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Sol Taqueria

Menu Prices — October 23, 2026

Sol Taqueria menu with prices in United States, updated October 2019: 129 items across 8 categories, prices from $2.80 to $14.99.

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Sol Taqueria Menu with Prices (United States)

Sol Taqueria menu with prices in United States, updated October 2019: 129 items across 8 categories, prices from $2.80 to $14.99. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/sol-taqueria

Menu categories: Quesadillas · Tacos · Burritos · Botanas · Alambre · Sopes · Meals · Breakfast

Quesadillas

ITEM	PRICE
Beef Barbacoa Quesadilla Beef braised in red chili broth.	**$8.99**
Cecina Quesadilla Thinly sliced salt and spice cured beef.	**$8.99**
Carne Asada Quesadilla Grilled flank steak.	**$8.99**
Lengua Quesadilla Slow-cooked beef tongue.	**$8.99**
Tripa Quesadilla Beef tripe fried to a crisp.	**$8.99**
Pork al Pastor Quesadilla Thinly sliced pork marinated in red adobo sauce.	**$8.99**
Carnitas Quesadilla Slow-cooked pork.	**$8.99**
Carnitas en Salsa Verde Quesadilla Carnitas braised in tomatillo salsa and onions.	**$8.99**
Chorizo Quesadilla House-made Mexican sausage.	**$8.99**
Pollo Asado Quesadilla Citrus marinated chicken breast.	**$8.99**
Pollo a la Mexicana Quesadilla Mild salsa braised chicken.	**$8.99**
Tinga de Pollo Quesadilla Chicken breast braised in a medium heat chipotle and sautéed onion salsa.	**$8.99**
Veggies Champinones Quesadilla Vegetarian. Mushrooms cooked in chipotle and mojo de ajo.	**$8.99**
Rajas en Crema Quesadilla Vegetarian. Creamy corn, onions, and roasted poblano peppers.	**$8.99**

Tacos

ITEM	PRICE
Street Tacos Popular. Traditional taco served on a double corn tortilla with choice of meat, fresh cilantro and onion garnish.	**$2.80**

Burritos

ITEM	PRICE
Burrito Popular. Flour tortilla filled with choice of meat, black beans, rice, lettuce, pico de gallo, and sour cream.	**$8.99**

ITEM	PRICE
Burrito Bowl Burrito sans flour tortilla. Includes chips.	**$8.99**
Alambre Burrito Bell peppers, onions, bacon, ham, cheese, rice, beans and choice of meat.	**$8.99**
California Burrito Popular. Carne asada, french fries, cheese, and guacamole.	**$8.99**
Chimichanga Popular. Deep-fried burrito filled with beans, rice, cheese, and choice of meat. Topped with our ranchero salsa, and ser...	**$8.99**
Fajita Burrito Choice of carne asada or chicken breast, onions, bell peppers, cheese, rice, beans, and guacamole.	**$8.99**
Suizo Burrito Popular. Deep-fried burrito filled with beans, rice, cheese, and choice of meat. Topped with your choice of queso fundid...	**$8.99**

Botanas

ITEM	PRICE
Carne Asada Fries Popular. Carne asada, pico de gallo, guacamole, jalapeños, sour cream, cotija cheese and queso dip on top of french frie...	**$9.00**
Chicharrones Chicharrones, valentina salsa picante, cotija cheese, pico de gallo.	**$4.00**
Elotes Popular. Corn on the cob smothered with mayo, red chile, and cotija cheese. Served with lime.	**$3.00**
Guacamole & Chips Popular. Vegetarian.	**$7.00**
Nachos Guacamole, pico de gallo, jalapeños, black beans, cotija cheese, queso dip, sour cream, and choice of filling on top of...	**$9.00**
Queso Fundido & Chips Popular.	**$6.00**
Salsa & Chips Vegetarian. Chips and choice of salsa.	**$5.00**

Alambre

ITEM	PRICE
Beef Barbacoa Alambre Beef braised in red chili broth.	**$9.99**
Cecina Alambre Thinly sliced salt and spice cured beef.	**$9.99**
Carne Asada Alambre Grilled flank steak.	**$9.99**
Lengua Alambre Slow-cooked beef tongue.	**$9.99**
Tripa Alambre Beef tripe fried to a crisp.	**$9.99**
Pork al Pastor Alambre Thinly sliced pork marinated in red adobo sauce.	**$9.99**
Carnitas Alambre Slow-cooked pork.	**$9.99**

ITEM	PRICE
Carnitas en Salsa Verde Alambre Carnitas braised in tomatillo salsa and onions.	**$9.99**
Chorizo Alambre House-made Mexican sausage.	**$9.99**
Pollo Asado Alambre Citrus marinated chicken breast.	**$9.99**
Pollo a la Mexicana Alambre Mild salsa braised chicken.	**$9.99**
Tinga de Pollo Alambre Chicken breast braised in a medium heat chipotle and sautéed onion salsa.	**$9.99**
Veggies Champinones Alambre Vegetarian. Mushrooms cooked in chipotle and mojo de ajo.	**$9.99**
Rajas en Crema Alambre Vegetarian. Creamy corn, onions, and roasted poblano peppers.	**$9.99**

Sopes

ITEM	PRICE
Beef Barbacoa Sope Beef braised in red chili broth.	**$3.50**
Cecina Sope Thinly sliced salt and spice cured beef.	**$3.50**
Carne Asada Sope Grilled flank steak.	**$3.50**
Lengua Sope Slow-cooked beef tongue.	**$3.50**
Tripa Sope Beef tripe fried to a crisp.	**$3.50**
Pork al Pastor Sope Thinly sliced pork marinated in red adobo sauce.	**$3.50**
Carnitas Sope Slow-cooked pork.	**$3.50**
Carnitas en Salsa Verde Sope Carnitas braised in tomatillo salsa and onions.	**$3.50**
Chorizo Sope House-made Mexican sausage.	**$3.50**
Pollo Asado Sope Citrus marinated chicken breast.	**$3.50**
Pollo a la Mexicana Sope Mild salsa braised chicken.	**$3.50**
Tinga de Pollo Sope Chicken breast braised in a medium heat chipotle and sautéed onion salsa.	**$3.50**
Veggies Champinones Sope Vegetarian. Mushrooms cooked in chipotle and mojo de ajo.	**$3.50**
Rajas en Crema Sope Vegetarian. Creamy corn, onions, and roasted poblano peppers.	**$3.50**

Meals

ITEM	PRICE
Platillo Meal Choice of meat, rice, and beans. Served with tortillas, sides of nopales and guacamole.	**$8.99**
Carne a la Tampiquena Meal Thinly sliced marinated sirloin steak, one salsa verde enchilada, Mexican rice, black beans. Served with pico de gallo,...	**$14.99**
Chile Relleno Meal Roasted poblano stuffed with cheese, dipped in egg batter and fried. Smothered in our ranchero sauce, and served with Me...	**$9.50**
Enchiladas Meal Popular. Three corn tortillas rolled and filled with chicken. Topped with your choice of green or red salsa. Served with...	**$8.99**
Flautas Meal Three crispy rolled corn tortillas filled with our tinga de pollo and topped with lettuce, pico de gallo, sour cream and...	**$8.99**
Caldo de Res Meal Beef shanks, mixed vegetables, and salsa verde broth. Served with tortillas and garnishes.	**$10.99**

Breakfast

ITEM	PRICE
Chilaquiles Popular. Tortillas cooked in salsa and serve with two eggs cooked your way, pico de gallo, cotija cheese, sour cream. Se...	**$9.00**
Huevos Rancheros Two eggs cooked your way and served on tostadas with ranchero salsa, pico de gallo, cotija cheese, and avocado. Served w...	**$9.00**
Huevos al Gusto Two scrambled eggs with choice of either chorizo, ham or a la Mexicana. Served with Mexican rice, black beans, and torti...	**$8.00**

Quesadillas

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Pork al Pastor Quesadilla Thinly sliced pork marinated in red adobo sauce.	**$8.99**
Carnitas Quesadilla Slow-cooked pork.	**$8.99**
Carnitas en Salsa Verde Quesadilla Carnitas braised in tomatillo salsa and onions.	**$8.99**
Chorizo Quesadilla House-made Mexican sausage.	**$8.99**
Pollo Asado Quesadilla Citrus marinated chicken breast.	**$8.99**

ITEM	PRICE
Pollo a la Mexicana Quesadilla Mild salsa braised chicken.	**$8.99**
Tinga de Pollo Quesadilla Chicken breast braised in a medium heat chipotle and sautéed onion salsa.	**$8.99**
Veggies Champinones Quesadilla Vegetarian. Mushrooms cooked in chipotle and mojo de ajo.	**$8.99**
Rajas en Crema Quesadilla Vegetarian. Creamy corn, onions, and roasted poblano peppers.	**$8.99**

Tacos

ITEM	PRICE
Street Tacos Popular. Traditional taco served on a double corn tortilla with choice of meat, fresh cilantro and onion garnish.	**$2.80**

Burritos

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Burrito Popular. Flour tortilla filled with choice of meat, black beans, rice, lettuce, pico de gallo, and sour cream.	**$8.99**
Burrito Bowl Burrito sans flour tortilla. Includes chips.	**$8.99**
Alambre Burrito Bell peppers, onions, bacon, ham, cheese, rice, beans and choice of meat.	**$8.99**
California Burrito Popular. Carne asada, french fries, cheese, and guacamole.	**$8.99**
Chimichanga Popular. Deep-fried burrito filled with beans, rice, cheese, and choice of meat. Topped with our ranchero salsa, and ser...	**$8.99**
Fajita Burrito Choice of carne asada or chicken breast, onions, bell peppers, cheese, rice, beans, and guacamole.	**$8.99**
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Botanas

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Nachos Guacamole, pico de gallo, jalapeños, black beans, cotija cheese, queso dip, sour cream, and choice of filling on top of...	**$9.00**
Queso Fundido & Chips Popular.	**$6.00**

ITEM	PRICE
Salsa & Chips Vegetarian. Chips and choice of salsa.	**$5.00**

Alambre

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Carnitas Alambre Slow-cooked pork.	**$9.99**
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Pollo a la Mexicana Alambre Mild salsa braised chicken.	**$9.99**
Tinga de Pollo Alambre Chicken breast braised in a medium heat chipotle and sautéed onion salsa.	**$9.99**
Veggies Champinones Alambre Vegetarian. Mushrooms cooked in chipotle and mojo de ajo.	**$9.99**
Rajas en Crema Alambre Vegetarian. Creamy corn, onions, and roasted poblano peppers.	**$9.99**

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Carne Asada Sope Grilled flank steak.	**$3.50**
Lengua Sope Slow-cooked beef tongue.	**$3.50**
Tripa Sope Beef tripe fried to a crisp.	**$3.50**

ITEM	PRICE
Pork al Pastor Sope Thinly sliced pork marinated in red adobo sauce.	**$3.50**
Carnitas Sope Slow-cooked pork.	**$3.50**
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