



Red Lobster

Menu Prices — September 20, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



The 2025 US Pizza Restaurants & Industry Trends Report

Pizza Industry →



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



2025 US Dining Restaurants & Industry

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

Desserts

ITEM	PRICE
Classic Cheesecake New York style cheesecake on a graham cracker crust with whipped cream. 1080 Cal	\$14.39
Chocolate Wave Layers of decadent chocolate cake and creamy fudge frosting. Served with vanilla ice cream and rich chocolate sauce. 11...	\$13.19
Brownie Overboard Warm brownie wedges served with a scoop of vanilla ice cream. Topped with caramel, fudge and whipped cream. 1020 Cal	\$14.39
Key Lime Pie Sweet and tart key lime custard on a graham cracker crust with whipped cream. 580 Cal	\$13.19
Strawberry Cheesecake Bliss New York style cheesecake with fresh strawberry topping and whipped cream. 1170 Cal	\$15.59

Beverages

ITEM	PRICE
Fruit Smoothies 380 Cal - 460 Cal	\$10.19

Starters

ITEM	PRICE
Crispy Dragon Shrimp Crispy shrimp tossed in a sweet, mildly spicy chili sauce. 1010 Cal	\$19.19
Lobster Dip (Starters) Maine and langostino lobster, spinach and artichoke in a three-cheese blend with tortilla chips and pico de gallo. 890...	\$21.59
Seafood-Stuffed Mushrooms Signature seafood topping and Monterey Jack cheese. 360 Cal	\$17.99
Parrot Isle Coconut Shrimp Appetizer Hand-breaded jumbo coconut shrimp served with our piña colada sauce. 660 Cal	\$17.99
Mozzarella Cheesesticks Served with marinara. 730 Cal	\$14.39
Hand-Breaded Calamari Golden-fried calamari served with jalapeño ranch and marinara. 1000 Cal	\$20.39
Popcorn Shrimp Morceaux de crevettes croustillantes enrobés de pâte légère, parfaits pour être trempés dans du ketchup. Accompagnés de...	\$19.19
Crab-Topped Seafood-Stuffed Mushrooms Our Seafood-Stuffed Mushrooms topped with lump crab meat in a creamy sauce. 530 Cal	\$23.99
Bacon-Wrapped Sea Scallops Four sea scallops wrapped in bacon and served with spring mix. 450 Cal	\$23.99
Shrimp Cocktail Premium jumbo shrimp served with cocktail sauce. 180 Cal	\$19.19
Lobster Flatbread (Starters) Maine and langostino lobster with mozzarella, parmesan, fresh tomatoes and sweet basil. 800 Cal	\$22.79

Signature Feasts

ITEM	PRICE
------	-------

Create Your Own Ultimate Feast	\$65.99
Choose 2 Premium and 2 Classic selections. Served with your choice of two sides. 960 Cal - 2100 Cal	
Admiral's Feast	\$37.19
Un éventail de saveurs maritimes avec des crevettes préférées de Walt, du fletan sauvage, des lanières de palourdes et d...	
Surf and Turf Maine Lobster Tail and 7 oz. Sirloin** (Signature Feasts)	\$51.59
Served with your choice of two sides. 740 Cal	
Grilled Lobster, Shrimp and Salmon** (Signature Feasts)	\$56.39
Tender Maine lobster tail, shrimp and Atlantic salmon, finished with a brown butter sauce. Served with choice of two sid...	
Surf and Turf Maine Lobster Tail and 6 oz. Filet Mignon** (Signature Feasts)	\$62.39
Served with your choice of two sides. 680 Cal	
Ultimate Feast	\$59.99
Maine lobster tail, snow crab, Walt's Favorite Shrimp and garlic shrimp scampi. Served with choice of two sides. 1280 C...	

Bowls & Sandwiches

ITEM	PRICE
Sesame-Soy Salmon** Bowl	\$26.39
Soy-ginger-glazed Atlantic salmon, crispy Brussels sprouts, orzo rice, spring mix and crispy onions. 1120 Cal	
Crunch-Fried Flounder Sandwich	\$20.39
On a sesame bun with our signature sauce and coleslaw. Served with Chesapeake fries and hush puppies. 1690 Cal	
Classic Caesar Salad with Grilled Chicken	\$20.39
Morceaux de poulet grillé déposés sur notre salade César classique.	
Bacon Cheeseburger**	\$22.79
Grilled patty topped with bacon, cheddar, lettuce, fresh tomato and our signature sauce. Served on a sesame bun with a c...	
Classic Caesar Salad with Grilled Shrimp	\$22.79
Grilled shrimp served over our Classic Caesar Salad. 740 Cal	
Classic Caesar Salad	\$15.59
Des feuilles de laitue romaine croquantes, parsemées de parmesan râpé, enrobées d'une onctueuse sauce César, et agrément...	
New! Shrimp and Sausage Jambalaya (Bowls & Sandwiches)	\$28.79
Shrimp and Cajun sausage served over orzo rice in a zesty tomato-based sauce, with bell peppers, onions, and celery. 10...	
Southwest Shrimp Bowl	\$23.99
Zesty grilled shrimp over jalapeño ranch-drizzled orzo rice with spring mix, pico de gallo, sour cream, and tortilla str...	

Pastas

ITEM	PRICE
Cajun Chicken Linguini Alfredo	\$25.19
Des morceaux de poulet épicé reposant sur des pâtes linguini, nappées d'une sauce Alfredo onctueuse au goût de crème et...	
Shrimp Linguini Alfredo	\$28.79
Tender shrimp in a creamy garlic Alfredo sauce on a bed of linguini. 1110 Cal	
Crab Carbonara	\$33.59
Lump crab meat tossed with fresh tomatoes and linguini in a cream sauce. Topped with shaved parmesan and bacon. 1730 Ca...	
Lobster and Shrimp Linguini (Pastas)	\$35.99
Maine and langostino lobster meat and shrimp tossed with fresh tomatoes and linguini in a creamy lobster sauce. 1240 Ca...	

Soups & Sides

ITEM	PRICE
Half Dozen Cheddar Bay Biscuits	\$7.79
All entrées come with two warm, house-made Cheddar Bay Biscuits. Not enough? Order extra here. 970 Cal	

ITEM	PRICE
New England Clam Chowder Bowl 490 Cal	\$13.19
One Dozen Cheddar Bay Biscuits Deux unités des biscuits Cheddar Bay fraîchement cuits accompagnent chaque plat principal. Envie de plus ? Douze biscuit...	\$10.79
Creamy Lobster Mashed Potatoes Maine and langostino lobster meat in a creamy lobster beurre blanc sauce over mashed potatoes. 350 Cal	\$11.39
New England Clam Chowder Cup 240 Cal	\$10.79
Tartar Sauce (8 oz.) 1210 Cal	\$3.59
Cocktail Sauce (8 oz.) 220 Cal	\$3.59
Pina Colada Sauce (8 oz.) 410 Cal	\$4.79
Crispy Brussels Sprouts Drizzled with soy-ginger sauce and topped with crispy onions. 380 Cal	\$7.19
Mashed Potatoes false	\$5.39
Crab-Topped Asparagus Asparagus topped with lump crab meat in a creamy sauce. 260 Cal	\$13.79
Crab-Topped Mashed Potatoes Mashed potatoes topped with lump crab meat in a creamy sauce. 350 Cal	\$9.59
Crab-Topped Baked Potato Baked potato topped with lump crab meat in a creamy sauce. 440 Cal	\$9.59
Bacon Mac and Cheese Cavatappi pasta in creamy cheese sauce topped with bacon. 600 Cal	\$8.39
Seasoned Broccoli 190 Cal	\$5.39
Orzo Rice 310 Cal	\$5.39
Baked Potato 270 Cal	\$5.39
Creamy Lobster Baked Potato Maine and langostino lobster meat in a creamy lobster beurre blanc sauce over a baked potato. 450 Cal	\$11.39
Hush Puppies 420 Cal	\$5.39
Roasted Asparagus 90 Cal	\$7.79
Chesapeake Fries 510 Cal	\$5.39
Coleslaw Une salade croquante de chou et de carottes râpées, enrobée d'une vinaigrette subtile et crémeuse pour un accompagnement...	\$5.39
Caesar Side Salad Crisp romaine lettuce, shaved parmesan, a creamy Caesar dressing and toasted brioche croutons. 360 Cal	\$7.19
House Side Salad Mixed greens with fresh tomatoes, a blend of cheeses, red onion, toasted croutons and your choice of dressing. 160 Cal	\$7.19

ITEM	PRICE
Lobster Bisque - Cup Rich, creamy lobster bisque (6 oz.) served with oyster crackers. 340 Cal	\$10.79
Lobster Bisque - Bowl Rich, creamy lobster bisque (12 oz.) served with oyster crackers. 630 Cal	\$13.19
Cajun Butter (4 oz.) 650 Cal	\$4.19
Roasted Garlic Butter (4 oz.) 860 Cal	\$4.19
New! OLD BAY and Butter (4 oz.) 590 Cal	\$4.19
New! Lemon Pepper Butter (4 oz.) 670 Cal	\$4.19
New! RL Signature Butter (4 oz.) A blend of all our butters! 750 Cal	\$4.19

Kids

ITEM	PRICE
Popcorn Shrimp (Kids) Served with ketchup and choice of side. 430 Cal	\$10.79
Golden-Fried Fish Faux-filets de poisson plongés dans une pâte dorée croquante, accompagnés de ketchup et de votre choix de garniture. 530...	\$11.79
Grilled Shrimp (Kids) Served with choice of side. 80 Cal	\$10.79
Macaroni and Cheese Macaroni enrobés d'une sauce crémeuse à base de fromage fondant, offrant un confort exquis dans chaque bouchée. Accompag...	\$9.59
Grilled Chicken Served with choice of side. 170 Cal	\$10.79
Crispy Chicken Tenders (Kids) Served with honey mustard and choice of side. 690 Cal	\$10.79

Biscuits & Extras

ITEM	PRICE
Half Dozen Cheddar Bay Biscuits (Biscuits & Extras) All entrées come with two warm, house-made Cheddar Bay Biscuits. Not enough? Order extra here. 970 Cal	\$7.79
One Dozen Cheddar Bay Biscuits (Biscuits & Extras) All entrées come with two warm, house-made Cheddar Bay Biscuits. Not enough? Order extra here. 1940 Cal	\$10.79
Snow Crab Legs (one cluster) Served with lemon and melted butter. 380 Cal	\$21.59
Popcorn Shrimp (Biscuits & Extras) Served with cocktail sauce. 430 Cal	\$11.39
Garlic Linguini Alfredo Creamy garlic Alfredo sauce served over a bed of linguini. 540 Cal	\$10.79
Classic Maine Lobster Tail Served with lemon and melted butter. 420 Cal	\$27.59
Grilled Maine Lobster Tail Tender Maine lobster tail grilled and glazed in a buttery garlic sauce. Served with melted butter and lemon. 420 Cal	\$27.59

ITEM	PRITE
Grilled Shrimp (Biscuits & Extras) With a buttery garlic glaze. 250 Cal	\$11.39
Garlic Shrimp Scampi (Biscuits & Extras) Baked in a garlic sauce and served with lemon. 220 Cal	\$11.39
Walt's Favorite Shrimp (Biscuits & Extras) Served with cocktail sauce. 260 Cal	\$11.39
Rock Lobster Tail Served with lemon and melted butter. 480 Cal	\$37.19
New! Crispy Dragon Teriyaki Lobster Crispy Maine lobster tail tossed in a sweet and spicy teriyaki sauce. 360 Cal	\$24.59
New! LobsterChops Grilled split Maine lobster tail wrapped around two sea scallops. 190 Cal	\$26.99
New! Lobster Pasta Au Gratin Maine and langostino lobster tossed with cavatappi pasta in a creamy lobster cheese sauce, topped with mozzarella cheese...	\$13.79
Bacon-Wrapped Sea Scallops (Biscuits & Extras) Two sea scallops wrapped in bacon. 220 Cal	\$16.79

Seafood Boils

ITEM	PRICE
Sailor's Seafood Boil Two dozen shrimp, smoked sausage, corn and red potatoes. Served in a hot shake-and-serve bag with your choice of flavor....	\$41.99
Mariner's Seafood Boil A Maine lobster tail, a dozen shrimp, snow crab legs, corn and red potatoes. Served in a hot shake-and-serve bag with yo...	\$59.99

NEW Lobsterfest

ITEM	PRICE
Lobster Flatbread Maine and langostino lobster with mozzarella, parmesan, fresh tomatoes and sweet basil. 800 Cal	\$22.79
Lobster Dip Maine and langostino lobster, spinach and artichoke in a three-cheese blend with tortilla chips and pico de gallo. 890...	\$21.59
New! Create Your Own Lobster Lover's Dream -- Choose 2 Mix and match from the selections below to create the Lobsterfest® plate you’ve been dreaming of! Served with choice of...	\$59.99
New! Create Your Own Lobster Lover's Dream -- Choose 3 Mix and match from the selections below to create the Lobsterfest® plate you’ve been dreaming of! Served with choice of...	\$71.99
New! Lobsterfest Duo Two "LobsterChops" (grilled split Maine lobster tails wrapped around fresh sea scallops) paired with a roasted Maine tai...	\$59.99
New! Lobsterfest Boil Maine lobster tails, a dozen shrimp, corn and red potatoes. Served in a steaming hot shake-and-serve bag with your choic...	\$59.99
Grilled Lobster, Shrimp and Salmon** Queue.stdout	\$56.39
Lobster and Shrimp Linguini Maine and langostino lobster meat and shrimp tossed with fresh tomatoes and linguini in a creamy lobster sauce. 1240 Ca...	\$35.99
Surf and Turf Maine Lobster Tail and 7 oz. Sirloin** Served with your choice of two sides. 740 Cal	\$51.59
Surf and Turf Maine Lobster Tail and 6 oz. Filet Mignon** Served with your choice of two sides. 680 Cal	\$62.39

ITEM	PRICE
Live Maine Lobster (1.25 lb.) Wild-caught, fresh from the Atlantic. Served with your choice of two sides. Not available for raw purchase. 440 Cal	\$65.99
Shrimp Classics	
Garlic Shrimp Scampi Served in our signature garlic scampi sauce with choice of one side. 440 Cal	\$22.79
New! Shrimp and Sausage Jambalaya Shrimp and Cajun sausage served over orzo rice in a zesty tomato-based sauce, with bell peppers, onions, and celery. 10...	\$28.79
Seaside Shrimp Trio Walt's Favorite Shrimp, garlic shrimp scampi and creamy shrimp linguini Alfredo. Served with choice of one side. 1100 C...	\$32.39
Parrot Isle Coconut Shrimp Hand-breaded jumbo coconut shrimp served with our piña colada sauce and choice of one side. 940 Cal	\$25.19
Grilled Shrimp Two grilled shrimp skewers served over orzo rice with choice of one side. 500 Cal	\$23.99
Walt's Favorite Shrimp Crevettes enrobées de chapelure et frites jusqu'à une délicate croquance. Accompagnées de sauce cocktail et un accompagn...	\$23.99
New! Shrimp and Sauce Baked shrimp tossed in your favorite butter and served with choice of side. 390 Cal - 440 Cal	\$22.79
Land & Sea Classics	
7 oz. Sirloin** Grilled with our signature seasoning and served with your choice of two sides. 320 Cal	\$28.79
Lobster Lover's Duo A Maine tail and a Rock tail, both roasted to perfection. Served with choice of two sides. 600 Cal	\$59.99
6 oz. Filet Mignon** Un filet mignon de 6 oz, câliné sur le gril avec notre assaisonnement distinctif. Accompagnez-le de votre sélection de d...	\$39.59
Fish and Chips Morue sauvage enrobée de pâte croustillante, accompagnée de salade de chou fraîche, sauce tartare et votre choix de garn...	\$26.39
Parmesan-Crusted Chicken Parmesan-crusted chicken breast topped with lemon-herb sauce, fresh tomatoes and basil. Served with choice of two sides....	\$25.19
Crispy Chicken Tenders Hand-breaded, crispy chicken tenders. Served with honey mustard and choice of two sides. 950 Cal	\$21.59
Wild-Caught Crunch-Fried Flounder Served with tartar sauce and choice of two sides. 1170 Cal	\$26.39