can	\$2.39
Tropical Tea	\$4.69
Lemonade Iced Tea	\$4.69
Berry Tea	\$4.69
Bottled Water	\$2.39
Life WTR 1L	\$5.19
Starry Can	\$2.39
Iced Tea Gallon	\$18.79
Pure Leaf Unsweetened	\$2.99

ITEM	PRICE
Sparkling Water (Bottled)	\$4.59
Iced Chai Latte	\$5.19
Desserts	
ITEM	PRICE
Walnut Baklava Rolls (3)	\$8.29
Carrot Cake	\$9.99
Turtle Cheesecake	\$9.99
Rice Pudding	\$8.29
Gluten-Free Brownie	\$8.29
Chocolate-Dipped Walnut Baklava Rolls (3)	\$9.59
Fresh Fruit Cup	\$5.89

Kids Meal	
ITEM	PRICE
Kids Meal	\$8.19
1 grains/carbs, 1 protein, 1 vegetable, seasonal fruit. Served with a kid's drink.	

Healthy Burgers	
ITEM	PRICE
Kafta Beef* Burger	\$19.89
hand-formed beef and pomegranate molasses patty, mixed with minced parsley, jalapenos and onions, baby arugula, hothouse...	
Chipotle Black Bean Burger	\$18.59
homemade black bean patty formed with chipotle, jalapenos and bell peppers, carrots, corn, oats, garlic, onion, fresh ci...	
Grilled Portobello Mushroom Burger	\$18.59
grilled marinated portobello mushroom, roasted red bell peppers, baby arugula, hothouse tomato, sprouts, caramelized oni...	