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Sol Mexican Cocina

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Menu Prices — October 23, 2026

Sol Mexican Cocina menu with prices in United States, updated November 2019: 93 items across 12 categories, prices from $3.25 to $50.50.

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Sol Mexican Cocina Menu with Prices (United States)

Sol Mexican Cocina menu with prices in United States, updated November 2019: 93 items across 12 categories, prices from $3.25 to $50.50. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/sol-mexican-cocina

Menu categories: SIDES · ANTOJITOS · ENSALADAS · MARISCOS · SPECIALTY TACOS · LUNCH TORTAS · PLATILLOS · TACO PLATES · QUESADILLAS · BURRITOS · DESSERTS · KIDS MENU

SIDES

ITEM	PRICE
RICE	**$4.00**
BEANS	**$4.00**
QUINOA SALAD	**$4.00**
COLESLAW	**$3.50**

ANTOJITOS

ITEM	PRICE
GRILLED SWEET CORN tossed with butter, lime, chiles, cotixa cheese & chipotle drizzle	**$11.00**
SHRIMP TAQUITOS shrimp, cheese, garlic, herbs, chipotle sauce, guacamole (4)	**$15.25**
NAKED GUACAMOLE hass avocado, cilantro & lime with onion, serrano & tomato	**$15.25**
TORTILLA SOUP WITH CHICKEN homemade chicken soup with tomatillo, chipotle, chicken, cheese, avocado, fried tortillas, onion & cilantro, lime & epaz...	**$12.00**
WARMED GOAT CHEESE salted peanuts, sweet/hot chipotle syrup & cilantro sprigs	**$16.25**
GUACAMOLE SOL guacamole, mango, tequila, onions, goat cheese, pepitas & cilantro	**$18.50**
CHORIZO and MUSHROOMS CON QUESO epazote, mexican cheese, serrano & scallions	**$16.50**
GUACAMOLE GRANADA guacamole topped with extra serranos, pomegranate seeds, tart green apple & sweet-spicy peanuts, with beet chips	**$16.50**
COCONUT CALAMARI with toasted sesame, dried orange peel & spicy dipping sauce	**$18.50**

ENSALADAS

ITEM	PRICE
MEXX CHOPP BIG SALAD avocado-caesar dressing, cheese, pico, nopales, sauteed almonds, black beans & avocado	**$16.50**
BEET and WATERMELON SALAD earthy, roasted beets & sweet watermelon cubes tossed with peppery arugula & red onion, a citrusy vinaigrette & bits of...	**$16.50**
SHRIMP SALAD ESQUITES chipotle shrimp & grilled corn, arugula, lemon & cotixa cheese	**$18.00**
KING SALMON, KALE and QUINOA served warm on kale, spinach, & arugula with chia seed dressing, quinoa, pepitas, cranberries, mango, cotixa cheese, bee...	**$24.00**

MARISCOS

ITEM	PRICE
PEEL and EAT SHRIMP ‘CUCARACHAS’ 12 whole shrimp, pan-roasted in the shell with garlic, cotixa cheese, lemon & chile	**$17.50**
SPANISH OCTOPUS tender octopus, grilled & sliced, served on fingerling potatoes sauteed with chorizo, garlic, smoked Spanish paprika, to...	**$24.00**
CEVICHE SOL sashimi-grade fish, fresh-squeezed lime juice, pico & serrano, sliced avocado & tostadas	**$19.00**
HOT and RAW TROPICAL CEVICHE ¡spicy! lime & orange, habaneros, tropical fruit, avocado, cucumber, pico, sweet potato & red beet chips	**$21.00**

SPECIALTY TACOS

ITEM	PRICE
SWEET POTATO and BLACK BEAN TACO with roasted poblanos & caramelized onions	**$10.00**
TACO VAMPIRO CARNE ASADA double tortilla stuffed with melted cheese, serrano chile & scallions, guacamole, pico, chipotle sauce & cotixa	**$15.00**
SHORTRIBS and BLUE CORN hand-made blue corn tortilla, cheese, guacamole & pico	**$15.00**
SPICE-ROASTED BUTTERNUT SQUASH crispy onions, green chile & red pepper salsas	**$11.00**
POBLANO, MUSHROOM and CORN TACO epazote, queso fresco, cotixa, salsa quemada	**$12.00**
FILET and SHRIMP ‘EL JEFE’ grilled angus filet topped with 2 agave-chile shrimp, melted cheese, sliced avocado & roasted green chile salsa	**$16.50**
SHRIMP TACO DORADO chipotle-garlic shrimp, with jack cheese, mango salsa, guacamole & cilantro	**$11.00**
SPICY ‘POPCORN’ CAULIFLOWER cauliflower deep-fried in spicy beer batter, with creamy coconut-avocado salsa on a corn tortilla with pico de gallo, sh...	**$11.00**
‘CANARDITAS’ DUCK deep-fried duck leg confit, tequila-laced blackberry serrano salsa, citrus, onion & avocado (makes 3 tacos)	**$23.00**
TACO VAMPIRO CHICKEN double tortilla stuffed with melted cheese, serrano chile & scallions, guacamole, pico, chipotle sauce & cotixa	**$12.00**
BBQ SEITAN TACO vegan seitan in smoky garlic marinade, spicy BBQ sauce, serrano chile aioli, slaw & crisp-fried onions	**$12.00**
GRILLED AGAVE-CHILE SHRIMP 3 large shrimp, guacamole, creamy green salsa & pico	**$14.25**
VIPER TACO grilled chicken, melted cheese, ghost chile–chipotle salsa, avocado & onion	**$11.00**
TACO BUFALADA the taquero’s favorite - chicken, carne asada & carnitas, melted cheese, onion, guacamole & radish	**$13.00**
FISH TACO GOBERNADOR wild fish, lemon, cheese, salsa gobernador, avocado, onion	**$13.00**
‘CDMX’ QUESOTACO Mexico City-style taco with carne asada, fried oaxacan cheese, caramelized onion, poblano rajas & roasted green chile sa...	**$14.25**

ITEM	PRICE
BEER BATTERED SHRIMP TACO Ensenada-style with creamy lime, pico & cabbage	**$11.00**

LUNCH TORTAS

ITEM	PRICE
GARLIC CHICKEN MEZCAL TORTA chicken, guacamole, cheese, pico, jalapenos, onions & lettuce	**$17.50**
SLOPPY JOSE juicy pork carnitas with sliced avocado, onion, cilantro & chicharron	**$17.50**
CARNE ASADA TORTA guacamole, chipotle sauce, lettuce, pico, pickled jalapenos & onions	**$18.50**
TORTA BUFALADA chicken, carnitas & carne asada, guacamole, cheese, jalapeno, lettuce, pico	**$17.50**
CHICKEN FAJITA CLUB TORTA chicken, poblanos, peppers, onions, guacamole, bacon, cheese	**$17.50**
GRILLED FISH ZARANDEADO TORTA adobo-grilled fish, tomato, onion &	**$17.50**

PLATILLOS

ITEM	PRICE
CHILE POBLANO RELLENO de ELOTE roasted and lightly fried chile poblano stuffed with grilled corn, calabacitas, cheese, flor de calabasa in light guajil...	**$19.75**
SHORTRIBS ‘BARBACOA’ slow-cooked with chiles, with guacamole, onion, cotixa, yams	**$32.00**
GOAT CHEESE ENCHILADAS goat cheese & menonito cheeses, salsa verde, crema	**$23.00**
SHRIMP CHILE RELLENO grilled poblano chiles, arroz verde, shrimp & cheese, diabla	**$27.50**
CHEF SPECIAL CHILE VERDE Colorado-style diced pork in salsa verde of roasted green chiles & tomatillos, topped with cheese, avocado, onion & chic...	**$22.00**
PORK CARNITAS en cazuela with avocado, onion & cilantro, tomatillo salsa & chicharron	**$24.00**
EL VOLCÁN chicken & red onions sauteed in an extremely spicy red sauce of tomatoes & chile de arbol, served hot-on-hot: bubbling e...	**$23.00**
GRILLED WAGYU SKIRT STEAK American wagyu skirt steak, tomatillo salsa, chimichurri, avocado	**$42.50**
WILD FISH ON ESQUITES seasonal wild fish with almond-lemon crust, grilled corn esquites, tomato & basil, lime, avocado butter, scallions & cot...	**$50.50**
CHICKEN ‘DESMADRES’ boneless chicken pounded out thinly, chipotle- grilled, with arugula, tomato & avocado salad, cotixa cheese & grilled sw...	**$23.00**
FAJITAS STEAK tossed with fajita vegs, chimichurri sauce, grilled jalapeno & avocado	**$25.00**
FAJITAS AGAVE SHRIMP tossed with fajita vegs, chimichurri sauce, grilled jalapeno & avocado	**$25.00**
FAJITAS CHIPOTLE SHRIMP tossed with fajita vegs, chimichurri sauce, grilled jalapeno & avocado	**$25.00**

ITEM	PRICE
FAJITAS CHICKEN tossed with fajita vegs, chimichurri sauce, grilled jalapeno & avocado	**$19.00**

TACO PLATES

ITEM	PRICE
CARNE ASADA STREET TACOS (3) grilled with garlic, pico, avocado sauce & onions	**$22.00**
CARNITAS STREET TACOS (3) chicharron, avocado, onion & tomatillo salsa	**$19.75**
GRILLED CHICKEN STREET TACOS (3) avocado sauce, lemon-mezcal sauce & onions	**$19.75**

QUESADILLAS

ITEM	PRICE
GRILLED CHICKEN QUESADILLAS 2 large tortillas & Mexican cheeses with chicken, avocado sauce, chipotle sauce & salsas	**$19.75**
CHIPOTLE SHRIMP QUESADILLAS chipotle shrimp & poblano chiles with mango salsa	**$22.00**
CARNE ASADA QUESADILLA 2 large tortillas & Mexican cheeses with choice of filling, avocado sauce, chipotle sauce & salsas (choose: grilled chic...	**$22.00**
MUSHROOM and POBLANO QUESADILLAS 2 large tortillas & Mexican cheeses with mushrooms, poblanos, avocado sauce, chipotle sauce & salsas	**$21.00**
CARNITAS QUESADILLAS 2 large tortillas & Mexican cheeses with carnitas, avocado sauce, chipotle sauce & salsas	**$19.75**

BURRITOS

ITEM	PRICE
CARNE ASADA BURRITO grilled flour tortilla with carne asada, cheese, guacamole, black beans, pico de gallo & onion	**$22.00**
GRILLED CHICKEN BURRITO grilled flour tortilla with chicken, cheese, guacamole, black beans, pico de gallo & onion	**$19.75**
CARNITAS BURRITO grilled flour tortilla with carnitas, cheese, guacamole, black beans, pico de gallo & onion	**$19.75**
MUSHROOM and POBLANO BURRITO grilled flour tortilla with mushrooms, poblanos, cheese, guacamole, black beans, pico de gallo & onion	**$20.50**
BEER-BATTERED SHRIMP BURRITO grilled flour tortilla with beer-battered shrimp, cheese, guacamole, black beans, pico de gallo & onion	**$20.75**
CHIPOTLE SHRIMP BURRITO grilled flour tortilla with chipotle shrimp, cheese, guacamole, black beans, pico de gallo & onion	**$22.00**

DESSERTS

ITEM	PRICE
BANANA-CHOCOLATE BREAD PUDDING with cinnamon crema, chocolate sauce & vanilla ice cream	**$12.00**

ITEM	PRICE
LA GUERA ‘blondie’ with white chocolate & pecans, served warm with ice cream & cajeta envinada, fruit, & pecans	**$13.00**
ROSCA de CHURRO our very own fresh churro ‘ring’ served warm with cinnamon sugar & vanilla bean ice cream, drizzled with dulce de leche,...	**$11.00**
CARAMEL SEA SALT BUDIN and DARK CHOCOLATE RUM GANACHE dark caramel cream pudding spooned into a glass lined with belgian chocolate ganache, topped with whipped cream & a driz...	**$13.00**

KIDS MENU

ITEM	PRICE
ROSCA de CHURRO (KIDS MENU) our very own fresh churro ‘ring’ served warm with cinnamon sugar & vanilla bean ice cream, drizzled with dulce de leche,...	**$11.00**
ACHIOTE RED RICE	**$3.25**
CHEESE QUESADILLA	**$9.75**
BLACK BEANS	**$3.25**
CHICKEN QUESADILLA	**$12.00**
BLACK BEAN and CHEESE BURRITO	**$9.75**
CARNE ASADA and CHEESE TACOS 2 tacos with rice & black beans	**$13.00**
CARNE ASADA QUESADILLA (KIDS MENU)	**$13.00**
CHICKEN and CHEESE TACOS 2 tacos with rice & black beans	**$12.00**
LEMONADE	**$3.85**
STRAWBERRY LEMONADE	**$3.85**
DIET PEPSI	**$3.85**
PEPSI	**$3.85**
ROOT BEER	**$3.85**
SIERRA MIST	**$3.85**
MILK	**$3.85**
SHIRLEY TEMPLE	**$3.85**