



Pura Vida

Menu Prices — October 24, 2026

Pura Vida menu with prices in United States, updated March 2025: 127 items
across 17 categories, prices from \$1.25 to \$41.95.

Restaurant & Food Industry Reports



Competitor Price Intelligence →

Pura Vida Menu with Prices (United States)

Pura Vida menu with prices in United States, updated March 2025: 127 items across 17 categories, prices from \$1.25 to \$41.95. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/pura-vida

Menu categories: BAKERY · SAUCES & SIDES · BOTTLED DRINKS · WELLNESS SHOTS · COLD PRESS JUICES · SPECIALTY DRINKS · TEA · COFFEE · ALL DAY BREAKFAST · SNACKS · ACAI BOWLS · SMOOTHIES · PLATES · SALADS · BOWLS · WRAPS · SANDWICHES

BAKERY

ITEM	PRICE
PLAIN CROISSANT *contains gluten, dairy, eggs 230 CAL	\$6.95
PAIN AU CHOCOLATE *contains gluten, dairy, eggs 280 CAL	\$8.95
CINNAMON CROISSANT *contains gluten, dairy, eggs	\$8.95
BANANA BREAD *contains gluten, walnuts, eggs 320 CAL	\$8.95
VEGAN WALNUT CHOCOLATE CHIP COOKIE *contains gluten, walnuts 590 CAL	\$6.95
GF TAHINI CHOCOLATE COOKIE *contains dairy, eggs, sesame, almond 620 CAL	\$6.95
MATCHA PISTACHIO COOKIE *contains gluten, dairy, eggs, pistachio 540 CAL	\$6.95
PEANUT BUTTER ENERGY BITES raw, vegan & gluten-free peanut butter, oats, chocolate chips, coconut, chia seed, flaxseed, maple syrup, vanilla 28...	\$6.95
ALMOND BUTTER ENERGY BITES raw, vegan & gluten-free almond butter, oats, chocolate chips, coconut, chia seed, flaxseed, maple syrup, vanilla 32...	\$6.95
HAZELNUT DATE ENERGY BITES raw, vegan & gluten-free hazelnut, dates, vanilla, cacao powder, salt 320 CAL	\$6.95

SAUCES & SIDES

ITEM	PRICE
OVEN ROASTED SALMON SIDE 370 CAL	\$10.95
SMOKED SALMON SIDE 80 CAL	\$8.95
RAW WILD TUNA SIDE 140 CAL	\$9.95
TUNA SALAD SIDE 330 CAL	\$7.95
ANTIBIOTIC-FREE CHICKEN SIDE 185 CAL	\$6.95
TURKEY BACON SIDE 140 CAL	\$5.95
MOZZARELLA SCRAMBLE SIDE pasture-raised eggs scrambled with mozzarella 290 CAL	\$7.95

ITEM	PRICE
MOZZARELLA WHITE SCRAMBLE SIDE eggs whites scrambled with mozzarella 270 CAL	\$7.95
OVER EASY EGGS SIDE pasture-raised eggs, olive oil, salt 140 CAL	\$5.95
SOFT BOILED EGGS SIDE 140 CAL	\$6.95
BAKED SWEET POTATO SIDE 150 CAL	\$7.95
+ PURA VIDA SAUCE SIDE 140 CAL	\$1.95
+ SPICY AIOLI SIDE 270 CAL	\$1.95
+ SPICY SOY GINGER DRESSING SIDE 110 CAL	\$1.95
+ PONZU SAUCE SIDE 50 CAL	\$1.95
+ GREEN TAHINI DRESSING SIDE 110 CAL	\$1.95
+ CAESAR DRESSING SIDE 210 CAL	\$1.95
+ PESTO SAUCE SIDE 290 CAL	\$1.95
+ LEMON OIL SIDE 240 CAL	\$1.95
+ APPLE CIDER VINAIGRETTE SIDE 170 CAL	\$1.95
+ HERB VINAIGRETTE SIDE 250 CAL	\$1.95
+ PICANTE SAUCE SIDE 35 CAL	\$1.95
+ VEGAN BALSAMIC VINAIGRETTE SIDE	\$1.25

BOTTLED DRINKS

ITEM	PRICE
WATERMELON CUCUMBER KOMBUCHA 46 CAL	\$6.95
GINGER LEMON KOMBUCHA 62 CAL	\$6.95
EVIAN SPRING WATER 330 ML	\$4.95
EVIAN SPRING WATER 750 ML	\$5.95
COCONUT WATER 10 oz 80 CAL	\$6.95
CHLOROPHYLL WATER	\$6.95

Wellness Shots	
Item	Price
Flu Shot ginger, lemon, honey, cayenne pepper 45 CAL	\$6.50
The Detox pineapple, cucumber, spinach, aloe, lemon, jalapeno 15 CAL	\$6.50
Immunity Shot orange, pineapple, ginger, garlic, honey, cayenne, oregano 25 CAL	\$6.50
Shot of Glow carrot, orange, apple, lemon, ginger, turmeric 25 CAL	\$6.50
Eternal Youth pineapple, lemon, ginger, probiotics, elderberry, echinacea, holy basil 30 CAL	\$6.50
Cold Press Juices	
Item	Price
Green Deluxe spinach, kale, celery, apple, cucumber, lemon 80 CAL	\$12.95
Miami Beet beet, pineapple, carrot, cucumber, ginger 140 CAL	\$11.95
Immune Booster ginger, lemon, pineapple, orange juice, garlic, honey, cayenne pepper 150 CAL	\$12.95
The Glow carrot, orange, apple, lemon, ginger, turmeric 140 CAL	\$11.95
Orange Juice 8oz 100 CAL	\$8.95
Apple Juice 8oz 130 CAL	\$8.95
Lala Lemonade lemon sweetened with agave 8oz 80 CAL	\$6.95
The Wellness Kit 4-pack of cold-pressed juices + 2 complimentary flu shots green deluxe - 80 CAL immune booster - 150 CAL the glow -...	\$41.95
Specialty Drinks	
Item	Price
Dragon Fruit Refresher pitaya dragon fruit, passion fruit, agave, lala lemonade 130 CAL	\$7.95
Mango Pineapple Refresher mango, pineapple, lala lemonade 60 CAL	\$7.95
Matcha Lemonade organic japanese matcha green tea, lemon, agave 110 CAL	\$8.95
Iced Banana Brew espresso, oat mylk, banana, date, cinnamon 260 CAL	\$9.95
Tea	
Item	Price

ORGANIC TEA 0 CAL	\$5.00
MATCHA LATTE 70-160 CAL	\$8.00
SPICED CHAI LATTE black tea spiced with cinnamon, clove, ginger, cardamom, and a touch of natural sugar 130-220 CAL	\$8.00
ICED ORGANIC TEA 0 CAL	\$5.00
ICED MATCHA LATTE 70-160 CAL	\$8.50
ICED SPICED CHAI LATTE black tea spiced with cinnamon, clove, ginger, cardamom, and natural sugar 130-220 CAL	\$8.25

COFFEE

ITEM	PRICE
ESPRESSO DOUBLE 0 CAL	\$4.50
MACCHIATO DOUBLE 20-40 CAL	\$5.50
CORTADITO 20 CAL	\$5.50
LATTE 80-190 CAL	\$7.50
CAPPUCCINO 80-190 CAL	\$7.50
AMERICANO 0 CAL	\$5.25
DRIP COFFEE 0 CAL	\$5.25
ICED LATTE 80-190 CAL	\$7.95
ICED CAPPUCCINO 80-190 CAL	\$7.95
ICED AMERICANO 0 CAL	\$5.25
ICED DRIP COFFEE 0 CAL	\$5.00
COLD BREW ON ICE 0 CAL	\$7.50

ALL DAY BREAKFAST

ITEM	PRICE
AVOCADO SMASH toasted sourdough topped with avocado smash, fresh lemon juice, micro cilantro, radish, cucumber, olive oil drizzle 42...	\$13.95
PERFECT EGG SANDWICH artisanal toasted bagel scooped, pasture-raised eggs, mozzarella, arugula, avocado smash, tomatoes, olive oil, red peppe...	\$16.95

ITEM	PRICE
SMOKED SAMMY (MULTIGRAIN SOURDOUGH) multigrain sourdough*, smoked salmon, pasture-raised soft-boiled egg, smashed avocado, whipped cream cheese with scallio...	\$23.95
SMOKED SAMMY (GLUTEN-FREE BREAD*) multigrain sourdough*, smoked salmon, pasture-raised soft-boiled egg, smashed avocado, whipped cream cheese with scallio...	\$26.45
CROISSANT SANDWICH pasture-raised eggs scrambled with mozzarella served on a freshly baked plain croissant with tomato and mixed greens 6...	\$17.95
THE NEW YORKER toasted sourdough, whipped cream cheese with scallion, smoked salmon, sliced tomato, pickled red onion, alfalfa sprouts,...	\$18.95
FIRE EGG WRAP pasture-raised eggs scrambled , mozzarella, crumbled feta, avocado, bell pepper, spinach, olive oil, picante sauce side...	\$15.95
VEGGIE OMELETTE pasture-raised whole eggs, scallions, bell pepper, mozzarella, and spinach, served with avocado smash, toasted sourdough...	\$18.95
OVERNIGHT OATS wholegrain gluten-free oats, almond milk, dates, goji berries, almonds, pumpkin seed, cinnamon • topped with strawberry,...	\$14.95
FRUIT SALAD yogurt topped with mango, kiwi, pineapple, strawberry, blueberry, banana, raw local honey, vegan gluten-free granola* ...	\$15.95
TOMATO BAGEL artisanal toasted bagel, whipped cream cheese topped with fresh sliced tomato, extra virgin olive oil 480 CAL	\$10.95
BAGEL AND SCHMEAR toasted artisanal bagel and whipped cream cheese 470 CAL	\$7.95

SNACKS

ITEM	PRICE
TAHINI HUMMUS hummus*, olive oil, micro cilantro, served with your choice of crudite cucumber or toasted pita *contains sesame 510...	\$11.95
TUNA TARTARE raw wild tuna, avocado smash, cucumber, jalapeno, scallion, micro cilantro, sesame seed, ponzu yuzu*, spicy aioli *con...	\$16.95
SPINACH AND CHEESE EMPANADA mozzarella, spinach, onion 160 CAL	\$5.95
CHICKEN EMPANADA chicken, corn, red pepper, green pepper, onion 150 CAL	\$5.95
BEEF EMPANADA beef, plantain, red pepper, green pepper, onion 160 CAL	\$5.95
HOMEMADE GRANOLA gluten-free rolled oats, walnuts, almonds, coconut, date sugar, himalayan pink salt, cinnamon, coconut oil, vanilla, map...	\$10.95
YOGURT PARFAIT greek yogurt, organic grass-fed vanilla whey protein, almond milk, topped with dried cherry, pecan, raw local honey, hom...	\$11.95
OVERNIGHT OATS PARFAIT wholegrain gluten-free oats, almond milk, dates, goji berries, almonds, pumpkin seed, cinnamon, sea salt • topped with s...	\$9.95
CHIA PARFAIT chia seed pudding made with almond mylk, maple syrup, vanilla coconut yogurt, blueberry, strawberry, kiwi, vegan glute...	\$11.95

ACAI BOWLS

ITEM	PRICE
CRUNCHY KIWI raw acai blended with banana, topped with kiwi, pumpkin seed, hemp seed, and vegan gluten-free granola* no modifiers o...	\$16.95

ITEM	PRICE
BALI CRUNCH raw acai blended with banana, topped with banana, vegan gluten-free granola*, mango, cacao nibs, goji berry, and almond...	\$17.95
SIGNATURE ACAI raw acai blended with banana, topped with banana, vegan gluten-free granola*, strawberry, pineapple, shaved coconut, and...	\$16.95
PB LOVER raw acai blended with banana, vegan gluten-free granola* base, topped with strawberry, blueberry, pecan, coconut, goji b...	\$17.95

SMOOTHIES

ITEM	PRICE
PLAYA PAPAYA papaya, pineapple, coconut water 270 CAL	\$13.95
OMER'S POST-WORKOUT blueberry, banana, spinach, almond butter, almond mylk, vegan vanilla protein* *contains coconut 470 CAL	\$12.95
WELCOME TO MIAMI passion fruit, mango, banana 420 CAL	\$11.95
CHOCOLATE PB peanut butter, banana, almond mylk, raw local honey, organic grass-fed chocolate whey protein* *contains coconut 580...	\$11.95
MIAMI MOCHA espresso shot, banana, almond butter, cacao, date, almond mylk, organic grass-fed vanilla whey protein* *contains coco...	\$14.95
VITAMIN SEA strawberry, blueberry, pineapple, orange juice 220 CAL	\$13.95
SUPER GREENS spinach, kale, granny smith apple, cucumber, celery, pineapple, ginger, lemon 260 CAL	\$13.95
COCO AZUL coconut water, banana, pineapple, mango, blue spirulina, collagen protein, hemp seed, shaved coconut 480 CAL	\$13.95

PLATES

ITEM	PRICE
ROASTED CHICKEN PLATE antibiotic-free chicken & choice of base, topped with sesame seed, served with ponzu yuzu sauce* & house salad made with...	\$26.95
RAW WILD TUNA PLATE raw wild tuna & choice of base, topped with sesame seed, served with ponzu yuzu sauce* & house salad made with mixed gre...	\$28.95
OVEN ROASTED SALMON PLATE oven-roasted salmon & choice of base, topped with sesame seed, served with ponzu yuzu sauce* & house salad made with mix...	\$28.95

SALADS

ITEM	PRICE
CITRUS SUMMER kale, arugula, mint, red onion, persian cucumber, quinoa, roasted corn, grapefruit, crumbled feta, tossed in vegan balsa...	\$18.95
THAI ALMOND basil, napa cabbage, mixed greens, edamame, red bell pepper, carrot, scallion, sesame seed, thai almond dressing* *con...	\$16.95
GREEK SALAD arugula, mixed greens, cherry tomato, marinated olives, cucumber, red onion, sweet bell pepper, crumbled feta, sourdough...	\$20.95
KALE CAESAR locally sourced kale, mixed with homemade caesar dressing, croutons, parmesan cheese 650 CAL	\$17.95

ITEM	PRICE
JEN'S HERB arugula, kale, mint, italian parsley, micro cilantro, quinoa, jalapeño, spiced pumpkin seed, crumbled feta, scallion, ap...	\$19.95
BOWLS	
AVOCADO SALMON oven-roasted salmon, cilantro jasmine rice, arugula, roasted corn, avocado, pickled red onion, radish, spiced pumpkin se...	\$26.95
SUMMER CHICKEN antibiotic-free chicken, cilantro jasmine rice, arugula, avocado, pineapple, carrot, sweet bell pepper, cilantro, sesame...	\$21.95
SPICY TUNA raw wild tuna, cilantro jasmine rice, arugula, avocado, cucumber, radish, micro cilantro, scallions, sesame seed, ponzu...	\$26.95
WRAPS	
PESTO AHI TUNA raw wild tuna, cilantro jasmine rice, spinach, avocado, carrot, red onion, pesto*, pura vida sauce on the side *contai...	\$20.95
CRUNCHY VEGGIE roasted sweet potato, hummus, spinach, avocado, cucumber, tomato, carrot, sprouts, red onion, herb vinaigrette, green ta...	\$19.95
KALE CHICKEN CAESAR antibiotic-free chicken, locally sourced kale, croutons, shaved parmesan, and our seriously addicting homemade caesar dr...	\$19.95
TOASTED CHICKEN antibiotic-free chicken, cilantro jasmine rice, sweet bell pepper, mozzarella, avocado 890 CAL served on whole wheat...	\$19.95
SPICY SALMON oven-roasted salmon, cilantro jasmine rice, edamame, avocado, carrot, cucumber, scallion, sesame seed, ponzu yuzu sauce*...	\$19.95
SANDWICHES	
CALI CHICKEN antibiotic-free chicken, avocado, mozzarella, red onion, tomato, mixed greens, herb vinaigrette, served on toasted ciaba...	\$19.95
PONZU TUNA raw wild tuna, avocado, cucumber, arugula, pickled red onion, carrot, cilantro, sesame seed, ponzu yuzu sauce*, spicy ai...	\$24.95
PESTO CHICKEN toasted ciabatta, antibiotic-free chicken, arugula, tomato, goat cheese, pesto*, balsamic glaze *contains tree nuts (w...	\$21.95
TUNA SPROUT tuna salad made with fresh baked tuna, seasoned with olive oil, chopped veggies and homemade mustard aioli, served over...	\$20.95