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Tryst Gastro Lounge

Menu Prices — October 25, 2026

Tryst Gastro Lounge menu with prices in United States, updated April 2020:
35 items across 9 categories, prices from $2.30 to $27.60.

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Tryst Gastro Lounge Menu with Prices (United States)

Tryst Gastro Lounge menu with prices in United States, updated April 2020: 35 items across 9 categories, prices from $2.30 to $27.60. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/tryst-gastro-lounge

Menu categories: Starters · Entrees · Salads · Sandwiches · Sliders · Snacks · Sides & Protein · Beverages · Desserts

Starters

ITEM	PRICE
Creekstone Farms Beef Tartare Filet mignon, truffle, horseradish, prawn chips, quail egg.	**$23.00**
Gulf Shrimp & Pesto Flatbread Charred pineapple, red onion & poblano salsa, shaved parmesan Reggiano, baby arugula, aged balsamic.	**$18.40**
Baja Tacos Grilled mahi-mahi, guacamole, pickled red cabbage, hot pepper sauce, cilantro, corn tortilla.	**$18.40**
St. Pete’s Best Wings Brined & crispy fried, choice of maple hot, Korean, steal your face habanero, salt and pepper.	**$17.25**
Local St Pete Offshore Fish Spread House smoked Mahi, tryst’s “world-famous”14 pepper sauce.	**$16.10**
Wild Mushroom & Truffle Flatbread Wild mushrooms, cippolini onions, fontina & gruyere cheese, frisee, black truffle.	**$18.40**
Mediterranean Platter Roasted garlic & red pepper hummus, tzatziki, tabbouleh, house-pickled vegetables, marinated greek olives, Wisconsin fet...	**$20.70**

Entrees

ITEM	PRICE
Baked Ricotta Gnocchi Marinara, housemade ricotta, basil.	**$25.30**
Lemon Tarragon Chicken Artichokes, baby potatoes, sun-dried tomato, asparagus.	**$27.60**

Salads

ITEM	PRICE
Garden Salad Artisinal field greens, seasonal vegetables, garlic croutons, house dressing.	**$9.20**
Heirloom Cherry Tomato Caprese Salad Burrata, basil pesto, aged balsamic, grilled sourdough bread.	**$16.10**
The Wedge Salad Iceberg lettuce, shaved red onion, applewood bacon, blue cheese, plum tomato.	**$14.95**

Sandwiches

ITEM	PRICE
Morning Glory Angus Beef Burger Over easy fried egg, potato sticks, Jim beam maple bacon, croissant bun, strawberry ketchup.	**$16.10**
Grilled Chicken Club Sandwich Herb-marinated chicken breast, Tillamook cheddar cheese, applewood smoked bacon, avocado, Boston lettuce, plum tomato, h...	**$16.10**

ITEM	PRICE
All American Prime Beef Burger Bibb lettuce, plum tomato, shaved red onion, garlic dill pickles, yellow mustard, ketchup, American cheese, sesame brioc...	**$18.40**

Sliders

ITEM	PRICE
Duck Confit Chipotle plum ketchup, cracklings, Gua bao bun.	**$16.10**
Black Angus Prime Beef Tillamook cheddar, applewood smoked bacon, le bus brioche bun.	**$14.95**
Carolina BBQ Durac Pulled Pork Slow smoked, brioche bun.	**$14.95**

Snacks

ITEM	PRICE
Edamame Sweet citrus soy.	**$8.05**
Tater Tots Sriracha ranch.	**$8.05**
Crispy Brussel Sprout Leaves Garlic oil, lemon juice.	**$8.05**
House Pickled Vegetables	**$8.05**

Sides & Protein

ITEM	PRICE
Hummus & Pita	**$11.50**
White Truffle Parmesan Fries	**$11.50**
Grilled Chicken Breast 6 Oz.	**$8.05**
Pita	**$2.30**
Shoestring Fries	**$6.90**
Market Vegetable	**$5.75**
Carolina BBQ Sauce	**$6.90**
Seared Mahi	**$17.25**

Beverages

ITEM	PRICE
Saratoga Sparkling Water 28 oz.	**$6.90**
Saratoga Still Water 28 Oz.	**$6.90**

Desserts

ITEM	PRICE
Madagascar Creme Brulee	**$8.05**
Apple & Blueberry Almond Crisp Hand Spun Vanilla Ice Cream.	**$9.20**
French Doughnuts Elderflower Berry Coulis.	**$6.90**