



The Sandbar

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



The 2025 US Pizza Restaurants & Industry Trends Report

Pizza Industry →



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



2025 US Dining Restaurants & Industry

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

Most Ordered	
ITEM	PRICE
Build Your Own Pizza (7") 7" pizza with your choice of red or white sauce.	\$10.50
Mozzarella Cheese Bread Served with marinara sauce.	\$9.00
Build Your Own Pasta Choose your pasta: fettuccini, spaghetti, cavatappi. Sauce options include alfredo, marinara, blush, and 5 cheese. Mix a...	\$15.75
Fettuccine Alfredo Can be made Cajun upon request. Add chicken or shrimp for an additional charge.	\$15.75
(4) Bread Sticks Served with marinara or Alfredo sauce.	\$8.00
Buffalo Chicken Mac Our 5 cheese mac and cheese topped with crispy chicken pieces tossed in Buffalo sauce.	\$18.00
Spaghetti Marinara Add meatballs for an additional charge.	\$14.50
Chips and Queso	\$6.00
3 Pieces Three Italian-inspired tacos, choose from chicken with cilantro lime chili sauce, flank steak with avocado cream sauce,...	\$15.75
Build Your Own Pizza (14") 14" pizza with choice of red or white sauce.	\$18.00
Pasta - Mac and Cheese, Spaghetti, Alfredo Add chicken or meatballs (2) for an additional charge.	\$9.00
Mr. Pibb	\$4.00
Pasta	
ITEM	PRICE
Build Your Own Pasta (Pasta) Choose your pasta: fettuccini, spaghetti, cavatappi. Sauce options include alfredo, marinara, blush, and 5 cheese. Mix a...	\$15.75
Spaghetti Marinara (Pasta) Add meatballs for an additional charge.	\$14.50
Fettuccine Alfredo (Pasta) Can be made Cajun upon request. Add chicken or shrimp for an additional charge.	\$15.75
Molte Carne "Lot's of Meat" Spaghetti noodles, marinara sauce, Philly steak, sausage, meatballs, bacon.	\$20.00
5 Cheese Mac and Cheese	\$15.75
The Bangin Blush Pasta Fettuccini noodles, blush sauce, sautéed red and green peppers, onions, mushrooms, sausage, crushed red pepper.	\$19.50
Buffalo Chicken Mac (Pasta) Our 5 cheese mac and cheese topped with crispy chicken pieces tossed in Buffalo sauce.	\$18.00
Molte Verdure "Lots of Veggies" Fettuccini noodles, blush sauce, yellow squash, zucchini, broccoli, tomatoes, red and green peppers, mushrooms.	\$19.50
Pizza - Specialty Pies 7" or 14"	
ITEM	PRICE

Cheeseburger BBQ sauce, Cheddar cheese, ground beef, pickles.	\$15.50
Chicken Alfredo Alfredo sauce, mozzarella cheese, chicken.	\$15.50
Taco Taco sauce, Jack cheese, beef, lettuce, tomato, sour cream.	\$15.50
Meat Lovers All the meats.	\$19.50
Philly Queso cheese sauce, cheese blend, steak, peppers, onion.	\$15.00
Supreme Ham, sausage. Pepperoni, mushrooms. Green & red pepper, onions black olives.	\$18.00
Hawaiian Canadian bacon, pineapple.	\$15.50

Appetizers	
ITEM	PRICE
Mozzarella Cheese Bread (Appetizers) Served with marinara sauce.	\$9.00
The Triple Dip Tortilla chips served with spinach artichoke, Buffalo chicken, queso.	\$14.25
Chips and Queso (Appetizers)	\$6.00
(4) Bread Sticks (Appetizers) Served with marinara or Alfredo sauce.	\$8.00
Pickle Chips Served with chipotle ranch.	\$9.00
Mini Corn Dogs Served with ranch.	\$10.25
French Fries	\$7.50
Chips and Salsa	\$5.00
Jalapeño Mac and Cheese Bites Served with ranch.	\$10.25
Chicken Strips Served with French fries.	\$14.50

Pizza - Build Your Own Pizza	
ITEM	PRICE
Build Your Own Pizza (14") (Pizza - Build Your Own Pizza) 14" pizza with choice of red or white sauce.	\$18.00
Build Your Own Pizza (7") (Pizza - Build Your Own Pizza) 7" pizza with your choice of red or white sauce.	\$10.50

Signature Tacos	
ITEM	PRICE

3 Pieces (Signature Tacos)	\$15.75
Three Italian-inspired tacos, choose from chicken with cilantro lime chili sauce, flank steak with avocado cream sauce,...	

Each	\$5.75
Italian-inspired tacos. Choice of chicken with cilantro lime chili sauce, flank steak with avocado cream sauce, or shrim...	

Wraps	
ITEM	PRICE
Chicken Bacon Ranch Wrap	\$12.00
The Sandbar Wrap	\$12.00
Philly Wrap	\$12.00
Buffalo Chicken Wrap	\$12.00

Kids Menu	
ITEM	PRICE
Chicken Strips with Fries	\$9.00
Chicken tenders paired with fries. Choice of soda: cola variants, Sprite, lemonade, sweet tea, Blue Gatorade.	
Quesadillas with Chips and Queso	\$9.00
Cheese or chicken.	
5" Cheese or Pepperoni Pizza	\$9.00
5" pizza with choice of cheese or pepperoni. Includes a soda selection: cola varieties, Sprite, lemonade, sweet black te...	
Mini Corn Dogs with Fries	\$9.00
Mini corn dogs served with crispy fries. Includes choice of soda: cola options, Sprite, Mr. Pibb, lemonade, or sweet bla...	
Pasta - Mac and Cheese, Spaghetti, Alfredo (Kids Menu)	\$9.00
Add chicken or meatballs (2) for an additional charge.	
Soft Shell Taco with Chips and Queso	\$9.00
Chicken or beef.	

20 oz Soda	
ITEM	PRICE
Mr. Pibb (20 oz Soda)	\$4.00
Coke	\$4.00
Minute Maid Lemonade	\$4.00
Barq's Root Beer	\$4.00
Diet Coke	\$4.00
Blue Powerade	\$4.00

Sauces & Sides	
ITEM	PRICE
Marinara Sauce	\$3.00
Ranch	\$1.00
French	\$1.00

ITEM	PRICE
Garlic Butter	\$1.00
Queso	\$3.00
Sour Cream	\$2.00
Alfredo Sauce	\$3.00
Extra Chips	\$2.75
Italian	\$1.00
Blue Cheese	\$1.00
Hot Sauce	\$0.75
Taco Sauce	\$0.75
Salsa	\$2.50
Raspberry Vinaigrette	\$1.00
Chipotle Ranch	\$1.00

Salads

ITEM	PRICE
Taco Salad Ground beef or shredded chicken, crispy flour tortilla shell, shredded lettuce, Cheddar Jack cheese, tomatoes, black oli...	\$14.25
Garden Salad Lettuce, carrots, red cabbage, red onion, cherry tomato, Cheddar Jack cheese, club crackers. Add chicken for an addition...	\$9.25
Sandbar Salad Lettuce, carrots, red cabbage, red onion, cherry tomatoes, red and green peppers, black olives, Jack cheese, crispy chic...	\$14.50

Pizza - Gluten Free Pizza Crust

ITEM	PRICE
Build your own 10" Pizza-Gluten Free Crust 10" gluten-free crust with choice of red or white sauce.	\$12.50
Gluten Free Hawaiian Pizza Regular Hawaiian pizza on a gluten free crust. Only available as a 10" pizza.	\$17.50
Gluten Free Philly Pizza Regular Philly pizza on a gluten free crust. Only available as a 10" pizza.	\$17.00
Gluten Free Supreme Pizza Regular Supreme pizza on a gluten free crust. Only available as a 10" pizza.	\$20.00
Gluten Free Meat Lovers Pizza Regular Meat Lovers pizza on a gluten free crust. Only available as a 10" pizza.	\$21.25
Gluten Free Chicken Alfredo Pizza Regular Chicken Alfredo pizza on a gluten free crust. Only available as a 10" pizza.	\$17.50
Gluten Free Taco Pizza Regular Taco pizza on a gluten free crust. Only available as a 10" pizza.	\$17.50
Gluten Free Cheeseburger Pizza Regular Cheeseburger pizza on a gluten free crust. Only available as a 10" pizza.	\$17.50

Traditional Tacos

ITEM	PRICE
3 Pieces (Traditional Tacos) Three tacos with customizable tortillas: hard shell, soft corn, flour. Choose up to three proteins: ground beef, shredde...	\$10.50
Each (Traditional Tacos) Traditional tacos with options for tortilla: hard shell, soft corn, flour. Protein choices include ground beef or shredd...	\$4.00

Quesadillas

ITEM	PRICE
Cheese	\$8.00
Marinated Flank Steak Served with sour cream and salsa.	\$14.25
Chicken	\$10.50