



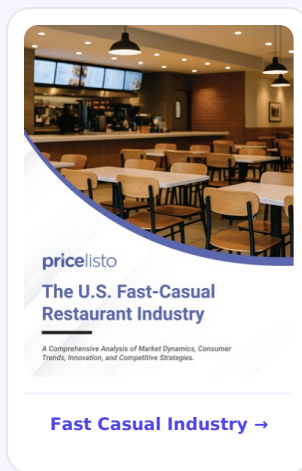
Zoes Kitchen

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Menu Prices — October 24, 2026

Zoes Kitchen menu with prices in United States, updated March 2025: 256 items across 18 categories, prices from \$0.30 to \$59.99.

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Zoes Kitchen Menu with Prices (United States)

Zoes Kitchen menu with prices in United States, updated March 2025: 256 items across 18 categories, prices from \$0.30 to \$59.99. Prices are collected by PriceListo and may vary by location. See the latest prices online at www.pricelisto.com/menu-prices/zoes-kitchen

Menu categories: Popular Items · Family Dinners · Starters · Soups · Plates · Pitas · Salads · Kabobs · Bowls · Sandwiches · Rollups · Piadinas · Kids' · Family Meals · Sides & Extras · Desserts · Drinks · Sauces

Popular Items

ITEM	PRICE
Chicken Gluten-free when served without pita. Two chicken kabobs topped with bell peppers, onions and tomatoes. 290 cal.	\$10.19
Kabob Combo New. Mix any two of your favorite kabobs. 230-400 cal.	\$12.09
Steak Two steak kabobs with our signature balsamic mostarda glaze. Topped with bell peppers, onions and tomatoes. 470 cal.	\$12.49
Classic Hummus Vegan. Chickpeas pureed with garlic, tahini, lemon juice, and salt. Paired with pita. 420 cal.	\$5.49
Greek Chicken Grilled chicken wrapped in a pita with spring mix, tomatoes, tzatziki, caramelized onions, and feta. 460 cal.	\$8.99
Mediterranean Chicken Gluten-free when served without pita. Griled chicken, caramelized onions and choice of two sides. Served with pita. 290...	\$9.89
Chicken (Popular Items) Grilled chicken, feta, tomatoes, and caramelized onions rolled in a warm tortilla. 560 cal.	\$8.99
Salmon Gluten-free when served without pita. Two salmon kabobs with zucchini. 330 cal.	\$12.79
Power Grain Vegetarian. Warm bowl of lentils, quinoa, farro, and rice with tzatziki, harissa, tomato relish, feta and fresh dill. 38...	\$9.19
Steak (Popular Items) Grilled steak, swiss cheese, grilled mushrooms, and caramelized onions rolled in a warm tortilla. 720 cal.	\$9.89

Family Dinners

ITEM	PRICE
Mediterranean Chicken (Family Dinners) Includes: six servings of Mediterranean chicken, Greek salad, pint of hummus with pita: basil pesto hummus, spicy hummus...	\$54.99
Kabobs Includes: 12 skewers of chicken kabobs, Greek salad, pint of hummus with pita: basil pesto hummus, spicy hummus, classic...	\$59.99

Starters

ITEM	PRICE
Avocado Smash Vegetarian. Smashed avocado with lemon and sea salt. Topped with feta. Served with pita chips. 520 cal.	\$6.49
Classic Hummus (Starters) Vegan. Chickpeas pureed with garlic, tahini, lemon juice, and salt. Paired with pita. 420 cal.	\$5.49
Basil Pesto Hummus Classic hummus topped with fresh basil pesto. Paired with pita. 410 cal.	\$5.59

ITEM	PRICE
Spicy Hummus Vegan. Classic hummus kicked up a notch with the spice of harissa. Paired with pita. 390 cal.	\$5.59
Hummus Trio Basil pesto, spicy hummus, and classic hummus paired with pita bread, pita chips, cucumbers and grape tomatoes. 610 cal.	\$6.99
Hummus Trio with Falafel Basil pesto, spicy hummus, and classic hummus paired with fresh falafel, pita bread, pita chips, cucumbers, and grape to...	\$8.99
Classic Hummus (Fresh Takes tub) Gluten-free, vegan, vegetarian. 420 cal.	\$5.09
Basil Pesto Hummus (Fresh Takes tub) Gluten-free, vegetarian. 410 cal.	\$5.29
Spicy Hummus (Fresh Takes tub) Gluten-free, vegan, vegetarian. 390 cal.	\$5.29

Soups

ITEM	PRICE
Chicken & Orzo (Quart) Our take on the classic chicken noodle soup, with orzo and a hint of lemon. Served with pita. 290 cal.	\$12.99
Tomato Bisque (Quart) Gluten-free when served without pita, vegetarian. Fire-roasted tomatoes with garlic and onions. Perfect for pairing or o...	\$12.99
Mediterranean Lentil (Quart) Gluten-free when served without pita, vegan, vegetarian. A hearty Mediterranean classic, made with lentils, carrots, and...	\$12.99
Broccoli Cheese (Quart) Gluten-free when served without pita, vegetarian. New. Our twist on a rich and creamy comfort food favorite. Served with...	\$12.99
Chicken & Orzo Our take on the classic chicken noodle soup, with orzo and a hint of lemon. Served with pita. 70-130 cal.	\$4.79
Tomato Bisque Gluten-free when served without pita, vegetarian. Fire-roasted tomatoes with garlic and onions. Perfect for pairing or o...	\$4.79
Mediterranean Lentil Gluten-free when served without pita, vegan, vegetarian. A hearty Mediterranean classic, made with lentils, carrots, and...	\$4.79
Broccoli Cheese Gluten-free when served without pita, vegetarian. New. Our twist on a rich and creamy comfort food favorite. Served with...	\$4.79
Taste More: Pick Two Pick two: half sandwich, bowl of soup, or side Greek salad.	\$8.69

Plates

ITEM	PRICE
Mediterranean Chicken (Plates) Gluten-free when served without pita. Grilled chicken, caramelized onions and choice of two sides. Served with pita. 290...	\$9.89
Plates - Make it a Meal (Chicken Salad & Fruit) option for Plates - Make it a Meal	\$9.69
Protein Power Gluten-free when served without pita, grilled chicken and caramelized onions over a bed of marinated slaw. 520 cal.	\$9.89
Plates - Make it a Meal (Falafel & Salad) option for Plates - Make it a Meal	\$8.99
Falafel & Salad Gluten-free when served without pita, vegetarian. Greek salad with rice, falafel, classic hummus, and lemon herb tahini....	\$8.99

ITEM	PRICE
Plates - Make it a Meal (Hummus & Salad) option for Plates - Make it a Meal	\$8.19
Hummus & Salad Gluten-free when served without pita, vegetarian. Greek salad with classic hummus and tzatziki. Served with pita. 520 ca...	\$8.19
Plates - Make it a Meal (Protein Power) option for Plates - Make it a Meal	\$9.89
Chicken Salad & Fruit Gluten-free when served without pita. Chicken salad over spring mix and fruit. Served with pita. 740 cal.	\$9.69
Plates - Make it a Meal (Basil Pesto Hummus) option for Plates - Make it a Meal	\$2.99
Plates - Make it a Meal (Broccoli Cheese) option for Plates - Make it a Meal	\$4.99
Plates - Make it a Meal (Chicken & Orzo) option for Plates - Make it a Meal	\$4.99
Plates - Make it a Meal (House-Baked Cookie: Chocolate Chip) option for Plates - Make it a Meal	\$3.99
Plates - Make it a Meal (Mediterranean Lentil) option for Plates - Make it a Meal	\$4.99
Plates - Make it a Meal (Spicy Hummus) option for Plates - Make it a Meal	\$2.99
Plates - Make it a Meal (Tomato Bisque) option for Plates - Make it a Meal	\$4.99
Plates - Make it a Meal (Yaya,Ãs Chocolate Cake) option for Plates - Make it a Meal	\$3.99
Plates - Make it a Meal (Classic Hummus) option for Plates - Make it a Meal	\$2.99

Pitas

ITEM	PRICE
Steak (Pitas) New. Grilled steak wrapped in a pita with caramelized onions, feta, spring mix, tomatoes and spicy aioli. 520 cal.	\$9.99
Pitas - Make it a Meal (Falafel) option for Pitas - Make it a Meal	\$8.99
Harissa Salmon Harissa-marinated salmon wrapped in a pita with tzatziki, harissa, tomato relish, cabbage, feta and fresh dill. 420 cal.	\$11.69
Pitas - Make it a Meal (Greek Chicken) option for Pitas - Make it a Meal	\$8.99
Rustic Lamb Lamb and beef meatballs wrapped in a pita with tzatziki, tomato relish, cabbage, fresh dill, and salsa verde. 560 cal.	\$9.99
Pitas - Make it a Meal (Harissa Salmon) option for Pitas - Make it a Meal	\$11.69
Greek Chicken (Pitas) Grilled chicken wrapped in a pita with spring mix, tomatoes, tzatziki, caramelized onions, and feta. 460 cal.	\$8.99
Pitas - Make it a Meal (Rustic Lamb) option for Pitas - Make it a Meal	\$9.99
Falafel Vegetarian. Falafel wrapped in a pita with tomato relish, cabbage, feta, fresh dill, tzatziki and skhug. Vegan when orde...	\$8.99

ITEM	PRICE
Pitas - Make it a Meal (Steak) option for Pitas - Make it a Meal	\$9.99
Pitas - Make it a Meal (L. Side Greek Salad (140 Cal.) (Gluten-Free, Vegetarian)) option for Pitas - Make it a Meal	\$1.60
Pitas - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian)) option for Pitas - Make it a Meal	\$0.30
Pitas - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free)) option for Pitas - Make it a Meal	\$0.30
Pitas - Make it a Meal (Basil Pesto Hummus) option for Pitas - Make it a Meal	\$2.99
Pitas - Make it a Meal (Broccoli Cheese) option for Pitas - Make it a Meal	\$4.99
Pitas - Make it a Meal (Chicken & Orzo) option for Pitas - Make it a Meal	\$4.99
Pitas - Make it a Meal (House-Baked Cookie: Chocolate Chip) option for Pitas - Make it a Meal	\$3.99
Pitas - Make it a Meal (Mediterranean Lentil) option for Pitas - Make it a Meal	\$4.99
Pitas - Make it a Meal (Spicy Hummus) option for Pitas - Make it a Meal	\$2.99
Pitas - Make it a Meal (Tomato Bisque) option for Pitas - Make it a Meal	\$4.99
Pitas - Make it a Meal (Yaya,Ãs Chocolate Cake) option for Pitas - Make it a Meal	\$3.99
Pitas - Make it a Meal (Classic Hummus) option for Pitas - Make it a Meal	\$2.99

Salads

ITEM	PRICE
Traditional Gluten-free when served without pita, vegetarian. Spring mix, grape tomatoes, cucumbers, bell peppers, olives, red onion...	\$8.39
Salads - Make it a Meal (Avocado (160 Cal.) (Gluten-Free, Vegan, Vegetarian)) option for Salads - Make it a Meal	\$1.49
Classic with Potato Salad Gluten-free when served without pita, vegetarian. Spring mix, grape tomatoes, cucumbers, bell peppers, olives, red onion...	\$8.39
Salads - Make it a Meal (Baked Falafel (230 Cal.) (Gluten-Free, Vegan, Vegetarian)) option for Salads - Make it a Meal	\$2.39
Tossed with Pasta Salad Gluten-free when served without pita, vegetarian. Spring mix, grape tomatoes, cucumbers, bell peppers, olives, red onion...	\$8.39
Salads - Make it a Meal (Chicken Kabob (1) (150 Cal.) (Gluten-Free)) option for Salads - Make it a Meal	\$2.99
Avocado Lentil Vegetarian. New. Romaine and arugula topped with lentils, avocado, hard-boiled egg, crispy chickpeas, cucumbers, tzatzik...	\$9.59
Salads - Make it a Meal (Chicken Kabobs (2) (290 Cal.) (Gluten-Free)) option for Salads - Make it a Meal	\$4.59
Quinoa Gluten-free when served without pita, vegetarian. Spring mix with quinoa, carrots, cabbage, green onions, red peppers, t...	\$8.99

ITEM	PRICE
Salads - Make it a Meal (Crispy Chickpeas (240 Cal.) (Gluten-Free, Vegan, Vegetarian))	\$0.49
option for Salads - Make it a Meal	
Salads - Make it a Meal (Grilled Chicken with Caramelized Onions (260 Cal.) (Gluten-Free))	\$2.39
option for Salads - Make it a Meal	
Salads - Make it a Meal (Hard-Boiled Egg (80 Cal.) (Gluten-Free, Vegetarian))	\$1.29
option for Salads - Make it a Meal	
Salads - Make it a Meal (Salmon Kabob (1) (170 Cal.) (Gluten-Free))	\$4.69
option for Salads - Make it a Meal	
Salads - Make it a Meal (Salmon Kabobs (2) (330 Cal.) (Gluten-Free))	\$6.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Shrimp Kabob (1) (80 Cal.) (Gluten-Free))	\$3.59
option for Salads - Make it a Meal	
Salads - Make it a Meal (Shrimp Kabobs (2) (190 Cal.) (Gluten-Free))	\$5.29
option for Salads - Make it a Meal	
Salads - Make it a Meal (Steak Kabob (1) (230 Cal.))	\$4.39
option for Salads - Make it a Meal	
Salads - Make it a Meal (Steak Kabobs (2) (470 Cal.))	\$6.59
option for Salads - Make it a Meal	
Salads - Make it a Meal (Avocado Lentil)	\$9.59
option for Salads - Make it a Meal	
Salads - Make it a Meal (Classic with Potato Salad)	\$8.39
option for Salads - Make it a Meal	
Salads - Make it a Meal (Quinoa)	\$8.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Tossed with Pasta Salad)	\$8.39
option for Salads - Make it a Meal	
Salads - Make it a Meal (Traditional)	\$8.39
option for Salads - Make it a Meal	
Salads - Make it a Meal (Basil Pesto Hummus)	\$2.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Broccoli Cheese)	\$4.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Chicken & Orzo)	\$4.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (House-Baked Cookie: Chocolate Chip)	\$3.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Mediterranean Lentil)	\$4.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Spicy Hummus)	\$2.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Tomato Bisque)	\$4.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Yaya,Ãs Chocolate Cake)	\$3.99
option for Salads - Make it a Meal	
Salads - Make it a Meal (Classic Hummus)	\$2.99
option for Salads - Make it a Meal	

Kabobs	
ITEM	PRICE
Chicken (Kabobs) Gluten-free when served without pita. Two chicken kabobs topped with bell peppers, onions and tomatoes. 290 cal.	\$10.19
Steak (Kabobs) Two steak kabobs with our signature balsamic mostarda glaze. Topped with bell peppers, onions and tomatoes. 470 cal.	\$12.49
Shrimp Gluten-free when served without pita. Two shrimp kabobs with zucchini marinated in dill and garlic. 190 cal.	\$11.09
Salmon (Kabobs) Gluten-free when served without pita. Two salmon kabobs with zucchini. 330 cal.	\$12.79
Kabob Combo (Kabobs) New. Mix any two of your favorite kabobs. 230-400 cal.	\$12.09
Kabobs - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian)) option for Kabobs - Make it a Meal	\$0.30
Kabobs - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free)) option for Kabobs - Make it a Meal	\$0.30
Kabobs - Make it a Meal (Salmon) option for Kabobs - Make it a Meal	\$12.79
Kabobs - Make it a Meal (Shrimp) option for Kabobs - Make it a Meal	\$11.09
Kabobs - Make it a Meal (Chicken) option for Kabobs - Make it a Meal	\$10.19
Kabobs - Make it a Meal (Steak) option for Kabobs - Make it a Meal	\$12.49
Kabobs - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian)) (Kabobs) option for Kabobs - Make it a Meal	\$0.30
Kabobs - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free)) (Kabobs) option for Kabobs - Make it a Meal	\$0.30
Kabobs - Make it a Meal (R. Classic Hummus (420 Cal.) (Gluten-Free, Vegan, Vegetarian)) option for Kabobs - Make it a Meal	\$2.50
Kabobs - Make it a Meal (S. Basil Pesto Hummus (410 Cal.) (Gluten-Free, Vegetarian)) option for Kabobs - Make it a Meal	\$2.70
Kabobs - Make it a Meal (T. Spicy Hummus (390 Cal.) (Gluten-Free, Vegan, Vegetarian)) option for Kabobs - Make it a Meal	\$2.70
Kabobs - Make it a Meal (Basil Pesto Hummus) option for Kabobs - Make it a Meal	\$2.99
Kabobs - Make it a Meal (Broccoli Cheese) option for Kabobs - Make it a Meal	\$4.99
Kabobs - Make it a Meal (Chicken & Orzo) option for Kabobs - Make it a Meal	\$4.99
Kabobs - Make it a Meal (House-Baked Cookie: Chocolate Chip) option for Kabobs - Make it a Meal	\$3.99
Kabobs - Make it a Meal (Mediterranean Lentil) option for Kabobs - Make it a Meal	\$4.99
Kabobs - Make it a Meal (Spicy Hummus) option for Kabobs - Make it a Meal	\$2.99

ITEM	PRICE
Kabobs - Make it a Meal (Tomato Bisque)	\$4.99
option for Kabobs - Make it a Meal	
Kabobs - Make it a Meal (Yaya,Ãs Chocolate Cake)	\$3.99
option for Kabobs - Make it a Meal	
Kabobs - Make it a Meal (Classic Hummus)	\$2.99
option for Kabobs - Make it a Meal	

Bowls

ITEM	PRICE
Cauliflower Rice	\$9.19
Gluten-free when served without pita, vegetarian. Chilled cauliflower rice with tzatziki, skhug, feta, cucumbers, and fr...	
Bowls - Make it a Meal (Baked Falafel (230 Cal.) (Gluten-Free, Vegan, Vegetarian))	\$0.80
option for Bowls - Make it a Meal	
Power Grain (Bowls)	\$9.19
Vegetarian. Warm bowl of lentils, quinoa, farro, and rice with tzatziki, harissa, tomato relish, feta and fresh dill. 38...	
Bowls - Make it a Meal (Grilled Chicken (230 Cal.) (Gluten-Free))	\$0.90
option for Bowls - Make it a Meal	
Salad Trio	\$9.19
Vegetarian. Trio of pesto farro, quinoa and cauliflower rice with tzatziki, feta, cucumbers, fresh dill, and salsa verde...	
Bowls - Make it a Meal (Harissa Salmon (180 Cal.) (Gluten-Free))	\$3.50
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Lamb Kafta (240 Cal.) (Gluten-Free))	\$2.40
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Shrimp Kebab (70 Cal.))	\$2.00
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Steak Kebab (220 Cal.) (Gluten-Free))	\$3.40
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Power Grain)	\$9.19
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Salad Trio)	\$9.19
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Cauliflower Rice)	\$9.19
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Basil Pesto Hummus)	\$2.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Broccoli Cheese)	\$4.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Chicken & Orzo)	\$4.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (House-Baked Cookie: Chocolate Chip)	\$3.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Mediterranean Lentil)	\$4.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Spicy Hummus)	\$2.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Tomato Bisque)	\$4.99
option for Bowls - Make it a Meal	

ITEM	PRICE
Bowls - Make it a Meal (Yaya,Ãs Chocolate Cake)	\$3.99
option for Bowls - Make it a Meal	
Bowls - Make it a Meal (Classic Hummus)	\$2.99
option for Bowls - Make it a Meal	
Sandwiches	
ITEM	PRICE
Steak Stack	\$9.49
Grilled steak, sautéed mushrooms, mozzarella, caramelized onions, feta-parsley spread and tomatoes on sourdough bread. 5...	
Sandwiches - Make it a Meal (Spicy Grilled Chicken)	\$8.69
option for Sandwiches - Make it a Meal	
Spicy Grilled Chicken	\$8.69
New. Grilled chicken with feta, caramelized onions, tomatoes, and spicy aioli on sourdough bread. 560 cal.	
Sandwiches - Make it a Meal (Turkey Stack)	\$8.79
option for Sandwiches - Make it a Meal	
Turkey Stack	\$8.79
Sliced turkey breast, mozzarella, feta-parsley spread, spring mix and tomatoes on sourdough bread. 450 cal.	
Sandwiches - Make it a Meal (Chicken Salad)	\$8.09
option for Sandwiches - Make it a Meal	
Chicken Salad	\$8.09
All white-meat chicken salad with spring mix and tomatoes on multi-grain bread. 700 cal.	
Sandwiches - Make it a Meal (Steak Stack)	\$9.49
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (L. Side Greek Salad (140 Cal.) (Gluten-Free, Vegetarian))	\$1.60
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian))	\$0.30
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free))	\$0.30
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Basil Pesto Hummus)	\$2.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Broccoli Cheese)	\$4.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Chicken & Orzo)	\$4.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (House-Baked Cookie: Chocolate Chip)	\$3.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Mediterranean Lentil)	\$4.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Spicy Hummus)	\$2.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Tomato Bisque)	\$4.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Yaya,Ãs Chocolate Cake)	\$3.99
option for Sandwiches - Make it a Meal	
Sandwiches - Make it a Meal (Classic Hummus)	\$2.99
option for Sandwiches - Make it a Meal	

Rollups

ITEM	PRICE
Steak (Rollups) Grilled steak, swiss cheese, grilled mushrooms, and caramelized onions rolled in a warm tortilla. 720 cal.	\$9.89
Rollups - Make it a Meal (Chicken) option for Rollups - Make it a Meal	\$8.99
Chicken (Rollups) Grilled chicken, feta, tomatoes, and caramelized onions rolled in a warm tortilla. 560 cal.	\$8.99
Rollups - Make it a Meal (Spinach Feta) option for Rollups - Make it a Meal	\$8.99
Spinach Feta Vegetarian. New. Spinach, feta, green onions, and grilled mushrooms rolled in a warm tortilla. 620 cal.	\$8.99
Rollups - Make it a Meal (Steak) option for Rollups - Make it a Meal	\$9.89
Rollups - Make it a Meal (L. Side Greek Salad (140 Cal.) (Gluten-Free, Vegetarian)) option for Rollups - Make it a Meal	\$1.60
Rollups - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian)) option for Rollups - Make it a Meal	\$0.30
Rollups - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free)) option for Rollups - Make it a Meal	\$0.30
Rollups - Make it a Meal (Basil Pesto Hummus) option for Rollups - Make it a Meal	\$2.99
Rollups - Make it a Meal (Broccoli Cheese) option for Rollups - Make it a Meal	\$4.99
Rollups - Make it a Meal (Chicken & Orzo) option for Rollups - Make it a Meal	\$4.99
Rollups - Make it a Meal (House-Baked Cookie: Chocolate Chip) option for Rollups - Make it a Meal	\$3.99
Rollups - Make it a Meal (Mediterranean Lentil) option for Rollups - Make it a Meal	\$4.99
Rollups - Make it a Meal (Spicy Hummus) option for Rollups - Make it a Meal	\$2.99
Rollups - Make it a Meal (Tomato Bisque) option for Rollups - Make it a Meal	\$4.99
Rollups - Make it a Meal (Yaya,Àôs Chocolate Cake) option for Rollups - Make it a Meal	\$3.99
Rollups - Make it a Meal (Classic Hummus) option for Rollups - Make it a Meal	\$2.99

Piadinas

ITEM	PRICE
Steak & Mozzarella New. Grilled Italian flatbread sandwich with diced steak, caramelized onions, mozzarella, and spicy aioli. 760 cal.	\$9.99
Piadinas - Make it a Meal (Moroccan Chicken) option for Piadinas - Make it a Meal	\$9.19

ITEM	PRICE
Moroccan Chicken Grilled Italian flatbread sandwich with seasoned moroccan chicken, zesty harissa sauce and marinated slaw. 600 cal.	\$9.19
Piadinas - Make it a Meal (Rosemary Ham & Mozzarella) option for Piadinas - Make it a Meal	\$9.19
Spinach & Mushroom Vegetarian. Grilled Italian flatbread sandwich with fresh spinach, grilled mushrooms, feta-parsley spread, Parmesan and...	\$9.19
Piadinas - Make it a Meal (Spinach & Mushroom) option for Piadinas - Make it a Meal	\$9.19
Rosemary Ham & Mozzarella Grilled Italian flatbread sandwich with ham, mozzarella, spring mix, spicy aioli and lemon vinaigrette. 750 cal.	\$9.19
Piadinas - Make it a Meal (Steak & Mozzarella) option for Piadinas - Make it a Meal	\$9.99
Piadinas - Make it a Meal (L. Side Greek Salad (140 Cal.) (Gluten-Free, Vegetarian)) option for Piadinas - Make it a Meal	\$1.60
Piadinas - Make it a Meal (M. Baked Falafel (170 Cal.) (Gluten-Free, Vegetarian)) option for Piadinas - Make it a Meal	\$0.30
Piadinas - Make it a Meal (N. Chicken Salad (480 Cal.) (Gluten-Free)) option for Piadinas - Make it a Meal	\$0.30
Piadinas - Make it a Meal (Basil Pesto Hummus) option for Piadinas - Make it a Meal	\$2.99
Piadinas - Make it a Meal (Broccoli Cheese) option for Piadinas - Make it a Meal	\$4.99
Piadinas - Make it a Meal (Chicken & Orzo) option for Piadinas - Make it a Meal	\$4.99
Piadinas - Make it a Meal (House-Baked Cookie: Chocolate Chip) option for Piadinas - Make it a Meal	\$3.99
Piadinas - Make it a Meal (Mediterranean Lentil) option for Piadinas - Make it a Meal	\$4.99
Piadinas - Make it a Meal (Spicy Hummus) option for Piadinas - Make it a Meal	\$2.99
Piadinas - Make it a Meal (Tomato Bisque) option for Piadinas - Make it a Meal	\$4.99
Piadinas - Make it a Meal (Yaya,Ãs Chocolate Cake) option for Piadinas - Make it a Meal	\$3.99
Piadinas - Make it a Meal (Classic Hummus) option for Piadinas - Make it a Meal	\$2.99

Kids'

ITEM	PRICE
Grilled Chicken Fingers Gluten-free when served without pita. Two grilled chicken tenders. 230 cal.	\$3.99
Chicken Salad Sandwich All-white-meat chicken salad served on multi-grain bread. 440 cal.	\$4.49
Cheese Quesadilla Vegetarian. Melted American cheese in a warm tortilla. Cut into wedges. 430 cal.	\$4.79
Chicken Quesadilla Melted American cheese and grilled chicken in a warm tortilla. Cut into wedges. 540 cal.	\$5.29

ITEM	PRICE
Ham & Cheese Piadina Grilled Italian flatbread sandwich with ham and mozzarella. 280 cal.	\$4.99
Pasta Bowl Orzo pasta with creamy tomato sauce and mozzarella. 280 cal.	\$4.99
Salmon Kabob Vegetarian. 170 cal.	\$5.99
Shrimp Kabob Gluten-free. 80 cal.	\$5.99

Family Meals

ITEM	PRICE
Kabob (Small) 320-630 cal	\$38.99
Kabob (Large) 320-630 cal.	\$46.99
Mediterranean Chicken (Small) Gluten-free when served without pita. 300-660 cal.	\$38.99
Mediterranean Chicken (Large) Gluten-free when served without pita. 300-660 cal.	\$46.99
Rollup (Small) 500-780 cal.	\$38.99
Rollup (Large) 500-780 cal.	\$46.99
Falafel (Small) Gluten-free when served without pita, vegetarian. Served with pita. 360-580 cal.	\$38.99
Falafel (Large) Gluten-free when served without pita, vegetarian. Served with pita. 360-580 cal.	\$46.99

Sides & Extras

ITEM	PRICE
Classic Hummus (Sides & Extras) Gluten-free, vegan, vegetarian. 420 cal.	\$5.09
Basil Pesto Hummus (Sides & Extras) Gluten-free, vegetarian. 410 cal.	\$5.29
Spicy Hummus (Sides & Extras) Gluten-free, vegan, vegetarian. 390 cal.	\$5.29
Chicken Salad (Sides & Extras) Gluten-free. 480 cal.	\$2.89
Potato Salad Gluten-free, vegan, vegetarian. 240 cal.	\$2.59
Pasta Salad Vegetarian. 220 cal.	\$2.59
Quinoa (Sides & Extras) Gluten-free, vegetarian. 270 cal.	\$2.59
Marinated Slaw Gluten-free, vegetarian. 170 cal.	\$2.59

ITEM	PRICE
Roasted Vegetables Gluten-free, vegan, vegetarian. 110 cal.	\$2.59
Braised White Beans Gluten-free, vegan, vegetarian. 240 cal.	\$2.59
Turmeric Rice Gluten-free, vegan, vegetarian. 190 cal.	\$2.59
Grilled Potato Salad Gluten-free, vegetarian. 240 cal.	\$2.59
Seasonal Fresh Fruit Gluten-free, vegan, vegetarian. 70 cal.	\$2.59
Side Greek Salad Gluten-free when served without pita, vegetarian. Served with pita. 140 cal.	\$4.19
Baked Falafel Gluten-free, vegetarian. 170 cal.	\$2.89
Pita Bread Vegan, vegetarian. 160 cal.	\$1.29
Pita Chips Vegetarian. 180 cal.	\$1.29
Chips Gluten-free, vegan, vegetarian. 150 cal.	\$1.29
Power Grain Side Vegan, vegetarian. 270 cal.	\$2.59
Cauliflower Rice Side Gluten-free, vegan, vegetarian. 100 cal.	\$2.59

Desserts

ITEM	PRICE
House-Baked Cookie Vegetarian. Choice of chocolate chip or zesty lemon. 400-590 cal.	\$2.39
Yaya’s Chocolate Cake Slice of chocolate cake. 410 cal.	\$2.59

Drinks

ITEM	PRICE
Juices + Teas 0-210 cal.	\$2.50
Soft Drink 0-210 cal.	\$2.50
Spindrift Flavor: cucumber, grapefruit, lemon, raspberry.	\$2.50
Kids' Drink Milk, chocolate milk, apple juice.	\$1.79
Open Water Still Water	\$2.20
Open Water Sparkling Water	\$2.20

Sauces

ITEM	PRICE
Harissa Gluten-free, vegan, vegetarian. 35 cal.	\$0.39
Tzatziki Gluten-free, vegetarian. 20 cal.	\$0.39
Spicy Aioli Gluten-free, vegan, vegetarian. 170 cal.	\$0.39
Skhug Gluten-free, vegan, vegetarian. 40 cal.	\$0.39
Lemon Herb Tahini Gluten-free, vegan, vegetarian. 80 cal.	\$0.39
Salsa Verde Gluten-free, vegan, vegetarian. 100 cal.	\$0.39