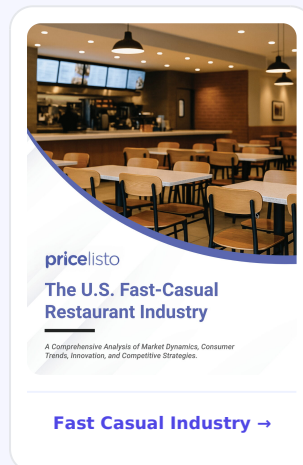




Tryst Gastro Lounge

Menu Prices — August 2, 2026

Restaurant & Food Industry Reports



[Competitor Price Intelligence →](#)

Starters

ITEM	PRICE
Creekstone Farms Beef Tartare Filet mignon, truffle, horseradish, prawn chips, quail egg.	\$23.00
Gulf Shrimp & Pesto Flatbread Charred pineapple, red onion & poblano salsa, shaved parmesan Reggiano, baby arugula, aged balsamic.	\$18.40
Baja Tacos Grilled mahi-mahi, guacamole, pickled red cabbage, hot pepper sauce, cilantro, corn tortilla.	\$18.40
St. Pete’s Best Wings Brined & crispy fried, choice of maple hot, Korean, steal your face habanero, salt and pepper.	\$17.25
Local St Pete Offshore Fish Spread House smoked Mahi, tryst’s “world-famous”14 pepper sauce.	\$16.10
Wild Mushroom & Truffle Flatbread Wild mushrooms, cipolini onions, fontina & gruyere cheese, frisee, black truffle.	\$18.40
Mediterranean Platter Roasted garlic & red pepper hummus, tzatziki, tabbouleh, house-pickled vegetables, marinated greek olives, Wisconsin fet...	\$20.70

Entrees

ITEM	PRICE
Baked Ricotta Gnocchi Marinara, housemade ricotta, basil.	\$25.30
Lemon Tarragon Chicken Artichokes, baby potatoes, sun-dried tomato, asparagus.	\$27.60

Salads

ITEM	PRICE
Garden Salad Artisinal field greens, seasonal vegetables, garlic croutons, house dressing.	\$9.20
Heirloom Cherry Tomato Caprese Salad Burrata, basil pesto, aged balsamic, grilled sourdough bread.	\$16.10
The Wedge Salad Iceberg lettuce, shaved red onion, applewood bacon, blue cheese, plum tomato.	\$14.95

Sandwiches

ITEM	PRICE
Morning Glory Angus Beef Burger Over easy fried egg, potato sticks, Jim beam maple bacon, croissant bun, strawberry ketchup.	\$16.10
Grilled Chicken Club Sandwich Herb-marinated chicken breast, Tillamook cheddar cheese, applewood smoked bacon, avocado, Boston lettuce, plum tomato, h...	\$16.10
All American Prime Beef Burger Bibb lettuce, plum tomato, shaved red onion, garlic dill pickles, yellow mustard, ketchup, American cheese, sesame brioc...	\$18.40

Sliders

ITEM	PRICE
------	-------

Duck Confit	\$16.10
Chipotle plum ketchup, cracklings, Gua bao bun.	

Black Angus Prime Beef	\$14.95
Tillamook cheddar, applewood smoked bacon, le bus brioche bun.	

Carolina BBQ Durac Pulled Pork	\$14.95
Slow smoked, brioche bun.	

Snacks	
ITEM	PRICE
Edamame	\$8.05
Sweet citrus soy.	
Tater Tots	\$8.05
Sriracha ranch.	
Crispy Brussel Sprout Leaves	\$8.05
Garlic oil, lemon juice.	
House Pickled Vegetables	\$8.05

Sides & Protein	
ITEM	PRICE
Hummus & Pita	\$11.50
White Truffle Parmesan Fries	\$11.50
Grilled Chicken Breast	\$8.05
6 Oz.	
Pita	\$2.30
Shoestring Fries	\$6.90
Market Vegetable	\$5.75
Carolina BBQ Sauce	\$6.90
Seared Mahi	\$17.25

Beverages	
ITEM	PRICE
Saratoga Sparkling Water	\$6.90
28 oz.	
Saratoga Still Water	\$6.90
28 Oz.	

Desserts	
ITEM	PRICE
Madagascar Creme Brulee	\$8.05
Apple & Blueberry Almond Crisp	\$9.20
Hand Spun Vanilla Ice Cream.	
French Doughnuts	\$6.90
Elderflower Berry Coulis.	