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Wildflower

Menu Prices — October 24, 2026

Wildflower menu with prices in United States, updated April 2025: 133 items across 10 categories, prices from $1.19 to $17.89.

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Wildflower Menu with Prices (United States)

Wildflower menu with prices in United States, updated April 2025: 133 items across 10 categories, prices from $1.19 to $17.89. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/wildflower

Menu categories: Salads · Bakery · Starters & Sides · WF Kids · Beverages · Sandwiches · WF 2 - Sandwich & Salad · Breakfast · WF 2 - Sandwich & Soup · WF 2 - Salad & Soup

Salads

ITEM	PRICE
Citrus Beet organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...	**$13.39**
Asian organic field greens, green & red cabbage, cucumbers, organic carrots, celery, jicama, scallions, toasted sesame seeds,...	**$12.89**
Chopped organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...	**$13.39**
Garden organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, red onions, toa...	**$12.89**
Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan, croutons & all-natural caesar dressing served with artisan brea...	**$12.89**
Southwest Superfood spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...	**$13.99**
Strawberry Spinach spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts & all-natural chipotle poppy...	**$12.89**

Bakery

ITEM	PRICE
Ultimate Chocolate Cake ultimate chocolate cake	**$6.69**
Carrot Cake carrot cake	**$6.69**
Sea Salt Brownie sea salt brownie	**$5.19**
Three Cookie Combo your choice of three delicious cookies	**$3.29**
Chocolate Chip Cookie chocolate chip cookie	**$1.19**
Oatmeal Raisin Spice oatmeal raisin spice cookie	**$1.19**
Salted Caramel Pecan salted caramel pecan cookie	**$1.19**
Shortbread Cookie shortbread cookie	**$1.19**
The Royal hawaiian macadamia nuts, shredded coconut and semi-sweet chocolate	**$4.69**
Cranberry Scone cranberry scone	**$5.59**

ITEM	PRICE
Chocolate Chip Scone chocolate chip scone	**$5.59**

Starters & Sides

ITEM	PRICE
Chili Lime Brussels Sprouts with cilantro & toasted sesame seeds	**$7.39**
Elote charred corn, spicy aioli, scallions, cilantro, parmesan & tajin	**$7.39**
Mac and Cheese Side cavatappi, three cheese sauce, mama lil's peppers & bread crumbs	**$7.59**
Avocado Toast avocado with crushed red peppers, kosher salt & olive oil on sourdough	**$7.79**
Fig and Ricotta Toast fig confit & ricotta cheese with honey & toasted pistachios on sourdough	**$7.79**
Meatballs and Ricotta Toast two hearty meatballs & marinara sauce served with ricotta cheese, crushed red pepper & garlic bread	**$10.49**
Side Caesar Salad romaine, parmesan, croutons & all natural caesar dressing	**$4.69**
Side Organic Field Greens Salad organic field greens, heirloom cherry tomatoes, cucumbers, organic carrots, celery, jicama & all natural balsamic vinaig...	**$4.69**
Hearty Meatballs two hearty meatballs in marinara sauce topped with parmesan & parsley	**$7.59**

WF Kids

ITEM	PRICE
Kids Pancakes five silver dollar pancakes with whipped butter & warm maple syrup served with fresh fruit & cookie	**$9.39**
Kids Chocolate Pancakes five silver dollar chocolate chip pancakes with whipped butter & warm maple syrup served with fresh fruit & cookie	**$9.39**
Kids Egg Sandwich scrambled eggs & cheddar on sourdough toast served with fresh fruit & cookie	**$9.39**
Kids Almond Tuna albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	**$9.39**
Kids BLT+ bacon, lettuce tomatoes, cheddar, avocado, herb mayo on toasted sourdough & served with fresh fruit & cookie	**$9.39**
Kids Buffalo Chicken all-natural sliced chicken breast, blue cheese, wildflower crisps, buffalo slaw on a grilled ciabatta roll & served with...	**$9.39**
Kids Build Sandwich choice of deli meat & cheese on sourdough or nine grain served with fresh fruit & cookie	**$9.39**
Kids Chicken Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	**$9.39**
Kids Country Turkey and Avocado all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & served with fresh fruit & coo...	**$9.39**
Kids Grilled Cheese cheddar cheese on sourdough served with fresh fruit & cookie	**$9.39**

ITEM	PRICE
Kids Honey-Cured Ham and Swiss ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & served with fresh fruit & cookie	**$9.39**
Kids Mac and Cheese cavatappi & three-cheese sauce served with fresh fruit & cookie	**$9.39**
Kids Meatball two hearty meatballs in marinara sauce served with fresh fruit & cookie	**$9.39**
Kids PBandJ peanut butter & jelly on sourdough served with fresh fruit & cookie	**$9.39**
Kids Steak and Blue all natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, herb mayo on sourdough & served with fres...	**$9.39**
Kids Veggie Stack roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & s...	**$9.39**
Kids Asian organic field greens, green & red cabbage, organic carrots, celery, jicama, scallions toasted sesame seeds, crispy noodl...	**$9.39**
Kids Chopped organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...	**$9.39**
Kids Citrus Beet organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...	**$9.39**
Kids Garden organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, marinated fenne...	**$9.39**
Kids Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan, croutons & all-natural caesar dressing served with fresh fruit...	**$9.39**
Kids Southwest Superfood spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...	**$9.39**
Kids Strawberry Spinach spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts &all-natural chipotle poppys...	**$9.39**

Beverages

ITEM	PRICE
Drink Choose from soda, all-natural brewed teas, or all-natural lemonades	**$4.59**
Coffee fresh brewed choose house, decaf or coffee of the day	**$3.99**
Bottled Water 16 oz. bottled water	**$3.29**
Iced Matcha Latte lightly sweetened matcha & milk shaken over ice	**$8.19**
Iced Blackberry Matcha Smash lightly sweetened matcha & milk shaken with ice over blackberry puree	**$9.39**
Iced Honey Cinnamon Shaker espresso, honey-hazelnut syrup, cinnamon & milk shaken over ice	**$7.49**
Mango Matcha Arnold Palmer mango thai lemonade layered with iced matcha tea	**$5.39**
Apple Juice 100% apple juice	**$2.79**
Orange Juice fresh squeezed orange juice	**$5.29**

ITEM	PRICE
Celsius Sparkling Orange	**$4.49**
Chocolate Banana Protein Smoothie	**$8.19**
Pink Lady Apple Kombucha	**$5.09**
Pressed Greens and Ginger	**$8.19**
Pressed Orange Turmeric	**$8.19**
Pressed Roots and Ginger	**$8.19**
Iced Wildflower Cappuccino	**$7.49**
Iced Mocha	**$7.49**
Iced Latte	**$6.69**
Iced Chai Latte	**$6.89**
Wildflower Cappuccino	**$6.89**
Mocha	**$6.89**
Latte	**$5.89**
Chai Latte	**$6.49**
Cappuccino	**$5.89**
Cold Brew	**$6.19**
Americano	**$4.09**
Hot Chocolate	**$4.59**

Sandwiches

ITEM	PRICE
Almond Tuna albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	**$15.49**
BLT+ bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & served with mixed chips	**$15.79**
Buffalo Chicken all-natural sliced chicken breast, blue cheese, wildflower crisps, buffalo slaw on a grilled ciabatta roll & served with...	**$16.39**
Chicken Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	**$15.49**
Chipotle Chicken Melt swiss, poblano peppers, caramelized onions, pepper relish, arugula, tomatoes, avocado, chipotle sauce on grilled sourdou...	**$17.49**
Country Turkey and Avocado all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & served with mixed chips	**$15.49**
Honey-Cured Ham and Swiss ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & served with mixed chips	**$13.99**
Italiano calabrese salami, all-natural turkey breast, aged gouda, tomatoes, romaine, red onions, pepper relish, northern italian...	**$17.49**
Reuben corned beef brisket, caramelized onion sauerkraut, swiss, thousand island on grilled marble rye & served with mixed chip...	**$17.19**

ITEM	PRICE
Steak and Blue all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & served...	**$17.89**
Triple Club all-natural turkey breast, ham, bacon, swiss, tomatoes, organic arugula, green & red cabbage, organic carrots, jicama, c...	**$17.89**
Veggie Stack roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & s...	**$15.49**
Wildflower Grilled Cheese swiss, brie, cheddar, organic arugula, tomatoes on nine grain & served with mixed chips	**$13.39**

WF 2 - Sandwich & Salad

ITEM	PRICE
Almond Tuna with Salad albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	**$16.89**
BLT Plus with Salad bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & your choice of salad	**$16.89**
Buffalo Chicken with Salad all-natural chicken breast, blue cheese, wildflower crisps, buffalo slaw on grilled ciabatta & your choice of salad	**$16.89**
Chicken Salad with Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	**$16.89**
Country Turkey and Avocado with Salad all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & your choice of salad	**$16.89**
Honey-Cured Ham and Swiss with Salad ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & your choice of salad	**$16.89**
Steak and Blue with Salad all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & your c...	**$16.89**
Veggie Stack with Salad roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & y...	**$16.89**

Breakfast

ITEM	PRICE
Sunrise Burrito scrambled eggs, sausage, cheddar, roasted red bell peppers, caramelized onions, scallions & jalapeno cheddar smash brown...	**$13.99**
Bacon Egg and Cheddar over easy eggs, herb mayo & sriracha on a plain bagel	**$11.99**
Everything Smoked Salmon capers, tomatoes, red onions, arugula & garlic-scallion spread on an everything bagel	**$15.79**
Spicy Chipotle scrambled eggs, sausage, sundried tomatoes, spinach, all-natural feta & chipotle sauce on a grilled brioche roll	**$11.69**
Roasted Veggie cracked eggs, roasted red bell peppers, mushrooms, scallions, pesto & swiss on a grilled brioche roll	**$11.69**
Taylor Ham and Swiss scrambled eggs, taylor ham & swiss on grilled ciabatta	**$11.69**
Three Cheese Tomato and Mushroom Frittata eggs, swiss, all-natural feta, goat cheese, spinach, scallions & served with buttered artisan toast & home fries	**$15.49**
Gluten Free Banana Walnut Pancakes served with whipped butter & warm maple syrup	**$13.99**

ITEM	PRICE
Lemon Ricotta Pancakes ricotta cheese, lemon zest served with whipped butter, warm berry compote & maple syrup	**$13.99**
Traditional Pancakes served with whipped butter & warm maple syrup	**$12.89**
Egg Breakfast two eggs any style served with buttered artisan toast & home fries	**$12.89**
Avocado Toast and Eggs avocado with crushed red peppers, kosher salt & olive oil on sourdough served with two over easy eggs	**$13.39**
Organic Steel Cut Oatmeal fresh fruit & dried cranberries served with a side of honey-infused cream & brown sugar	**$9.39**
Berries and Yogurt honey greek yogurt served with a mixed berry blend & roasted nut granola	**$8.49**
Jalapeno Cheddar Smash Browns crispy hash brown potatoes with jalapenos & cheddar	**$4.69**
Bacon three slices of our signature bacon	**$6.69**
Sausage Links two pork link sausages	**$5.39**
All Natural Turkey Sausage Patties two all-natural turkey sausage patties	**$5.29**
Taylor Ham two slices of grilled taylor ham	**$5.29**
Home Fries oven-roasted red skin potatoes, rosemary & olive oil	**$4.39**

WF 2 - Sandwich & Soup

ITEM	PRICE
Almond Tuna with Soup albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	**$16.89**
BLT Plus with Soup bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & your choice of soup	**$16.89**
Buffalo Chicken with Soup all-natural chicken breast, blue cheese, wildflower crisps, buffalo slaw on grilled ciabatta & your choice of soup	**$16.89**
Chicken Salad with Soup all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	**$16.89**
Country Turkey and Avocado with Soup all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & your choice of soup	**$16.89**
Honey-Cured Ham and Swiss with Soup ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & your choice of soup	**$16.89**
Steak and Blue with Soup all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & your c...	**$16.89**
Veggie Stack with Soup roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & y...	**$16.89**

WF 2 - Salad & Soup

ITEM	PRICE

Asian with Soup **$16.89**

organic field greens, green & red cabbage, cucumbers, organic carrots, celery, jicama, scallions, toasted sesame seeds,...

Chopped with Soup **$16.89**

organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...

Citrus Beet with Soup **$16.89**

organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...

Garden with Soup **$16.89**

organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, red onions, toa...

Kale-Romaine Caesar with Soup **$16.89**

organic baby kale, romaine, roasted chickpeas, parmesan & croutons with all-natural caesar dressing & your choice of sou...

Southwest Superfood with Soup **$16.89**

spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...

Strawberry Spinach with Soup **$16.89**

spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts & all-natural chipotle poppy...