



Wildflower

Menu Prices — August 21, 2026

Restaurant & Food Industry Reports



US Fast Food Restaurant Market Research

This Report will provide in-depth Market and Industry Analysis, Evaluate General Indicators, Financial and Scrutinize Investment Attractiveness.

Fast Food Industry →



The 2025 US Pizza Restaurants & Industry Trends Report

Pizza Industry →



The U.S. Fast-Casual Restaurant Industry

A Comprehensive Analysis of Market Dynamics, Consumer Trends, Innovation, and Competitive Strategies.

Fast Casual Industry →



2025 US Dining Restaurants & Industry

MARKET RESEARCH

Casual Dining Industry →

Competitor Price Intelligence →

Salads

ITEM	PRICE
Citrus Beet organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...	\$13.39
Asian organic field greens, green & red cabbage, cucumbers, organic carrots, celery, jicama, scallions, toasted sesame seeds,...	\$12.89
Chopped organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...	\$13.39
Garden organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, red onions, toa...	\$12.89
Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan, croutons & all-natural caesar dressing served with artisan brea...	\$12.89
Southwest Superfood spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...	\$13.99
Strawberry Spinach spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts & all-natural chipotle poppy...	\$12.89

Bakery

ITEM	PRICE
Ultimate Chocolate Cake ultimate chocolate cake	\$6.69
Carrot Cake carrot cake	\$6.69
Sea Salt Brownie sea salt brownie	\$5.19
Three Cookie Combo your choice of three delicious cookies	\$3.29
Chocolate Chip Cookie chocolate chip cookie	\$1.19
Oatmeal Raisin Spice oatmeal raisin spice cookie	\$1.19
Salted Caramel Pecan salted caramel pecan cookie	\$1.19
Shortbread Cookie shortbread cookie	\$1.19
The Royal hawaiian macadamia nuts, shredded coconut and semi-sweet chocolate	\$4.69
Cranberry Scone cranberry scone	\$5.59
Chocolate Chip Scone chocolate chip scone	\$5.59

Starters & Sides

ITEM	PRICE
Chili Lime Brussels Sprouts with cilantro & toasted sesame seeds	\$7.39

ITEM	PRICE
Elote charred corn, spicy aioli, scallions, cilantro, parmesan & tajin	\$7.39
Mac and Cheese Side cavatappi, three cheese sauce, mama lil’s peppers & bread crumbs	\$7.59
Avocado Toast avocado with crushed red peppers, kosher salt & olive oil on sourdough	\$7.79
Fig and Ricotta Toast fig confit & ricotta cheese with honey & toasted pistachios on sourdough	\$7.79
Meatballs and Ricotta Toast two hearty meatballs & marinara sauce served with ricotta cheese, crushed red pepper & garlic bread	\$10.49
Side Caesar Salad romaine, parmesan, croutons & all natural caesar dressing	\$4.69
Side Organic Field Greens Salad organic field greens, heirloom cherry tomatoes, cucumbers, organic carrots, celery, jicama & all natural balsamic vinaig...	\$4.69
Hearty Meatballs two hearty meatballs in marinara sauce topped with parmesan & parsley	\$7.59

WF Kids

ITEM	PRICE
Kids Pancakes five silver dollar pancakes with whipped butter & warm maple syrup served with fresh fruit & cookie	\$9.39
Kids Chocolate Pancakes five silver dollar chocolate chip pancakes with whipped butter & warm maple syrup served with fresh fruit & cookie	\$9.39
Kids Egg Sandwich scrambled eggs & cheddar on sourdough toast served with fresh fruit & cookie	\$9.39
Kids Almond Tuna albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	\$9.39
Kids BLT+ bacon, lettuce tomatoes, cheddar, avocado, herb mayo on toasted sourdough & served with fresh fruit & cookie	\$9.39
Kids Buffalo Chicken all-natural sliced chicken breast, blue cheese, wildflower crisps, buffalo slaw on a grilled ciabatta roll & served with...	\$9.39
Kids Build Sandwich choice of deli meat & cheese on sourdough or nine grain served with fresh fruit & cookie	\$9.39
Kids Chicken Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	\$9.39
Kids Country Turkey and Avocado all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & served with fresh fruit & coo...	\$9.39
Kids Grilled Cheese cheddar cheese on sourdough served with fresh fruit & cookie	\$9.39
Kids Honey-Cured Ham and Swiss ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & served with fresh fruit & cookie	\$9.39
Kids Mac and Cheese cavatappi & three-cheese sauce served with fresh fruit & cookie	\$9.39
Kids Meatball two hearty meatballs in marinara sauce served with fresh fruit & cookie	\$9.39
Kids PBandJ peanut butter & jelly on sourdough served with fresh fruit & cookie	\$9.39

ITEM	PRICE
Kids Steak and Blue all natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, herb mayo on sourdough & served with fres...	\$9.39
Kids Veggie Stack roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & s...	\$9.39
Kids Asian organic field greens, green & red cabbage, organic carrots, celery, jicama, scallions toasted sesame seeds, crispy noodl...	\$9.39
Kids Chopped organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...	\$9.39
Kids Citrus Beet organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...	\$9.39
Kids Garden organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, marinated fenne...	\$9.39
Kids Kale-Romaine Caesar organic baby kale, romaine, roasted chickpeas, parmesan, croutons & all-natural caesar dressing served with fresh fruit...	\$9.39
Kids Southwest Superfood spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...	\$9.39
Kids Strawberry Spinach spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts &all-natural chipotle poppys...	\$9.39

Beverages

ITEM	PRICE
Drink Choose from soda, all-natural brewed teas, or all-natural lemonades	\$4.59
Coffee fresh brewed choose house, decaf or coffee of the day	\$3.99
Bottled Water 16 oz. bottled water	\$3.29
Iced Matcha Latte lightly sweetened matcha & milk shaken over ice	\$8.19
Iced Blackberry Matcha Smash lightly sweetened matcha & milk shaken with ice over blackberry puree	\$9.39
Iced Honey Cinnamon Shaker espresso, honey-hazelnut syrup, cinnamon & milk shaken over ice	\$7.49
Mango Matcha Arnold Palmer mango thai lemonade layered with iced matcha tea	\$5.39
Apple Juice 100% apple juice	\$2.79
Orange Juice fresh squeezed orange juice	\$5.29
Celsius Sparkling Orange	\$4.49
Chocolate Banana Protein Smoothie	\$8.19
Pink Lady Apple Kombucha	\$5.09
Pressed Greens and Ginger	\$8.19
Pressed Orange Turmeric	\$8.19

ITEM	PRICE
Pressed Roots and Ginger	\$8.19
Iced Wildflower Cappuccino	\$7.49
Iced Mocha	\$7.49
Iced Latte	\$6.69
Iced Chai Latte	\$6.89
Wildflower Cappuccino	\$6.89
Mocha	\$6.89
Latte	\$5.89
Chai Latte	\$6.49
Cappuccino	\$5.89
Cold Brew	\$6.19
Americano	\$4.09
Hot Chocolate	\$4.59

Sandwiches

ITEM	PRICE
Almond Tuna albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	\$15.49
BLT+ bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & served with mixed chips	\$15.79
Buffalo Chicken all-natural sliced chicken breast, blue cheese, wildflower crisps, buffalo slaw on a grilled ciabatta roll & served with...	\$16.39
Chicken Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	\$15.49
Chipotle Chicken Melt swiss, poblano peppers, caramelized onions, pepper relish, arugula, tomatoes, avocado, chipotle sauce on grilled sourdou...	\$17.49
Country Turkey and Avocado all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & served with mixed chips	\$15.49
Honey-Cured Ham and Swiss ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & served with mixed chips	\$13.99
Italiano calabrese salami, all-natural turkey breast, aged gouda, tomatoes, romaine, red onions, pepper relish, northern italian...	\$17.49
Reuben corned beef brisket, caramelized onion sauerkraut, swiss, thousand island on grilled marble rye & served with mixed chip...	\$17.19
Steak and Blue all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & served...	\$17.89
Triple Club all-natural turkey breast, ham, bacon, swiss, tomatoes, organic arugula, green & red cabbage, organic carrots, jicama, c...	\$17.89
Veggie Stack roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & s...	\$15.49
Wildflower Grilled Cheese swiss, brie, cheddar, organic arugula, tomatoes on nine grain & served with mixed chips	\$13.39

WF 2 - Sandwich & Salad

ITEM	PRICE
Almond Tuna with Salad albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	\$16.89
BLT Plus with Salad bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & your choice of salad	\$16.89
Buffalo Chicken with Salad all-natural chicken breast, blue cheese, wildflower crisps, buffalo slaw on grilled ciabatta & your choice of salad	\$16.89
Chicken Salad with Salad all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	\$16.89
Country Turkey and Avocado with Salad all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & your choice of salad	\$16.89
Honey-Cured Ham and Swiss with Salad ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & your choice of salad	\$16.89
Steak and Blue with Salad all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & your c...	\$16.89
Veggie Stack with Salad roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & y...	\$16.89

Breakfast

ITEM	PRICE
Sunrise Burrito scrambled eggs, sausage, cheddar, roasted red bell peppers, caramelized onions, scallions & jalapeno cheddar smash brown...	\$13.99
Bacon Egg and Cheddar over easy eggs, herb mayo & sriracha on a plain bagel	\$11.99
Everything Smoked Salmon capers, tomatoes, red onions, arugula & garlic-scallion spread on an everything bagel	\$15.79
Spicy Chipotle scrambled eggs, sausage, sundried tomatoes, spinach, all-natural feta & chipotle sauce on a grilled brioche roll	\$11.69
Roasted Veggie cracked eggs, roasted red bell peppers, mushrooms, scallions, pesto & swiss on a grilled brioche roll	\$11.69
Taylor Ham and Swiss scrambled eggs, taylor ham & swiss on grilled ciabatta	\$11.69
Three Cheese Tomato and Mushroom Frittata eggs, swiss, all-natural feta, goat cheese, spinach, scallions & served with buttered artisan toast & home fries	\$15.49
Gluten Free Banana Walnut Pancakes served with whipped butter & warm maple syrup	\$13.99
Lemon Ricotta Pancakes ricotta cheese, lemon zest served with whipped butter, warm berry compote & maple syrup	\$13.99
Traditional Pancakes served with whipped butter & warm maple syrup	\$12.89
Egg Breakfast two eggs any style served with buttered artisan toast & home fries	\$12.89
Avocado Toast and Eggs avocado with crushed red peppers, kosher salt & olive oil on sourdough served with two over easy eggs	\$13.39

ITEM	PRICE
Organic Steel Cut Oatmeal fresh fruit & dried cranberries served with a side of honey-infused cream & brown sugar	\$9.39
Berries and Yogurt honey greek yogurt served with a mixed berry blend & roasted nut granola	\$8.49
Jalapeno Cheddar Smash Browns crispy hash brown potatoes with jalapenos & cheddar	\$4.69
Bacon three slices of our signature bacon	\$6.69
Sausage Links two pork link sausages	\$5.39
All Natural Turkey Sausage Patties two all-natural turkey sausage patties	\$5.29
Taylor Ham two slices of grilled taylor ham	\$5.29
Home Fries oven-roasted red skin potatoes, rosemary & olive oil	\$4.39

WF 2 - Sandwich & Soup

ITEM	PRICE
Almond Tuna with Soup albacore tuna, smokehouse almonds, apple, celery, scallions & mayo with dill pickles, lettuce, tomatoes, pea shoots, gra...	\$16.89
BLT Plus with Soup bacon, lettuce, tomatoes, cheddar, avocado, herb mayo on toasted sourdough & your choice of soup	\$16.89
Buffalo Chicken with Soup all-natural chicken breast, blue cheese, wildflower crisps, buffalo slaw on grilled ciabatta & your choice of soup	\$16.89
Chicken Salad with Soup all-natural chicken breast, red peppers, jicama, celery, scallions, lemon, garlic & mayo with tomatoes, cucumbers, lettu...	\$16.89
Country Turkey and Avocado with Soup all-natural turkey breast, swiss, lettuce, tomatoes, avocado, herb mayo on country bread & your choice of soup	\$16.89
Honey-Cured Ham and Swiss with Soup ham, swiss, red onions, tomatoes, dill pickles, lettuce, honey mustard on marble rye & your choice of soup	\$16.89
Steak and Blue with Soup all-natural rare steak, blue cheese, roasted red peppers, red onions, lettuce, tomatoes, herb mayo on sourdough & your c...	\$16.89
Veggie Stack with Soup roasted beets, cucumbers, red onions, tomatoes, pea shoots, avocado & zesty red pepper cream cheese on herb focaccia & y...	\$16.89

WF 2 - Salad & Soup

ITEM	PRICE
Asian with Soup organic field greens, green & red cabbage, cucumbers, organic carrots, celery, jicama, scallions, toasted sesame seeds,...	\$16.89
Chopped with Soup organic arugula, pearl couscous, all-natural feta, red peppers, organic dried sweet corn, dried cranberries, toasted sun...	\$16.89
Citrus Beet with Soup organic field greens, roasted baby beets, orange segments, cucumbers, red onions, goat cheese, toasted walnuts, citrus h...	\$16.89
Garden with Soup organic field greens, heirloom cherry tomatoes, organic carrots, jicama, celery, cucumbers, red peppers, red onions, toa...	\$16.89

ITEM	PRICE
Kale-Romaine Caesar with Soup organic baby kale, romaine, roasted chickpeas, parmesan & croutons with all-natural caesar dressing & your choice of sou...	\$16.89
Southwest Superfood with Soup spinach, organic quinoa, slow-roasted tomatoes, avocado, black beans, roasted red bell peppers, cilantro, organic dried...	\$16.89
Strawberry Spinach with Soup spinach, bacon, blue cheese, strawberries, organic dried sweet corn, basil, toasted walnuts & all-natural chipotle poppy...	\$16.89