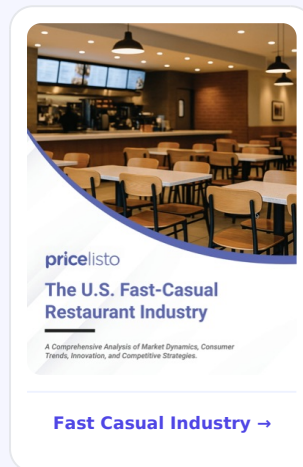




# The Grumpy Monk

Menu Prices — August 22, 2026

## Restaurant & Food Industry Reports



[Competitor Price Intelligence →](#)

Most Ordered

| ITEM                                                                                                                                                                   | PRICE          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <div><b>Famous Monk Wings</b></div> <div>Please note: due to fresh product we will not offer all flats or all drums. (8) dry rubbed, mesquite smoked and fried.</div>  | <b>\$14.00</b> |
| <div><b>The Red White and Blue</b></div> <div>Classic American cheese burger with lettuce, tomato, American cheese and onion.</div>                                    | <b>\$13.50</b> |
| <div><b>Build Your Own Salad</b></div>                                                                                                                                 | <b>\$14.99</b> |
| <div><b>Big Kid Chicken Fingers</b></div> <div>(5) all white chicken tenders freshly dipped in buttermilk, hand breaded and golden fried. Add choice wing sauce.</div> | <b>\$17.99</b> |
| <div><b>Kid's Meal</b></div> <div>Meal item includes one kid side and drink.</div>                                                                                     | <b>\$8.50</b>  |
| <div><b>Rodeo Burger</b></div> <div>Dry rub seasoned burger with bacon, Cheddar, spicy aioli, BBQ sauce, and an onion ring stuffed in the middle.</div>                | <b>\$14.50</b> |
| <div><b>Buffalo Chicken Dip</b></div> <div>Fresh mozzarella, cream cheese and buffalo sauce served with house fried tortilla chips.</div>                              | <b>\$10.99</b> |
| <div><b>Crab Dip</b></div> <div>Spicy cheese and fresh blue lump crab meat served with house fried tortilla chips.</div>                                               | <b>\$11.99</b> |
| <div><b>French Dipper</b></div> <div>Shaved certified angus beef ribeye, Swiss cheese, and sautéed onions, served in a toasted hoagie with a side of au jus.</div>     | <b>\$13.99</b> |
| <div><b>Monk Turds</b></div> <div>Fresh jalapeño, cream cheese , bacon, panko-bread crumbs and lightly fried. Served with peppercorn-ranch.</div>                      | <b>\$10.50</b> |
| <div><b>Cluck Oink Ranch</b></div> <div>Fried chicken, bacon, Cheddar cheese, lettuce, tomato, onion, housemade ranch.</div>                                           | <b>\$13.99</b> |
| <div><b>Mac and Cheese</b></div>                                                                                                                                       | <b>\$5.00</b>  |

Grilled Cheeses

| ITEM                                                                                                                                                 | PRICE          |
|------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <div><b>Pulled Pork Grilled Cheese</b></div> <div>Beer braised pulled pork, pepper jack and cheddar cheese, fried green tomato, and bbq sauce.</div> | <b>\$13.99</b> |
| <div><b>Mac and Cheese Grilled Cheese</b></div> <div>Creamy house made mac and cheese, bacon bits, toasted white bread.</div>                        | <b>\$13.99</b> |
| <div><b>California BLT Grilled Cheese</b></div> <div>Avocado, bacon, lettuce, tomato, ranch, mozzarella.</div>                                       | <b>\$13.99</b> |

Cold Sammiches

| ITEM                                                                                                                                                                        | PRICE          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <div><b>Old Macdonald Club</b></div> <div>Double decker club stuffed with freshly slice turkey, ham, bacon, topped with lettuce, tomato, American cheese, mayo, an...</div> | <b>\$13.99</b> |

Starters

| ITEM                                                                                                                                                                             | PRICE          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <div><b>Famous Monk Wings (Starters)</b></div> <div>Please note: due to fresh product we will not offer all flats or all drums. (8) dry rubbed, mesquite smoked and fried.</div> | <b>\$14.00</b> |

| ITEM                                                                                                                                      | PRICE          |
|-------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Zip-a-Dee-Do-Dah Shrimp</b><br>Hand breaded and fried east coast shrimp tossed in a sweet and spicy house sauce.                       | <b>\$11.00</b> |
| <b>Southwest Spring Rolls</b><br>(2) Blackened chicken, cheddar cheese, bacon, spinach, side of chipotle ranch.                           | <b>\$10.99</b> |
| <b>Crab Dip (Starters)</b><br>Spicy cheese and fresh blue lump crab meat served with house fried tortilla chips.                          | <b>\$11.99</b> |
| <b>Monk Turds (Starters)</b><br>Fresh jalapeño, cream cheese , bacon, panko-bread crumbs and lightly fried. Served with peppercorn-ranch. | <b>\$10.50</b> |
| <b>Chips and Queso</b><br>Tortilla chips and house-made queso.                                                                            | <b>\$10.99</b> |
| <b>Southern Pickles</b><br>Fresh pickle chips hand battered and fried served with house made ranch.                                       | <b>\$8.50</b>  |
| <b>Buffalo Chicken Dip (Starters)</b><br>Fresh mozzarella, cream cheese and buffalo sauce served with house fried tortilla chips.         | <b>\$10.99</b> |
| <b>Fried Green Tomatoes</b><br>(5) freshly cut and lightly fried, served with sweet and spicy house sauces.                               | <b>\$10.50</b> |

Build Your Own Salad

| ITEM                                               | PRICE          |
|----------------------------------------------------|----------------|
| <b>Build Your Own Salad (Build Your Own Salad)</b> | <b>\$14.99</b> |

Burgers

| ITEM                                                                                                                                           | PRICE          |
|------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>The Red White and Blue (Burgers)</b><br>Classic American cheese burger with lettuce, tomato, American cheese and onion.                     | <b>\$13.50</b> |
| <b>Rodeo Burger (Burgers)</b><br>Dry rub seasoned burger with bacon, Cheddar, spicy aioli, BBQ sauce, and an onion ring stuffed in the middle. | <b>\$14.50</b> |
| <b>Hangover Burger</b><br>Cheddar cheese, applewood bacon, lettuce, tomato, onion and an over easy egg.                                        | <b>\$14.50</b> |
| <b>Yum Yum Burger</b><br>Custom blend burger, provolone, sauteed onions and mushrooms, teriyaki sauce, and scratch-made yum yum sauce.         | <b>\$14.50</b> |
| <b>Mr Pat Burger</b><br>Custom blend burger, parmesan cheese, banana peppers, fried jalapenos, sweet aioli, lettuce, tomato, and onions.       | <b>\$14.50</b> |
| <b>Famous Monk Burger</b><br>Pepper Jack cheese, apple wood bacon, lettuce, tomato, onion, and a creamy blend of peanut butter.                | <b>\$14.50</b> |
| <b>Bacon Mushroom Swiss</b><br>Sautéed mushrooms, bacon, Swiss cheese, lettuce, tomato, onion.                                                 | <b>\$14.50</b> |

Handhelds

| ITEM                                                                                                                                                        | PRICE          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>French Dipper (Handhelds)</b><br>Shaved certified angus beef ribeye, Swiss cheese, and sautéed onions, served in a toasted hoagie with a side of au jus. | <b>\$13.99</b> |
| <b>The Monk Went Up the Philly</b><br>House cheese sauce, peppers and onions. Choice of chicken or CAB shaved ribeye.                                       | <b>\$13.99</b> |

| ITEM                                                                                                                                               | PRICE          |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Atlantic Flounder</b><br>Fresh Atlantic flounder blackened or fried. Served with tomatoes, lettuce, and house tarter sauce on a toasted hoagie. | <b>\$13.99</b> |
| <b>The Double Mahi</b><br>Blackened Mahi Mahi, lettuce, tomato, and onion served on Brioche with a side of tartar sauce.                           | <b>\$13.99</b> |
| <b>Monk Buffalo</b><br>Al white chicken breast, grilled or fried, tossed in buffalo sauce, provolone cheese, lettuce, tomato, onion.               | <b>\$13.99</b> |
| <b>Classic Reuben</b><br>Fresh corned beef, Swiss cheese, sauerkraut, 1000 island dressing, black Russian rye.                                     | <b>\$13.99</b> |

Entrées

| ITEM                                                                                                                                                          | PRICE          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Big Kid Chicken Fingers (Entrées)</b><br>(5) all white chicken tenders freshly dipped in buttermilk, hand breaded and golden fried. Add choice wing sauce. | <b>\$17.99</b> |
| <b>Smothered Chicken</b><br>(2) grilled freshly blackened chicken breasts smothered in Cheddar cheese, sautéed onions, peppers and mushrooms.                 | <b>\$18.99</b> |
| <b>Honey Pecan Chicken</b><br>(2) fresh boneless breasts encrusted in pecan breading, lightly fried and drizzled with sweet honey.                            | <b>\$18.99</b> |
| <b>Hot-Yaki Chicken</b><br>(2) Hot-yaki marinated grilled chicken breasts topped with fresh tropical pico.                                                    | <b>\$18.99</b> |
| <b>Calabash Seafood Platter</b><br>A fresh plate of calabash style hand battered and fried east coast shrimp and flounder.                                    | <b>\$20.99</b> |
| <b>Mahi-Mahi Tacos</b><br>(2) blackened mahi-mahi tacos covered with a pineapple mango blend and served over tequila- lime cabbage slaw.                      | <b>\$19.99</b> |

Wraps

| ITEM                                                                                                              | PRICE          |
|-------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Cluck Oink Ranch (Wraps)</b><br>Fried chicken, bacon, Cheddar cheese, lettuce, tomato, onion, housemade ranch. | <b>\$13.99</b> |
| <b>BLT Wrap</b><br>Applewood smoked bacon, lettuce, tomato, spicy aioli.                                          | <b>\$13.50</b> |
| <b>Turkey Wrap</b><br>Freshly sliced turkey, lettuce, tomato, onion, Swiss cheese, housemade pesto-mayo.          | <b>\$13.99</b> |

Vegan & Vegetarian

| ITEM                                                                                                                                       | PRICE          |
|--------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>Chipotle Black Bean Burger</b><br>Traditional black bean burger with a little kick. Served with lettuce, tomato, onion and spicy aioli. | <b>\$13.50</b> |

For the Kids

| ITEM                                                                           | PRICE         |
|--------------------------------------------------------------------------------|---------------|
| <b>Kid's Meal (For the Kids)</b><br>Meal item includes one kid side and drink. | <b>\$8.50</b> |

Sushi Menu

| ITEM                                                                                                                                                     | PRICE   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| <b>Volcano Roll</b><br>Crab, cream cheese, asparagus, avocado topped with baked scallop, crab, masago, scallions, mayo, and eel sauce.                   | \$15.58 |
| <b>Legends Roll</b><br>Spicy tuna and avocado roll topped with salmon, spicy mayo, tobiko, scallion, tempura flakes and eel sauce.                       | \$15.58 |
| <b>Buddha Roll</b><br>Tempura shrimp, spicy crab, and cream cheese rolled with soy wrap, topped with spicy mayo, sweet eel sauce and fried oni...        | \$15.58 |
| <b>Tropical Storm Roll</b><br>Crab, cucumber, avocado topped with tuna, salmon, yellow tail, fried onion, masago, mayo sriracha and eel sauce.           | \$15.58 |
| <b>Long Island Roll</b><br>Tempura shrimp, spicy crab, avocado, scallions topped with tuna, eel sauce, and tobiko.                                       | \$15.58 |
| <b>Spicy Buttery Crab Roll</b><br>Spicy Crab, cream cheese, sesame soy paper with garlic butter                                                          | \$13.99 |
| <b>Mexican Roll</b><br>Spicy crab, shrimp tempura, cucumber, asparagus, spicy mayo. Masago, eel sauce.                                                   | \$15.58 |
| <b>Godfather Roll</b><br>Salmon, crab, cream cheese, asparagus, deep fried and topped with baked creamy white fish crab., masago and eel sauce.          | \$15.58 |
| <b>Taste of Explosion</b><br>CAB ribeye, bacon, provolone cheese, jalapeño topped with filet, avocado, and spicy mayo with Demi glaze, sriracha and e... | \$15.58 |
| <b>Bohemian Roll</b><br>Deep fried spicy salmon, cream cheese, crab, asparagus topped with avocado, cucumber, sweet peppers and crab with tangy...       | \$15.58 |
| <b>Tuna Bacon Roll</b><br>Tuna, Bacon, and fresh jalepeno roll topped with mango salsa                                                                   | \$15.58 |
| <b>Triple Double</b><br>Spicy tuna spicy salmon, cilantro, cucumber, masago and spicy crab with eel sauce.                                               | \$15.58 |
| <b>Santa Barbara Roll</b><br>Shrimp tempura, baked dynamite, cream cheese, crab, asparagus topped with salmon, tuna, masago and eel sauce.               | \$15.58 |

Sushi

| ITEM                                                                                                   | PRICE   |
|--------------------------------------------------------------------------------------------------------|---------|
| <b>California Roll</b><br>Crab, cucumber and avocado.                                                  | \$9.99  |
| <b>Shrimp Tempura Roll</b><br>Shrimp tempura, avocado cucumber, eel sauce.                             | \$11.99 |
| <b>Spicy Crab Roll</b><br>Shredded crab mixed with hot kimchee garlic sauce.                           | \$9.99  |
| <b>JB Roll</b><br>Salmon, cream cheese and scallions.                                                  | \$9.99  |
| <b>Edamame</b>                                                                                         | \$6.50  |
| <b>Spicy Tuna Roll</b><br>Shaved big eye tuna, scallion, flying fish roe with hot kimchi garlic sauce. | \$9.99  |
| <b>Dynamite Roll</b><br>Baked fresh white fish, crab meat, masago, scallions and mayo.                 | \$9.99  |
| <b>Monk's Chicken Roll</b><br>Blackened chicken cucumber, teriyaki wasabi ranch, eel sauce.            | \$9.99  |

| ITEM                                                                                                                           | PRICE          |
|--------------------------------------------------------------------------------------------------------------------------------|----------------|
| <b>KC Roll</b><br>Sliced cucumber with crab, salmon, walu walu, tuna, cream cheese and avocado with ponzu sauce.               | <b>\$9.99</b>  |
| <b>Salmon</b><br>Consuming raw or undercooked food increases the risk of foodborne illness.                                    | <b>\$3.00</b>  |
| <b>Kanisu</b><br>Thinly sliced cucumber wrapped with crab, cream cheese and avocado with rice wine vinegar.                    | <b>\$9.99</b>  |
| <b>I-Roll</b><br>Spicy tuna, cab, lettuce, cilantro, avocado and cucumber in a rice paper wrap with sweet chili dipping sauce. | <b>\$10.99</b> |
| <b>Veggie Roll</b><br>Avocado, cucumber and asparagus.                                                                         | <b>\$8.99</b>  |
| <b>Yellow Fin Tuna</b><br>Consuming raw or undercooked food increases the risk of foodborne illness.                           | <b>\$3.00</b>  |
| <b>Seaweed Salad</b>                                                                                                           | <b>\$6.99</b>  |

Sides

| ITEM                          | PRICE         |
|-------------------------------|---------------|
| <b>Mac and Cheese (Sides)</b> | <b>\$5.00</b> |
| <b>Fries</b>                  | <b>\$5.00</b> |
| <b>Onion Rings</b>            | <b>\$5.00</b> |
| <b>Tater Tots</b>             | <b>\$5.00</b> |
| <b>Daily Starch</b>           | <b>\$5.00</b> |
| <b>Coleslaw</b>               | <b>\$4.00</b> |
| <b>Daily Vegetable</b>        | <b>\$5.00</b> |
| <b>Side Salad</b>             | <b>\$5.00</b> |